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90975MR



NEW ZEALAND QUALIFICATIONS AUTHORITY
MANA TOHU MĀTAURANGA O AOTEAROA

Hauora, Kaupae 1, 2014

**90975 Whakaaturia te māramatanga ki ngā take e puta ai
he whakatau whakapiki i te hauora,
i roto i ngā horopaki kei reira ngā whakapōauau**

9.30 i te ata, Rāmere, te 21 o Whiringa-ā-rangi, 2014
Whiwhinga: E whā

PUKA RAUEMI

Tirohia tēnei puka hei whakautu i ngā pātai mō te whakamātautau 90975M.

Tirohia mena e tika ana te raupapatanga o ngā whārangi 2–7 kei roto i tēnei puka, ka mutu, kāore tētahi o aua whārangi i te takoto kau.

E ĀHEI ANA KI TE PUPURI KI TĒNEI PUKA Ā TE MUTUNGA O TE WHAKAMĀTAUTAU.

*He tapu ēnei rauemi. E kore taea te tuku atu.
Aata tirohia ki ngā kupu kei raro iho i te pouaka nei./
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TE RAUEMI A: NGĀ PANONITANGA KI NGĀ TURE WAIPIRO A AOTEAROA

I mana i te Pāremata te ture e whakahou ana i ngā ture waipiro a Aotearoa i te marama o Hakihea o te tau 2012.

Ngā hara: Ngā whakatairanga me ngā pānui tōtōā

He hara ēnei momo whakatairanga i raro i te Ture hou:

- te whakatairanga i te nui rawa o te inu waipiro
- te whakatairanga i te waipiro kia āta poapoatia te tamariki
- te pānui i te waipiro utu kore, i te hekenga utu 25 ōrau, hemihemi rānei
- te tuku rawa, ratonga utu kore rānei i te taha o te waipiro ka hokona.

Mātāpuna (he mea whakahāngai): <http://www.justice.govt.nz/policy/sale-and-supply-of-alcohol/whats-changing-and-when/alcohol-law-changes-for-the-public-december-2013>, <http://www.justice.govt.nz/policy/sale-and-supply-of-alcohol/whats-changing-and-when/alcohol-law-changes-for-the-industry-december-2013>, and <http://www.stuff.co.nz/taranaki-daily-news/news/137382/Its-that-fake-ID-time-again>

RESOURCE A: NEW ZEALAND'S ALCOHOL LAW CHANGES

Legislation reforming New Zealand's alcohol laws was passed by Parliament in December 2012.

Offences: Irresponsible advertising and promotions

The following types of promotions are offences under the new Act:

- promoting excessive drinking
- promoting alcohol in a way that has special appeal to minors
- advertising free alcohol or discounts of 25 per cent or more
- offering free goods or services with the purchase of alcohol.

Source (adapted): <http://www.justice.govt.nz/policy/sale-and-supply-of-alcohol/whats-changing-and-when/alcohol-law-changes-for-the-public-december-2013>, <http://www.justice.govt.nz/policy/sale-and-supply-of-alcohol/whats-changing-and-when/alcohol-law-changes-for-the-industry-december-2013>, and <http://www.stuff.co.nz/taranaki-daily-news/news/137382/Its-that-fake-ID-time-again>

TE RAUEMI B: KA REREKĒ A RORO I TE RAUHEA KŌHIKOHIKO, HEI TĀ TE KAIPŪTAIAO

E ai ki te rangahau, ki te whakamātauria kōhikohikotia te rauhea, ka tūkinohia ngā roro mō ake tonu atu.

Hei tā *Rethink Mental Illness* i Piritene: “Kua roa rawa te rauhea e kīia ana he whakapōauau māoriori, engari e ai ki ngā rangahau he nui ōna pānga kino ki te ora o te hinengaro. E ai anō ki te rangahau, ina kai rauhea te tangata i mua i te 15 tau te pakeke, ka whakareatia ki te whā te tūponotanga ki te mate kaihewa. Heoi, torutoru noa iho te hunga e mōhio ana ki ngā mōreareatanga e hāngai ana”.

Mātāpuna (he mea panoni): http://www.nzherald.co.nz/nz/news/article.cfm?c_id=1&objectid=11240013

TE RAUEMI C: NGĀ PĀNGA O TE RAUHEA KI TE HAUORA

He whānui tonu ngā pānga kino ka hua pea i te rauhea, pērā i te hinengaro makere wāpoto me te tere ake o te kapa o te manawa.

E whakaatu ana ngā rangahau, ina kaha rawa tā te tangata kai i te rauhea, “kāore e pērā rawa te angitu i te ao mātauranga, i te ao ngaio, kāore hoki e pērā rawa te toka o te manawa i te oranga”.

