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91304M



913045



NEW ZEALAND QUALIFICATIONS AUTHORITY
MANA TOHU MĀTAURANGA O AOTEAROA

QUALIFY FOR THE FUTURE WORLD
KIA NOHO TAKATŪ KI TŌ ĀMUA AO!

SUPERVISOR'S USE ONLY

Ohaoha Kāinga, Kaupae 2, 2016

91304M Te arotake i ngā rautaki whakatairanga hauora i whakaritea kia ea ai tētahi matea ā-taioranga

2.00 i te ahiahi o te Rāhina, te 21 o Whiringa-ā-rangi, 2016
Ngā whiwhinga: E whā

Paetae	Kaiaka	Kairangi
Te arotake i ngā rautaki whakatairanga hauora i whakaritea kia ea ai tētahi matea ā-taioranga.	Te arotake i ngā rautaki whakatairanga hauora i whakaritea kia ea ai tētahi matea ā-taioranga, kia hōhonu.	Te arohaehae i ngā rautaki whakatairanga hauora i whakaritea kia ea ai tētahi matea ā-taioranga.

Tirohia mēnā e rite ana te Tau Ākongā ā-Motu (NSN) kei runga i tō puka whakauru ki te tau kei runga i tēnei whārangi.

Me whakamātau koe i ngā wāhanga KATOĀ o te tūmahi kei roto i tēnei pukapuka.

Tangohia Te Pukapuka Rauemi 91304MR mai i te puku o tēnei pukapuka.

Mēnā ka hiahia whārangi atu anō mō ō tuhinga, whakamahia ngā whārangi wātea kei muri o tēnei pukapuka.

Tirohia mēnā e tika ana te raupapatanga o ngā whārangi 2–15 kei roto i tēnei pukapuka, ka mutu, kāore tētahi o aua whārangi i te takoto kau.

ME HOATU RAWA KOE I TĒNEI PUKAPUKA KI TE KAIWHAKAHAERE Ā TE MUTUNGA O TE WHAKAMĀTAUTAU.

TE TAPEKE

MĀ TE KAIMĀKA ANAKE

NGĀ TOHUTOHU

Pānuitia **Te Pukapuka Rauemi 91304MR**, ka whiriwhiri ai i ngā rautaki e RUA o ngā **rautaki whakatairanga hauora** e toru hei whakamahi māu i a koe ka whakaoti i te tūmahi i tēnei pukapuka.

Tautohua ngā rautaki e RUA i kōwhiria ai e koe ki raro nei.

Ko te rautaki tuatahi: _____

Ko te rautaki tuarua: _____

Whakamahia te whārangi 3 hei whakamahere tuhinga, ka tīmata ai tō tuhinga ki te whārangi 6.

TE TŪMAHI

Parahautia ko tēhea o ngā rautaki i kōwhiria ai e koe te mea **whai hua ake** hei whakatenatena i ngā hapori ki te penapena kai, kia whakamahia hoki ngā toenga hei taka i ngā kai ka hāpai i te hauora, i ngā kai tāwara hoki, kia kore ai hoki e moumou kai.

I tō tuhinga, whakaarotia:

- te whai hua o ngā rautaki e RUA i kōwhiria ai e koe, e ai ki ngā whakataunga hauora e toru: ngā **āhuatanga ā-papori, ā-ōhanga, ā-taiao** (te whai wāhi ā-tinana) hoki
- ngā herenga me ngā painga o ngā rautaki e RUA i kōwhiria ai e koe
- ngā waiaro me ngā uara o te hunga whai wāhi atu
- ngā **tauirā whakatairanga hauora** e toru.

Whakamahia ngā tauira mai i te pukapuka rauemi hei taunaki i tō tuhinga.

TE WHAKAMAHERE (HE KŌWHIRINGA)**Te rautaki tuatahi:****Te rautaki tuarua:**

Ko te āhua o tā te rautaki whakatenatena i ngā hapori ki te penapena kai, kia whakamahia hoki ngā toenga hei taka i ngā kai ka hāpai i te hauora, i ngā kai tāwara hoki, kia kore ai hoki e moumou kai.

Ko te whai hua o te rautaki e ai ki ngā āhuetanga ā-pāpori, ā-ōhanga, ā-taiao hoki:

Ko ngā herenga me ngā painga o te rautaki, mā te whai whakaaro ki ngā waiaro me ngā uara o te hunga whai wāhi atu, ki ngā taura whakatairanga hauora hoki:

INSTRUCTIONS

Read **Resource Booklet 91304R**, and choose **TWO** of the three **health-promoting strategies** to use, when answering the question in this booklet.

Identify your **TWO** chosen strategies below.

First strategy: _____

Second strategy: _____

Use page 5 to plan, then begin your written response on page 7.

QUESTION

Justify which of your chosen strategies would be **more effective** in encouraging communities to preserve food and use leftovers to prepare nutritious, tasty meals, and to avoid food waste.

In your answer, consider:

- the effectiveness of **BOTH** of your chosen strategies, in relation to three determinants of health: **social**, **economic**, and **environmental** (physical access) **factors**
- the limitations and benefits of **BOTH** of your chosen strategies
- the attitudes and values of the people involved
- the three **models of health promotion**.

Use examples from the resource booklet to support your answer.

PLANNING (OPTIONAL)**First strategy:****Second strategy:**

How the strategy encourages communities to preserve food and use leftovers to prepare nutritious, tasty meals, and avoid food waste:

--	--

Effectiveness of the strategy in relation to social, economic, and environmental factors:

--	--

Limitations and benefits of the strategy, considering attitudes and values of the people involved, and the models of health promotion:

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English translation of the wording on the front cover

Level 2 Home Economics, 2016

91304 Evaluate health promoting strategies designed to address a nutritional need

2.00 p.m. Monday 21 November 2016

Credits: Four

91304M

Achievement	Achievement with Merit	Achievement with Excellence
Evaluate health promoting strategies designed to address a nutritional need.	Evaluate, in depth, health promoting strategies designed to address a nutritional need.	Critically evaluate health promoting strategies designed to address a nutritional need.

Check that the National Student Number (NSN) on your admission slip is the same as the number at the top of this page.

You should attempt ALL parts of the question in this booklet.

Pull out Resource Booklet 91304R from the centre of this booklet.

If you need more room for any answer, use the extra space provided at the back of this booklet.

Check that this booklet has pages 2–15 in the correct order and that none of these pages is blank.

YOU MUST HAND THIS BOOKLET TO THE SUPERVISOR AT THE END OF THE EXAMINATION.