

91304



NEW ZEALAND QUALIFICATIONS AUTHORITY
MANA TOHU MĀTAURANGA O AOTEAROA

2

SUPERVISOR'S USE ONLY

Level 2 Home Economics, 2014

91304 Evaluate health promoting strategies designed to address a nutritional need

2.00 pm Friday 21 November 2014

Credits: Four

Achievement	Achievement with Merit	Achievement with Excellence
Evaluate health promoting strategies designed to address a nutritional need.	Evaluate, in depth, health promoting strategies designed to address a nutritional need.	Critically evaluate health promoting strategies designed to address a nutritional need.

Check that the National Student Number (NSN) on your admission slip is the same as the number at the top of this page.

You should attempt ALL parts of the question in this booklet.

Pull out Resource Booklet 91304R from the centre of this booklet.

If you need more room for any answer, use the extra space provided at the back of this booklet.

Check that this booklet has pages 2–11 in the correct order and that none of these pages is blank.

YOU MUST HAND THIS BOOKLET TO THE SUPERVISOR AT THE END OF THE EXAMINATION.

TOTAL

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INSTRUCTIONS

In this examination, you are asked to critically evaluate three health-promoting strategies designed to address a nutritional need.

Health promotion is: “The process of enabling people to increase control over, and to improve their health”.

A quote from the World Health Organisation’s Ottawa Charter, 1986.

Three models for health promotion that can be used to achieve effective health action are:

1. **Behaviour change**
2. **Collective action**
3. **Self-empowerment.**

Use this information, as well as the scenario and strategies in **Resource Booklet 91304R**, when answering (a)–(c).

In your answers, discuss:

- how each strategy can help individuals and groups of people to improve their health
- who is involved in the strategy, and their part in the change
- the attitude and values of the community involved in the strategies
- the models of health promotion.

Space for planning your answers has been provided on page 3.

PLANNING

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