Mātāpuna (he mea whakahāngai): <http://www.usatoday.com/story/news/nation/2012/12/06/nih-marijuana-effects/1751011/>

RESOURCE B: CASUAL CANNABIS USE ALTERS BRAIN, WARN SCIENTISTS

Experimenting with cannabis on a casual basis damages the brain permanently, research has found.

Rethink Mental Illness in the United Kingdom suggests: “For too long cannabis has been seen as a safe drug, but studies suggest it can have a really serious impact on your mental health. Research also shows that when people smoke cannabis before the age of 15, it quadruples their chance of developing psychosis. But very few people are aware of the risks involved”.

Source (adapted): http://www.nzherald.co.nz/nz/news/article.cfm?c_id=1&objectid=11240013

RESOURCE C: MARIJUANA’S HEALTH EFFECTS

Marijuana use can have wide-ranging negative effects, such as short-term memory loss and increased heart rate.

Studies show that when marijuana is used chronically, “people achieve lower in academics, job performance, and life satisfaction”.

Source (adapted): <http://www.usatoday.com/story/news/nation/2012/12/06/nih-marijuana-effects/1751011/>

TE RAUEMI D: NGĀ PĀNGA O TE RAUHEA ME TE ORANGA HINENGARO

E tohua ana e te rangahau, tērā tētahi hononga kaha i waenga i te kai rauhea me te pānga o ngā mate hinengaro, pērā i te takarurenga, i te auhi me ngā mate kaihewa.

Tērā tonu pea te pānga o te takarurenga ki te hunga kai ai i te rauhea, tēnā i te hunga kāore e kai rauhea, ka kino ake hoki pea te pānga o te takarurenga i roto i ngā tau.

Mātāpuna (he mea panoni): <http://www.druginfo.adf.org.au/fact-sheets/cannabis-use-and-mental-health-the-facts-web-fact-sheet>

TE RAUEMI E: KA TAUTUHIA NGĀ AITUĀ WAKA E TE PIRIHIMANA HEI TOHE I NGĀ WHAKAHOUTANGA KI NGĀ TURE MŌ TE RAUHEA

Kāore Ngā Pirihimana o Aotearoa i te tautoko i te whakahoutanga o ngā ture mō te rauhea, i runga i ngā tatauranga e pā ana ki ngā aituā tūtuki waka e whakaatu ana, he nui ake te pānga o te rauhea ki ngā aituā tūtuki waka, tēnā i te waipiro, i te rohe o Waikato i te tau 2014, ina whakatauritea ki ngā tatauranga o te tau i mua atu.

O ngā urungi 1046 i mate i waenga i ngā tau 2004 me te 2009, i kitea te waipiro, te whakapōauau rānei i ngā toto o tōna haurua (48 ōrau, e 500 ngā urungi), i roto i te rangahau a ESR, ā, i te tau 2012, i pā te waipiro / whakapōauau ki ngā aituā tūtuki waka 102, waihoki ko te utu pāpori o tēnā, ko te 710 miriona tāra.

Mātāpuna (he mea whakahāngai): http://www.nzherald.co.nz/nz/news/article.cfm?c_id=1&objectid=11255679

RESOURCE D: EFFECTS OF CANNABIS AND MENTAL HEALTH

Research indicates that there is a strong relationship between cannabis use and experiencing mental health problems, including depression, anxiety, and psychotic disorders.

People who use cannabis regularly are likely to have higher levels of depression than people who do not use cannabis, and to experience depression worse over the long term.

Source (adapted): <http://www.druginfo.adf.org.au/fact-sheets/cannabis-use-and-mental-health-the-facts-web-fact-sheet>

RESOURCE E: POLICE CITE ROAD DEATHS TO OPPOSE CANNABIS LAW REFORM

New Zealand Police do not support cannabis law reform, citing road death figures showing cannabis was a contributing factor in more fatal road crashes than alcohol in the Waikato region in 2014, compared to the year before.

Of the 1046 drivers who died between 2004 and 2009, nearly half (48% or 500 drivers) tested positive for alcohol or drugs in the ESR study, and in 2012, alcohol / drugs was a factor in 102 road deaths, and carried a social cost of \$710 million.

Source (adapted): http://www.nzherald.co.nz/nz/news/article.cfm?c_id=1&objectid=11255679

English translation of the wording on the front cover

Level 1 Health, 2014

90975 Demonstrate understanding of issues to make health-enhancing decisions in drug-related situations

9.30 am Friday 21 November 2014
Credits: Four

RESOURCE BOOKLET

Refer to this booklet to answer the questions for Health 90975.

Check that this booklet has pages 2–7 in the correct order and that none of these pages is blank.

YOU MAY KEEP THIS BOOKLET AT THE END OF THE EXAMINATION.