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91235MR



NEW ZEALAND QUALIFICATIONS AUTHORITY
MANA TOHU MĀTAURANGA O AOTEAROA

QUALIFY FOR THE FUTURE WORLD
KIA NOHO TAKATŪ KI TŌ ĀMUA AO!

Hauora, Kaupae 2, 2017

91235MR Te tātari i tētahi take mō te hauora o te taiohi

2.00 i te ahiahi o te Rāmere, te 10 o Whiringa-ā-rangi, 2017
Ngā whiwhinga: E rima

TE PUKAPUKA RAUEMI

Tirohia tēnei pukapuka hei whakaoti i te tūmahi mō te Hauora 91235M.

Tirohia mēnā e tika ana te raupapatanga o ngā whārangi 2–5 kei roto i tēnei pukapuka, ā, kāore tētahi o aua whārangi i te takoto kau.

E ĀHEI ANA TŌ PUPURI KI TĒNEI PUKAPUKA Ā TE MUTUNGA O TE WHAKAMĀTAUTAU.

Te Rauemi A: Ngā whakaawenga me ngā pūkenga o te whakahoahoa

He whakaaro kē ō tēnā taiohi ki a ia anō, i ō tēnā taiohi ki a ia anō, ka mutu, he rerekē tā tēnā, tā tēnā whakawhanaunga atu ki ētahi atu tāngata.

Nō reira, me whakawhanake, me whakatinana hoki te taiohi i ngā pūkenga e arohaehae ai ia, e tautohu raruraru ai ia, e rapu rongoa ai ia kia whai ia i ngā kōwhiringa e whakapakari ana i te hauora, kia whakatau hoki ia i ngā tautohenga ka ara ake i ngā hononga.

Te Rauemi B: Te hiranga o ngā whakahoanga

He rerekē te whakahoanga i ētahi atu hononga ā-aropā, inā rā he tata ake, he mahana ake, e kaha ake ana te arotahi ki te whakatau tautohenga, he pono ake, he tautika hoki.

Ko ngā taiohi he uaua nei ki a rātou te whakarite whakahoanga pai, ka whakatōngā pea, ka tū tauhou pea i waenga i te hapori, ka ririki rānei pea, ka rerekē rānei pea ō rātou whanonga me te iti o te mōhio ki ngā tikanga e whāia whānuitia ana, ahakoa kāore e kōrerotia ana, ki ngā whāinga hoki o ngā rōpū e whai wāhi ai rātou.

Resource A: Friendship influences and skills

Young people differ in the way they feel about themselves and relate to other people.

This means that adolescents need to develop and practise skills to think critically, identify problems, and seek solutions to make health-enhancing choices and resolve conflict that arises in relationships.

Resource B: The importance of friendships

Friendships differ from other peer relationships in being closer, warmer, more focused on resolving conflict, more loyal, and equal.

Young people who find it difficult to have positive friendships might be withdrawn, socially awkward, or behave in immature or unusual ways, with little awareness of the unspoken norms and expectations of any group they are in.

Te Rauemi C: NetSafe

Ko NetSafe tētahi whakahaere e whai ana ki te āwhina kia haumaruru tonu ngā kaiwhakamahi i te Ipurangi ki Aotearoa i te ipurangi, e whai ana hoki ki te whakarato i te whānui o ngā momo tautoko ki ngā kura.

He whānui ngā momo rauemi ā-mātauranga a NetSafe hei whakamahi ki ngā kura tuarua, tae atu hoki ki ētahi ariā hei whakaako i te marautanga whānui, ki ngā ataata hei whakaara i te kōrero, ki ngā aratohu mō ngā mahi e haepapa ana, me te haumarutanga ā-ipurangi (pēnei i te tūmataititanga i te pae pāpāho pāpori, i ngā mana me ngā haepapa e pā ana ki te taiohi i te wā mamati).

Ngā mihi

He mea whakahāngai ngā tuinga o ngā mātāpuna e whai ake nei kia whakamahia i tēnei whakamātautau (he mea tiki i te 19 o Paenga-whāwhā, i te tau 2017).

Te Rauemi A

Building Strength: Youth Development Literature Review, Te Manatū Whakahiato Taiohi (Te Whanganui a Tara: Te Manatū Whakahiato Taiohi, 2002), <http://www.myd.govt.nz/documents/resources-and-reports/publications/building-strength-youth-development-literature-review-2002.pdf>.

Te Rauemi B

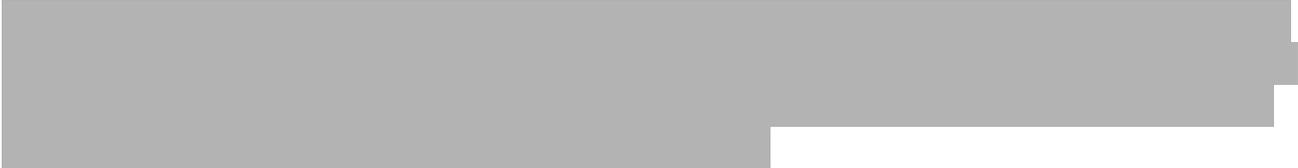
Taking Action: Life Skills in Health Education, Te Tāhuhu o te Mātauranga (Te Whanganui a Tara: Learning Media, 1994).

Te Rauemi C

<https://www.netsafe.org.nz/>.

Resource C: NetSafe

NetSafe is an organisation that aims to help New Zealand Internet users stay safe online and to offer a wide range of support to schools.



NetSafe has an extensive range of educational resources for use at secondary level, including teaching ideas across the curriculum, videos to stimulate discussion, guidelines on responsible behaviour, and cybersafety (such as privacy on social media, and rights and responsibilities for young people in the digital age).

Acknowledgements

Material from the following sources has been adapted for use in this examination (accessed 19 April 2017).

Resource A

Building Strength: Youth Development Literature Review, Ministry of Youth Affairs (Wellington: Ministry of Youth Affairs, 2002), <http://www.myd.govt.nz/documents/resources-and-reports/publications/building-strength-youth-development-literature-review-2002.pdf>.

Resource B

Taking Action: Life Skills in Health Education, Ministry of Education (Wellington: Learning Media, 1994).

Resource C

<https://www.netsafe.org.nz/>.

English translation of the wording on the front cover

Level 2 Health, 2017

91235 Analyse an adolescent health issue

2.00 p.m. Friday 10 November 2017
Credits: Five

RESOURCE BOOKLET

Refer to this booklet to answer the questions for Health 91235.

Check that this booklet has pages 2–5 in the correct order and that none of these pages is blank.

YOU MAY KEEP THIS BOOKLET AT THE END OF THE EXAMINATION.