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91235M



912355



NEW ZEALAND QUALIFICATIONS AUTHORITY
MANA TOHU MĀTAURANGA O AOTEAROA

QUALIFY FOR THE FUTURE WORLD
KIA NOHO TAKATŪ KI TŌ ĀMUA AO!

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Hauora, Kaupae 2, 2015

91235M Te tātari i tētahi take hauora ā-taiohi

2.00 i te ahiahi o te Rāhina, te 30 o Whiringa-ā-rangi, 2015
Whiwhinga: E rima

Paetae	Kaiaka	Kairangi
Te tātari i tētahi take hauora ā-taiohi.	Te tātari hōhonu i tētahi take hauora ā-taiohi.	Te tātari whānui i tētahi take hauora ā-taiohi.

Tirohia mēnā e rite ana te Tau Ākongā ā-Motu (NSN) kei runga i tō puka whakauru ki te tau kei runga i tēnei whārangi.

Me whakamātau koe i ngā tūmahi KATOA kei roto i tēnei pukapuka.

Tangohia te pukapuka 91235MR mai i te puku o tēnei pukapuka.

Mēnā ka hiahia whārangi atu anō mō ō tuhinga, whakamahia ngā whārangi wātea kei muri o tēnei pukapuka.

Tirohia mēnā e tika ana te raupapatanga o ngā whārangi 2–15 kei roto i tēnei pukapuka, ka mutu, kāore tētahi o aua whārangi i te takoto kau.

ME HOATU RAWA KOE I TĒNEI PUKAPUKA KI TE KAIWHAKAHAERE Ā TE MUTUNGA O TE WHAKAMĀTAUTAU.

TE TAPEKE

MĀ TE KAIMĀKA ANAKE

NGĀ TOHUTOHU

I tēnei whakamātautau, me mātua tātari koe i te take hauora ā-taiohi e pā ana ki te **whakatau kohuki**.

Pānuitia **Te Pukapuka Rauemi 91235R** i mua i te whakaoti i te tūmahi i tēnei pukapuka. I a koe e whakaoti ana i ngā tūmahi (a) ki te (c), tirohia te pukapuka rauemi me ngā kōrero kei te tūāhua o raro nei, ā, kōrerotia hoki ōu ake mōhiotanga hei tautoko i tō tātaritanga.

Kia mataara: I ō urupare katoa, me whakauru e koe ngā tirohanga i ahu mai i te takitahi, i te takitini, i te hapori anō hoki.

TE TŪMAHI

Te Tūāhua ki a Patrick

He kaiako Koiora a Ms Campbell i tētahi o ngā kura tuarua o te rohe. Kua tekau tau ia e whakaako ana i te kura, ā, e tino mōhio ana ia ki te tokomaha o ana ākonga. I ēnei rā, kua kite ia i tētahi wāhanga nui o ngā ākonga o tana akoranga Tau 13 e rongu ana i te tino taumaha o te kawae i ngā kaupapa maha o te kura, o te kāinga anō hoki. E āwangawanga ana ia ki ngā taumata o te kohuki e rongu nei rātou i a rātou e ahu ana ki ngā whakamātautau NCEA o te marama o Whiringa-ā-rangi. Ko ngā ākonga katoa a Ms Campbell e noho ana ki tētahi hapori e piri tata ana, e 'noho-tōpū' ana, e māoriori ai rātou, ā, he tokomaha ō rātou hoa me ō rātou kiritata.

Ko Patrick tētahi o ngā ākonga o te Tau 13 kei te akoranga Koiora a Ms Campbell. Nō mua tata ake nei tōna pāpā i mate ai, nā reira kua huri tōna māmā hei matua takitahi mō rātou ko ōna kauaemuri tokorua. E rongu ana a Patrick i te hiahia kia whai wāhi ia ki te tautoko i tōna whānau, ā, kia tū ia hei 'kaiaka' mō tōna kāinga. Kei te tino pīrangi ia kia eke ana mahi ā-kura e uru ai ia ki te whare wānanga ki te ako i ngā mātauranga ā-hiko ā tērā tau, engari kei te pau haere ngā hāora e tika ana kia ako ia, i tana mahi harangotengote me ngā wā e mate nei ia ki te tiaki i ōna kauaemuri i tōna māmā e mahi ana. He rite tonu tana tamō i te kura kia pai ai tana tiaki i ōna kauaemuri, me te aha, i ēnei rā kua mahue i a ia ētahi o ngā akoranga a Ms Campbell. Pāngia ai ia e te mate ānini i te nuinga o ngā rā, ā, he uaua ki a ia te moe i te pō. Kua kite ōna hoa i tōna whakatōnga i ēnei rā, ka mutu, he nui ngā wā ka kitea tōna korenga i te kura.

- (a) Whakamāramatia kia kitea ai ngā taipitopito o ngā whakaawenga pai me ngā whakaawenga kino kāore e kore ka pā ki te kaha o te taiohi ki te whakatau i te kohuki.

E rere tonu ana te wāhanga (a) i te whārangi 4

INSTRUCTIONS

In this examination, you are required to analyse the adolescent health issue of **stress management**.

Read **Resource Booklet 91235R** before answering the question in this booklet. Refer to the resource material and the information given in the scenario below, as well as your own knowledge, to support your analysis when answering (a) to (c).

Note: You should include personal, interpersonal, and societal perspectives in each of your responses.

QUESTION

Patrick's Scenario

Ms Campbell is a Biology teacher at a local high school. She has been working at the school for 10 years and knows many of her students very well. Lately, she has noticed a large number of students in her Year 13 class are under a lot of pressure to perform in several areas of their school and home life. She is concerned about their levels of stress in the lead up to NCEA exams in November. All Ms Campbell's students live in a close, 'tight-knit' community, where they feel safe and secure, and have many friends and neighbours.

Patrick is one of the Year 13 students in Ms Campbell's Biology class. His dad recently passed away, so his mum is now a single parent to him and his two younger siblings. Patrick feels the need to help support his family, and step up and be 'the man' of the household. He really wants to do well in his schooling so he can go to university to study electrical engineering next year, but his part-time job at the local supermarket, and the times he has to look after his younger siblings while his mum works, are affecting the time he can spend studying. He often has to miss days at school to look after his siblings and has missed some of Ms Campbell's classes lately. He has been getting headaches most days and is finding it hard to sleep at night. His friends have noticed he has been quite withdrawn lately and that he is absent from school a lot.

- (a) Explain, in detail, the positive and negative influences that are likely to affect an adolescent's ability to cope with stress.

Part (a) continues on page 5

English translation of the wording on the front cover

Level 2 Health, 2015

91235 Analyse an adolescent health issue

2.00 p.m. Monday 30 November 2015

Credits: Five

91235M

Achievement	Achievement with Merit	Achievement with Excellence
Analyse an adolescent health issue.	Analyse in depth, an adolescent health issue.	Analyse comprehensively, an adolescent health issue.

Check that the National Student Number (NSN) on your admission slip is the same as the number at the top of this page.

You should attempt ALL parts of the question in this booklet.

Pull out Resource Booklet 91235R from the centre of this booklet.

If you need more room for any answer, use the extra space provided at the back of this booklet.

Check that this booklet has pages 2–15 in the correct order and that none of these pages is blank.

YOU MUST HAND THIS BOOKLET TO THE SUPERVISOR AT THE END OF THE EXAMINATION.