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translation of this cover

91304M



913045



NEW ZEALAND QUALIFICATIONS AUTHORITY
MANA TOHU MĀTAURANGA O AOTEAROA

MĀ TE KAIWHAKAHARE
ANAKE

Ohaoha Kāinga, Kaupae 2, 2014

91304M Arotakehia ngā rautaki whakatairanga hauora i whakaritea kia ea ai tētahi matea ā-kaiora

2.00 i te ahiahi o te Rāmere, te 21 o Whiringa-ā-rangi 2014
Whiwhinga: E whā

Paetae	Kaiaka	Kairangi
Arotakehia ngā rautaki whakatairanga hauora i whakaritea kia ea ai tētahi matea ā-kaiora.	Kia hōhonu te arotakehia o ngā rautaki whakatairanga hauora i whakaritea kia ea ai tētahi matea ā-kaiora.	Arohaehaetia ngā rautaki whakatairanga hauora i whakaritea kia ea ai tētahi matea ā-kaiora.

Tirohia mena e rite ana te Tau Ākonga ā-Motu (NSN) kei runga i tō puka whakauru ki te tau o runga ake o tēnei whārangi.

Me whakamātau koe i ngā wāhanga KATOA o te pātai kei roto i tēnei puka.

Tangohia te Puka Rauemi 91304MR mai i te puku o tēnei puka.

Mena ka hiahia whārangi atu anō hei tuhituhi i ō whakautu, whakamahia ngā whārangi wātea kei muri o tēnei puka.

Tirohia mena e tika ana te raupapatanga o ngā whārangi 2–19 kei roto i tēnei puka, ka mutu, kāore tētahi o aua whārangi i te takoto kau.

ME HOATU KOE I TĒNEI PUKA KI TE KAIWHAKAHARE Ā TE MUTUNGA O TE WHAKAMĀTAUTAU.

TE TAPEKE



MĀ TE KAIMĀKA ANAKE

NGĀ TOHUTOHU

I tēnei whakamātautau, ko tāu he arohaehae i ngā rautaki whakatairanga hauora e toru i whakaritea kia ea ai tētahi matea ā-kaiora.

Ko te whakatairanga hauora: “He tukanga e taea ai e te tangata tōna tino rangatiratanga ki tana hauora te whakapakari ake, tōna ora anō hoki te whakapai ake”.

He wāhangā kōrero i tangohia mai i te Tūtohinga Ottawa a te Rūnanga Hauora o te Ao, 1986.

Ko ngā tauira whakatairanga hauora e toru e taea ana te whakamahi e whaihua ai ngā mahinga hauora ko te:

1. **Panoni whanonga**
2. **Mahi ā-rōpū**
3. **Whakamana whaiaro.**

Whakamahia ēnei kōrero, te horopaki me ngā rautaki kei roto i te **Puka Rauemi 91304MR**, i a koe e whakautu ana i ngā wāhangā (a) ki te (c).

I roto i ū whakautu, matapakina:

- te āhua o tā ia rautaki hāpai i te tangata takitahi, i ngā rōpū rānei e pai ake ai ū rātou hauora
- ko wai ka whai wāhi atu ki te rautaki, ā, he aha te wāhi ki a rātou i roto i ngā panonitanga
- ngā waiaro me ngā uaratanga o te hapori ka whai wāhi atu ki ngā rautaki
- ngā tauira whakatairanga hauora.

Kua whakaritea he wāhi ki te whārangī 3 hei whakamahere i ū whakautu.

TE WHAKAMAHERE

MĀ TE
KAIMĀKA
ANAKE

INSTRUCTIONS

In this examination, you are asked to critically evaluate three health-promoting strategies designed to address a nutritional need.

Health promotion is: "The process of enabling people to increase control over, and to improve their health".

A quote from the World Health Organisation's Ottawa Charter, 1986.

Three models for health promotion that can be used to achieve effective health action are:

1. **Behaviour change**
2. **Collective action**
3. **Self-empowerment.**

Use this information, as well as the scenario and strategies in **Resource Booklet 91304R**, when answering (a)–(c).

In your answers, discuss:

- how each strategy can help individuals and groups of people to improve their health
- who is involved in the strategy, and their part in the change
- the attitude and values of the community involved in the strategies
- the models of health promotion.

Space for planning your answers has been provided on page 5.

PLANNINGASSESSOR'S
USE ONLY

Whakamahia kia RUA ngā rautaki, mai i ngā mea e toru kei ngā whārangī 2 me te 3 o te puka rauemi hei whakautu i ngā wāhanga (a) me (b).

Te rautaki tuatahi i kōwhiria ai:

- (a) (i) Whakaahuatia mai te āhua o tā tēnei rautaki whakatenatena i ngā tāngata o Aotearoa ki te taka, ki te tuku hoki i ngā kai whai painga, i ngā kai namunamuā ki ō rātou whānau.

