

90961R



NEW ZEALAND QUALIFICATIONS AUTHORITY
MANA TOHU MĀTAURANGA O AOTEAROA

QUALIFY FOR THE FUTURE WORLD
KIA NOHO TAKATŪ KI TŌ ĀMUA AO!

Level 1 Home Economics, 2018

90961 Demonstrate understanding of how packaging information influences an individual's food choices and well-being

2.00 p.m. Wednesday 21 November 2018
Credits: Four

RESOURCE BOOKLET

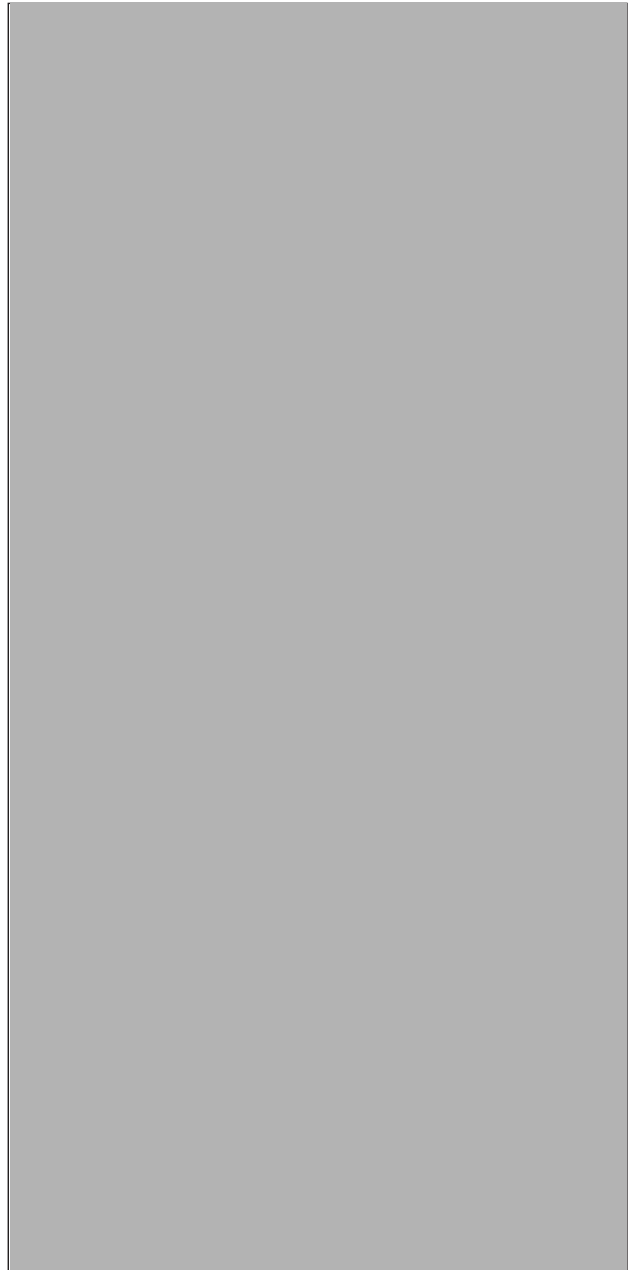
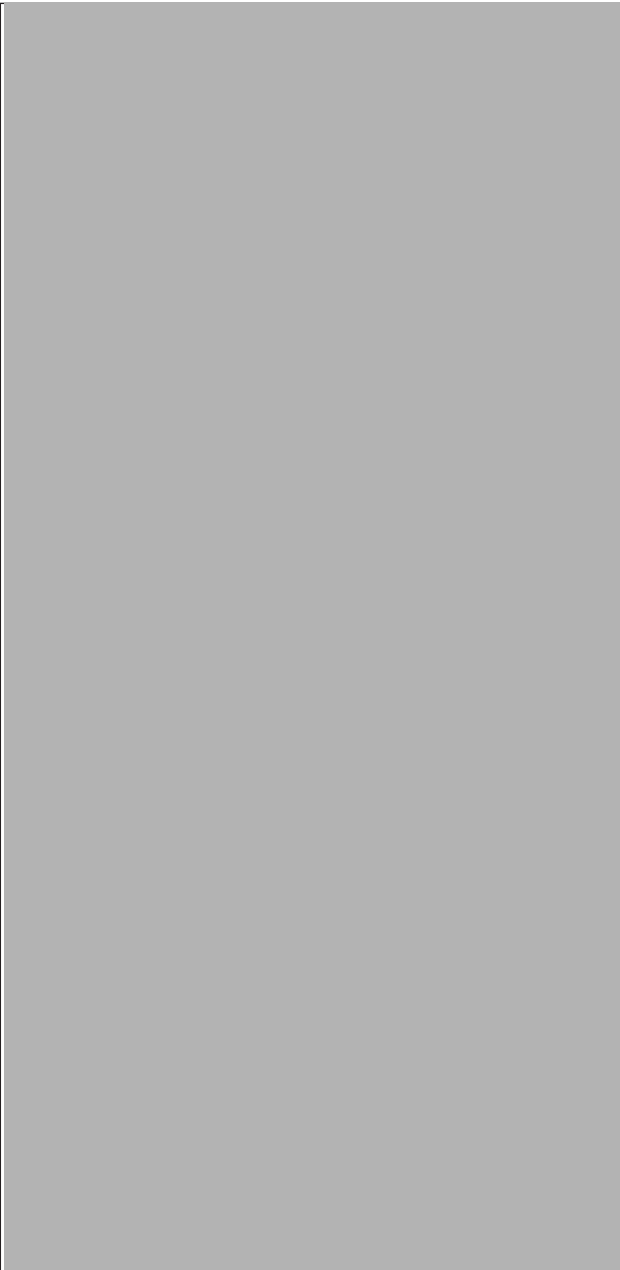
Refer to this booklet to answer the questions for Home Economics 90961.

