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90975



NEW ZEALAND QUALIFICATIONS AUTHORITY
MANA TOHU MĀTAURANGA O AOTEAROA

QUALIFY FOR THE FUTURE WORLD
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SUPERVISOR'S USE ONLY

Level 1 Health, 2016

90975 Demonstrate understanding of issues to make health-enhancing decisions in drug-related situations

9.30 a.m. Monday 28 November 2016
Credits: Four

Achievement	Achievement with Merit	Achievement with Excellence
Demonstrate understanding of issues to make health-enhancing decisions in drug-related situations.	Demonstrate in-depth understanding of issues to make health-enhancing decisions in drug-related situations.	Demonstrate comprehensive understanding of issues to make health-enhancing decisions in drug-related situations.

Check that the National Student Number (NSN) on your admission slip is the same as the number at the top of this page.

You should attempt ALL parts of the question in this booklet.

If you need more room for any answer, use the extra space provided at the back of this booklet.

Check that this booklet has pages 2–8 in the correct order and that none of these pages is blank.

YOU MUST HAND THIS BOOKLET TO THE SUPERVISOR AT THE END OF THE EXAMINATION.

TOTAL

ASSESSOR'S USE ONLY

INSTRUCTIONS

Read the scenario below and on page 4, before answering the question in this booklet. Refer to the information given in the scenario, as well as your own knowledge, to demonstrate your understanding when answering (a) to (d).

QUESTION**Jack and George's Scenario**

Jack is a Year 13 student who attends an all-boys school. He is a talented rugby player and the captain of the school's First XV rugby team. Jack takes his role very seriously, and is always someone who leads by example. He is viewed as a role model by other students.

The First XV have an intense rugby training programme, which requires them to train two times a week, and also to play a game every Saturday. The training sessions take a toll on a number of the players, especially George, who has been injured with a torn calf muscle for most of the season. George has started to become frustrated with the fact that he cannot train or play. This is annoying for him, as his goal is to attend university once he leaves school, and play in the top university rugby team.

Recently, George has made some new friends outside of the rugby team, who have been encouraging him to attend parties, and to drink alcohol on a regular basis. Last weekend, he felt peer pressured to smoke tobacco for the first time, to try to 'impress' his new friends.

Jack has noticed that George does not seem himself lately, and that George is distancing himself from the rest of the rugby boys. Jack has spoken to George and offered him support and encouragement to get him back onto the field.

The school has a rule that no students can drink alcohol or smoke tobacco during the season, and it makes all rugby players sign a school contract to that effect. However, George feels that because he is injured at the moment, this rule does not apply to him. He thinks if professional rugby players can drink while they are injured, then he should be able to as well.

- (a) George is currently being encouraged to try alcohol and tobacco because of a number of influencing factors.
- (i) Explain ONE **personal influence** on George's decision to try alcohol and tobacco.

(b) (i) What New Zealand alcohol law has been broken at the party?

(ii) What has occurred as a result of this law being broken?

(c) How is George's **overall well-being** impacted as a result of smoking and drinking at the party, and how does his behaviour impact on the **well-being of others**?

Part (c) continues on the next page