- (ii) Arotakehia te whaitaketanga o tēnei rautaki ki ngā take e whai ake nei:

 - ngā taunakitanga ā-pāpori
 - te ohaoha
 - te taiao (te whai wāhi ā-tinana).

I a koe e whakauru ana i ngā tauira hei taunaki i tō whakautu, me whai whakaaro ki te hunga ka whai wāhi mai ki tēnei rautaki.

- (iii) Matapakina ngā here me ngā painga o tēnei rautaki, me te whai whakaaro hoki ki ngā waiaro me ngā uaratanga o te hunga ka whai wāhi mai.

QUESTION

Use TWO of the three strategies on pages 4 and 5 of the resource booklet to answer (a) and (b).

First strategy chosen: _____

- (a) (i) Describe how this strategy would encourage New Zealanders to prepare and serve nutritious, tasty food to their families.

- (ii) Evaluate the effectiveness of this strategy in relation to the following factors:

- social support
- economic
- environmental (physical access).

Consider who is involved in the strategy when including examples to support your answer.

**ASSESSOR'S
USE ONLY**

- (iii) Discuss the limitations and the benefits of this strategy, considering the attitudes and values of the people involved.

Te rautaki tuarua i kōwhiria ai: _____

- (b) (i) Whakaahuatia mai te āhua o tā tēnei rautaki whakatenatena i ngā tāngata o Aotearoa ki te taka, ki te tuku hoki i ngā kai whai painga, i ngā kai namunamuā ki ō rātou whānau.

- (ii) Arotakehia te whaitaketanga o tēnei rautaki ki ngā take e whai ake nei:

- ngā taunakitanga ā-pāpori
 - te ohaoha
 - te taiao (te whai wāhi ā-tinana).

I a koe e whakauru ana i ngā tauira hei taunaki i tō whakautu, me whai whakaaro ki te hunga ka whai wāhi mai ki tēnei rautaki.

- (iii) Matapakina ngā here me ngā hua o tēnei rautaki, me te whai whakaaro hoki ki ngā waiaro me ngā uaratanga o te hunga ka whai wāhi mai.

Second strategy chosen:

- (b) (i) Describe how this strategy would encourage New Zealanders to prepare and serve nutritious, tasty food to their families.

- (ii) Evaluate the effectiveness of this strategy in relation to the following factors:

 - social support
 - economic
 - environmental (physical access).

Consider who is involved in the strategy when including examples to support your answer.

**ASSESSOR'S
USE ONLY**

- (iii) Discuss the limitations and the benefits of this strategy, considering the attitudes and values of the people involved.

- (c) Mai i ērā rautaki i kōwhiria ai e koe i ngā wāhanga (a) me (b), taunakihia ko tēhea rautaki ka **whaitake ake** ki te whakaū i tā ngā whānau o Aotearoa whakamahere, taka, kai hoki i ngā kai whai painga, i ngā kai namunamuā, e ea ai ō rātou matea ā-kaiora.

Whakamātauhipa te whaitaketanga o ngā rautaki e rua i kōwhiria ai e koe, me te whai whakaaro ki ngā tauira whakatairanga hauora kei te whārangi 2 o tēnei puka e rārangia mai ana.

Tuhia ētahi take taipitopito hei taunaki i tō whakautu.

- (c) Justify which of your chosen strategies from (a) and (b) would be **more effective** in ensuring that New Zealand families plan, prepare, and eat nutritious, tasty food to meet their nutritional needs.

Challenge the effectiveness of your two chosen strategies, considering the models of health promotion listed on page 4 of this booklet.

Include detailed reasons to support your answer.

He whārangī anō ki te hiahiatia.
Tuhia te nama o te pātai, mena e hāngai ana.

TAU PĀTAI

MĀ TE
KAIMĀKA
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QUESTION
NUMBER

**Extra space if required.
Write the question number(s) if applicable.**

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**He whārangī anō ki te hiahiatia.
Tuhia te nama o te pātai, mena e hāngai ana.**

TAU PĀTAI

MĀ TE
KAIMĀKA
ANAKE

QUESTION
NUMBER

**Extra space if required.
Write the question number(s) if applicable.**

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English translation of the wording on the front cover

Level 2 Home Economics, 2014

91304 Evaluate health promoting strategies designed to address a nutritional need

2.00 pm Friday 21 November 2014

Credits: Four

Achievement	Achievement with Merit	Achievement with Excellence
Evaluate health promoting strategies designed to address a nutritional need.	Evaluate, in depth, health promoting strategies designed to address a nutritional need.	Critically evaluate health promoting strategies designed to address a nutritional need.

Check that the National Student Number (NSN) on your admission slip is the same as the number at the top of this page.

You should attempt ALL parts of the question in this booklet.

Pull out Resource Booklet 91304R from the centre of this booklet.

If you need more room for any answer, use the extra space provided at the back of this booklet.

Check that this booklet has pages 2–19 See back cover for an English translation of this cover in the correct order and that none of these pages is blank.

YOU MUST HAND THIS BOOKLET TO THE SUPERVISOR AT THE END OF THE EXAMINATION.