Check that this booklet has pages 2–14 in the correct order and that none of these pages is blank.

YOU MAY KEEP THIS BOOKLET AT THE END OF THE EXAMINATION.

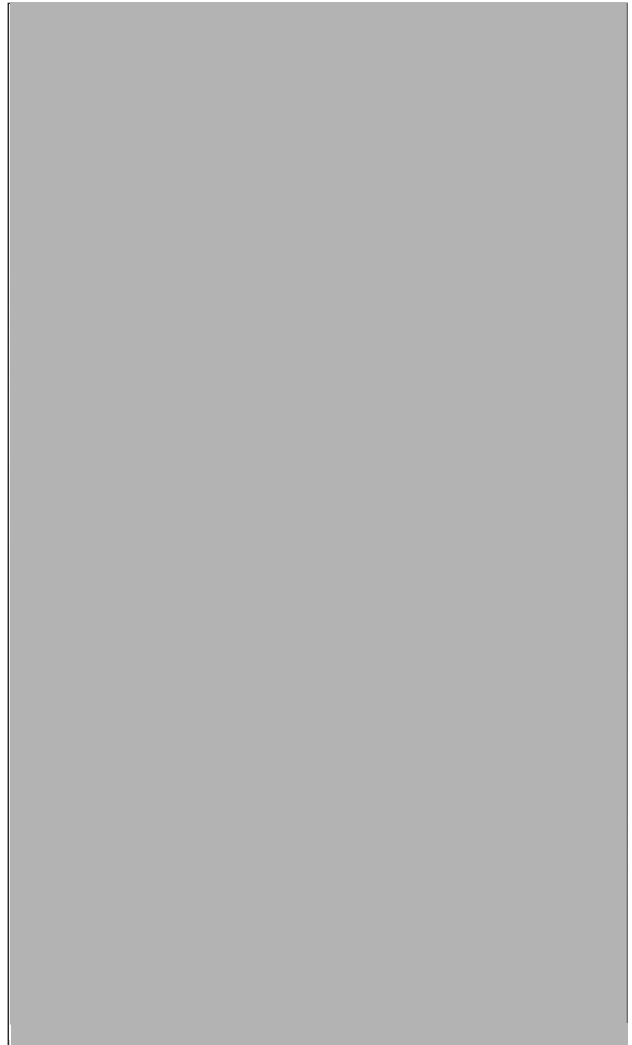
Resource A: On-the-go breakfast products

