

See back cover for an English translation of this cover

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91304M



913045



NEW ZEALAND QUALIFICATIONS AUTHORITY  
MANA TOHU MĀTAURANGA O AOTEAROA

MĀ TE KAIWHAKAHAERE  
ANAKE

## Ohaoha Kāinga, Kaupae 2, 2014

### 91304M Arotakehia ngā rautaki whakatairanga hauora i whakaritea kia ea ai tētahi matea ā-kaiora

2.00 i te ahiahi o te Rāmere, te 21 o Whiringa-ā-rangi 2014  
Whiwhinga: E whā

Paetae	Kaiaka	Kairangi
Arotakehia ngā rautaki whakatairanga hauora i whakaritea kia ea ai tētahi matea ā-kaiora.	Kia hōhonu te arotakehia o ngā rautaki whakatairanga hauora i whakaritea kia ea ai tētahi matea ā-kaiora.	Arohaehaetia ngā rautaki whakatairanga hauora i whakaritea kia ea ai tētahi matea ā-kaiora.

Tirohia mena e rite ana te Tau Ākonga ā-Motu (NSN) kei runga i tō puka whakauru ki te tau o runga ake o tēnei whārangi.

**Me whakamātau koe i ngā wāhanga KATOA o te pātai kei roto i tēnei puka.**

Tangohia te Puka Rauemi 91304MR mai i te puku o tēnei puka.

Mena ka hiahia whārangi atu anō hei tuhituhi i ō whakautu, whakamahia ngā whārangi wātea kei muri o tēnei puka.

Tirohia mena e tika ana te raupapatanga o ngā whārangi 2–19 kei roto i tēnei puka, ka mutu, kāore tētahi o aua whārangi i te takoto kau.

**ME HOATU KOE I TĒNEI PUKA KI TE KAIWHAKAHAERE Ā TE MUTUNGA O TE WHAKAMĀTAUTAU.**

TE TAPEKE



MĀ TE KAIMĀKA ANAKE

## NGĀ TOHUTOHU

I tēnei whakamātautau, ko tāu he arohaehae i ngā rautaki whakatairanga hauora e toru i whakaritea kia ea ai tētahi matea ā-kaiora.

**Ko te whakatairanga hauora:** “He tukanga e taea ai e te tangata tōna tino rangatiratanga ki tana hauora te whakapakari ake, tōna ora anō hoki te whakapai ake”.

*He wāhanga kōrero i tangohia mai i te Tūtohinga Ottawa a te Rūnanga Hauora o te Ao, 1986.*

Ko ngā tauira whakatairanga hauora e toru e taea ana te whakamahi e whaihua ai ngā mahinga hauora ko te:

1. **Panoni whanonga**
2. **Mahi ā-rōpū**
3. **Whakamana whaiaro.**

Whakamahia ēnei kōrero, te horopaki me ngā rautaki kei roto i te **Puka Rauemi 91304MR**, i a koe e whakautu ana i ngā wāhanga (a) ki te (c).

I roto i ō whakautu, matapakina:

- te āhua o tā ia rautaki hāpai i te tangata takitahi, i ngā rōpū rānei e pai ake ai ō rātou hauora
- ko wai ka whai wāhi atu ki te rautaki, ā, he aha te wāhi ki a rātou i roto i ngā panonitanga
- ngā waiaro me ngā uaratanga o te hāpori ka whai wāhi atu ki ngā rautaki
- ngā tauira whakatairanga hauora.

Kua whakaritea he wāhi ki te whārangi 3 hei whakamahere i āu whakautu.

**TE WHAKAMAHERE**

## INSTRUCTIONS

In this examination, you are asked to critically evaluate three health-promoting strategies designed to address a nutritional need.

**Health promotion** is: “The process of enabling people to increase control over, and to improve their health”.

*A quote from the World Health Organisation’s Ottawa Charter, 1986.*

Three models for health promotion that can be used to achieve effective health action are:

1. **Behaviour change**
2. **Collective action**
3. **Self-empowerment.**

Use this information, as well as the scenario and strategies in **Resource Booklet 91304R**, when answering (a)–(c).

In your answers, discuss:

- how each strategy can help individuals and groups of people to improve their health
- who is involved in the strategy, and their part in the change
- the attitude and values of the community involved in the strategies
- the models of health promotion.

Space for planning your answers has been provided on page 5.

**PLANNING**

ASSESSOR'S  
USE ONLY





**QUESTION**

Use TWO of the three strategies on pages 4 and 5 of the resource booklet to answer (a) and (b).

First strategy chosen: \_\_\_\_\_

- (a) (i) Describe how this strategy would encourage New Zealanders to prepare and serve nutritious, tasty food to their families.

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- (ii) Evaluate the effectiveness of this strategy in relation to the following factors:

- social support
- economic
- environmental (physical access).

Consider who is involved in the strategy when including examples to support your answer.

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Second strategy chosen: \_\_\_\_\_

ASSESSOR'S  
USE ONLY

(b) (i) Describe how this strategy would encourage New Zealanders to prepare and serve nutritious, tasty food to their families.

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(ii) Evaluate the effectiveness of this strategy in relation to the following factors:

- social support
- economic
- environmental (physical access).

Consider who is involved in the strategy when including examples to support your answer.

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*English translation of the wording on the front cover*

## Level 2 Home Economics, 2014

### 91304 Evaluate health promoting strategies designed to address a nutritional need

2.00 pm Friday 21 November 2014

Credits: Four

Achievement	Achievement with Merit	Achievement with Excellence
Evaluate health promoting strategies designed to address a nutritional need.	Evaluate, in depth, health promoting strategies designed to address a nutritional need.	Critically evaluate health promoting strategies designed to address a nutritional need.

91304M

Check that the National Student Number (NSN) on your admission slip is the same as the number at the top of this page.

**You should attempt ALL parts of the question in this booklet.**

Pull out Resource Booklet 91304R from the centre of this booklet.

If you need more room for any answer, use the extra space provided at the back of this booklet.

Check that this booklet has pages 2–19 See back cover for an English translation of this cover in the correct order and that none of these pages is blank.

**YOU MUST HAND THIS BOOKLET TO THE SUPERVISOR AT THE END OF THE EXAMINATION.**