

91235R



NEW ZEALAND QUALIFICATIONS AUTHORITY  
MANA TOHU MĀTAURANGA O AOTEAROA

QUALIFY FOR THE FUTURE WORLD  
KIA NOHO TAKATŪ KI TŌ ĀMUA AO!

## Level 2 Health, 2017

### 91235 Analyse an adolescent health issue

2.00 p.m. Friday 10 November 2017  
Credits: Five

## RESOURCE BOOKLET

Refer to this booklet to answer the questions for Health 91235.

Check that this booklet has pages 2 and 3 in the correct order and that neither of these pages is blank.

**YOU MAY KEEP THIS BOOKLET AT THE END OF THE EXAMINATION.**

**Resource A: Friendship influences and skills**

Young people differ in the way they feel about themselves and relate to other people.

This means that adolescents need to develop and practise skills to think critically, identify problems, and seek solutions to make health-enhancing choices and resolve conflict that arises in relationships.

**Resource B: The importance of friendships**

Friendships differ from other peer relationships in being closer, warmer, more focused on resolving conflict, more loyal, and equal.

Young people who find it difficult to have positive friendships might be withdrawn, socially awkward, or behave in immature or unusual ways, with little awareness of the unspoken norms and expectations of any group they are in.

**Resource C: NetSafe**

NetSafe is an organisation that aims to help New Zealand Internet users stay safe online and to offer a wide range of support to schools.



NetSafe has an extensive range of educational resources for use at secondary level, including teaching ideas across the curriculum, videos to stimulate discussion, guidelines on responsible behaviour, and cybersafety (such as privacy on social media, and rights and responsibilities for young people in the digital age).

**Acknowledgements**

Material from the following sources has been adapted for use in this examination (accessed 19 April 2017).

**Resource A**

*Building Strength: Youth Development Literature Review*, Ministry of Youth Affairs (Wellington: Ministry of Youth Affairs, 2002), <http://www.myd.govt.nz/documents/resources-and-reports/publications/building-strength-youth-development-literature-review-2002.pdf>.

**Resource B**

*Taking Action: Life Skills in Health Education*, Ministry of Education (Wellington: Learning Media, 1994).

**Resource C**

<https://www.netsafe.org.nz/>.