belVita Breakfast Biscuits Made with 5 Wholegrains Cranberry



Resource A (continued): On-the-go breakfast products

Sanitarium™ Reduced Sugar Up&Go™ Liquid Breakfast Choc Ice Flavour

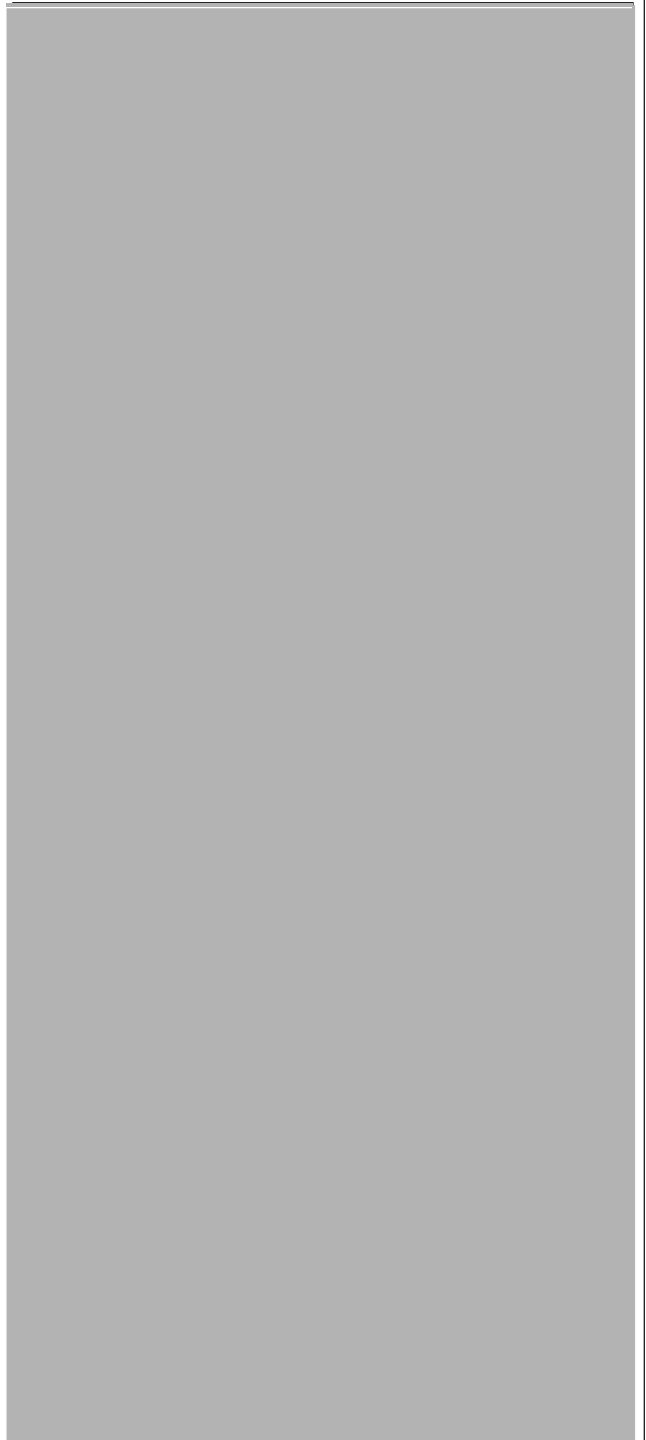


Resource A (continued): On-the-go breakfast products

Sanitarium™ Reduced Sugar Up&Go™ Liquid Breakfast Choc Ice Flavour		
NUTRITION INFORMATION (Average)		
Serving size: 250 ml		Servings per package: 1
Nutrient	Nutrition per serve	Nutrition per 100 ml
Energy	■ kJ	■ kJ
Protein	■ g	■ g
Fat, Total	■ g	■ g
– Saturated	■ g	■ g
Carbohydrate, total	■ g	■ g
– Sugars	■ g	■ g
Dietary Fibre	■ g	■ g
Sodium	■ mg	■ mg
Calcium	■ mg ■ % RDI)	■ mg
Ingredients: ■ ■ ■ ■		
Contains milk, soy, and cereals containing gluten.		

Resource A (continued): On-the-go breakfast products

Mother Earth® On-the-Go! Ready to Eat Brekkie Cashew & Cranberry



Resource B: Instant Noodle Products

Fantastic 2 Minute Noodles Chicken Flavour



Resource B (continued): Instant Noodle Products

Indomie® Instant Noodles Mi Goreng Fried Noodles



Resource B (continued): Instant Noodle Products

Maggi® 2 Minute Noodles Beef Flavour



Acknowledgements

Material from the following product packaging has been adapted for use in this examination.

Resource A:

Mondelez Australia Biscuits, Dunedin, New Zealand.

Australian Health and Nutritional Association Ltd., Berkeley Vale, NSW, Australia.

Profile Foods Ltd., Hamilton, New Zealand.

Resource B:

Fantastic Snacks New Zealand, Auckland, New Zealand.

PT Indofood CBP Sukses Makmur Tbk, Jakarta, Indonesia.

Nestlé New Zealand Ltd., Auckland, New Zealand.

