

91304



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SUPERVISOR'S USE ONLY

Level 2 Home Economics, 2018

91304 Evaluate health promoting strategies designed to address a nutritional need

2.00 p.m. Friday 23 November 2018
Credits: Four

Achievement	Achievement with Merit	Achievement with Excellence
Evaluate health promoting strategies designed to address a nutritional need.	Evaluate, in depth, health promoting strategies designed to address a nutritional need.	Critically evaluate health promoting strategies designed to address a nutritional need.

Check that the National Student Number (NSN) on your admission slip is the same as the number at the top of this page.

You should attempt ALL parts of the question in this booklet.

Pull out Resource Booklet 91304R from the centre of this booklet.

You **MUST** use the resources provided in the resource booklet to answer the questions.

If you need more room for any answer, use the extra space provided at the back of this booklet.

Check that this booklet has pages 2–8 in the correct order and that none of these pages is blank.

YOU MUST HAND THIS BOOKLET TO THE SUPERVISOR AT THE END OF THE EXAMINATION.

TOTAL

ASSESSOR'S USE ONLY

INSTRUCTIONS

Read **Resource Booklet 91304R**, and choose **TWO** of the three **health-promoting strategies** to compare their effectiveness, when answering the question in this booklet.

Identify your **TWO** chosen strategies below.

First strategy: _____

Second strategy: _____

Use page 3 to plan, then begin your answer to (a) on page 4, and (b) on page 7.

QUESTION

- (a) Justify which of your chosen strategies would be **more effective** in encouraging students to adopt a healthy and balanced diet.

In your answer, consider:

- the **model(s) of health promotion** that EACH chosen strategy uses
- the benefits and limitations of EACH chosen strategy, in relation to three determinants of health: **social support**, **economic**, and **environmental** (physical access) **factors**
- the attitudes and values of the people involved.

Use examples from the resource booklet to support your answer.

- (b) How would you improve the strategy that you have chosen as the most effective?

PLANNING (OPTIONAL)	
First strategy:	Second strategy:
How the strategy encourages students to adopt a healthy and balanced diet:	
Benefits of the strategy, in relation to social support, economic, and environmental (physical access) factors, the model(s) of health promotion used, and the attitudes and values of the people involved:	
Limitations of the strategy, in relation to social support, economic, and environmental (physical access) factors, the model(s) of health promotion used, and the attitudes and values of the people involved:	

(a) Justify which of your chosen strategies would be **more effective** in encouraging students to adopt a healthy and balanced diet.

In your answer, consider:

- the **model(s) of health promotion** that EACH chosen strategy uses
- the benefits and limitations of EACH chosen strategy, in relation to three determinants of health: **social support, economic, and environmental (physical access) factors**
- the attitudes and values of the people involved.

Use examples from the resource booklet to support your answer.

More effective strategy: _____

Justification: _____
