

90975R



NEW ZEALAND QUALIFICATIONS AUTHORITY
MANA TOHU MĀTAURANGA O AOTEAROA

Level 1 Health, 2014

90975 Demonstrate understanding of issues to make health-enhancing decisions in drug-related situations

9.30 am Friday 21 November 2014
Credits: Four

RESOURCE BOOKLET

Refer to this booklet to answer the questions for Health 90975.

Check that this booklet has pages 2–5 in the correct order and that none of these pages is blank.

YOU MAY KEEP THIS BOOKLET AT THE END OF THE EXAMINATION.

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The resources continue on the following page.**

RESOURCE A: NEW ZEALAND'S ALCOHOL LAW CHANGES

Legislation reforming New Zealand's alcohol laws was passed by Parliament in December 2012.

Offences: Irresponsible advertising and promotions

The following types of promotions are offences under the new Act:

- promoting excessive drinking
- promoting alcohol in a way that has special appeal to minors
- advertising free alcohol or discounts of 25 per cent or more
- offering free goods or services with the purchase of alcohol.

Source (adapted): <http://www.justice.govt.nz/policy/sale-and-supply-of-alcohol/whats-changing-and-when/alcohol-law-changes-for-the-public-december-2013>, <http://www.justice.govt.nz/policy/sale-and-supply-of-alcohol/whats-changing-and-when/alcohol-law-changes-for-the-industry-december-2013>, and <http://www.stuff.co.nz/taranaki-daily-news/news/137382/Its-that-fake-ID-time-again>

RESOURCE B: CASUAL CANNABIS USE ALTERS BRAIN, WARN SCIENTISTS

Experimenting with cannabis on a casual basis damages the brain permanently, research has found.

Rethink Mental Illness in the United Kingdom suggests: “For too long cannabis has been seen as a safe drug, but studies suggest it can have a really serious impact on your mental health. Research also shows that when people smoke cannabis before the age of 15, it quadruples their chance of developing psychosis. But very few people are aware of the risks involved”.

Source (adapted): http://www.nzherald.co.nz/nz/news/article.cfm?c_id=1&objectid=11240013

RESOURCE C: MARIJUANA’S HEALTH EFFECTS

Marijuana use can have wide-ranging negative effects, such as short-term memory loss and increased heart rate.

Studies show that when marijuana is used chronically, “people achieve lower in academics, job performance, and life satisfaction”.

Source (adapted): <http://www.usatoday.com/story/news/nation/2012/12/06/nih-marijuana-effects/1751011/>

RESOURCE D: EFFECTS OF CANNABIS AND MENTAL HEALTH

Research indicates that there is a strong relationship between cannabis use and experiencing mental health problems, including depression, anxiety, and psychotic disorders.

People who use cannabis regularly are likely to have higher levels of depression than people who do not use cannabis, and to experience depression worse over the long term.

Source (adapted): <http://www.druginfo.adf.org.au/fact-sheets/cannabis-use-and-mental-health-the-facts-web-fact-sheet>

RESOURCE E: POLICE CITE ROAD DEATHS TO OPPOSE CANNABIS LAW REFORM

New Zealand Police do not support cannabis law reform, citing road death figures showing cannabis was a contributing factor in more fatal road crashes than alcohol in the Waikato region in 2014, compared to the year before.

Of the 1046 drivers who died between 2004 and 2009, nearly half (48% or 500 drivers) tested positive for alcohol or drugs in the ESR study, and in 2012, alcohol / drugs was a factor in 102 road deaths, and carried a social cost of \$710 million.

Source (adapted): http://www.nzherald.co.nz/nz/news/article.cfm?c_id=1&objectid=11255679

