

90960R



NEW ZEALAND QUALIFICATIONS AUTHORITY
MANA TOHU MĀTAURANGA O AOTEAROA

QUALIFY FOR THE FUTURE WORLD
KIA NOHO TAKATŪ KI TŌ ĀMUA AO!

Level 1 Home Economics 2020

90960 Demonstrate understanding of how an individual, the family and society enhance each other's well-being

2.00 p.m. Tuesday 1 December 2020

Credits: Four

RESOURCE BOOKLET

Refer to this booklet to answer the questions for Home Economics 90960.

Check that this booklet has pages 2–6 in the correct order and that none of these pages is blank.

YOU MAY KEEP THIS BOOKLET AT THE END OF THE EXAMINATION.



Spring Delight Trust

A community development organisation

Encouraging Compassionate Resilient Community



Community seniors enjoy a sightseeing bus journey.

Who we are:

Spring Delight Trust is a community-based organisation that engages in community development through a varied range of services, initiatives and activities. In particular, these seek to uplift people who are facing personal hardship, experiencing disability, isolation or other disadvantages.

What we do:

- Community Garden: volunteers help grow a range of organic fruits and vegetables
- Community Meal: we serve a generous hot meal and dessert every Friday for a gold-coin donation
- Community Emergency Food Support: we provide a range of staple foods and basic household supplies free of charge to those in need.

Community Garden



Community volunteers at work in the garden.

Spring Delight Trust grows a large range of organic fruits and vegetables. Its summer gardens are full of salad plants, including tomatoes, lettuce, beans, peas, spring onions, basil and strawberries. In winter, harvests include leeks, herbs, parsnips, potatoes, bok choy, broccoli, silverbeet and spinach.

The trust welcomes volunteers who want to help in the garden, or just sit and enjoy the company of others and peacefulness. Volunteers can also learn about organic gardening.

Organic produce from the garden is used at the weekly community meal and for the community emergency food support, as well as being given to those who have volunteered.

The salads at the community meal, which are made from freshly picked vegetables, have won compliments for both the cooks and gardeners.

The garden is a centre for people to enjoy sharing seeds, plants and knowledge.

The garden has an ever-increasing seed stock, which includes heritage climbing beans.



A FREE course, above, is offered during the year.

Community Meal

Spring Delight Trust holds its much-loved community meal every Friday.

The occasion regularly attracts a gathering of 50 people, who enjoy a generous hot meal and dessert.

All the trust asks in return is a gold-coin donation.

It is more than just an affordable, wholesome meal. It is a vibrant community event that is full of laughter, friendship and sharing.

Occasionally, before the meal is served, there can be guest speakers who help to keep our community informed on various suggested topics.

The trust remains extremely grateful to its volunteer cooks, as well as local fruit and vegetable shops that regularly donate quality food for the meals.



Volunteers serve tasty food at the community meal.



A volunteer works hard in the kitchen (left).

Community Emergency Food Support



A volunteer at work in the emergency food store.

‘Going through a rough patch and found yourself short on food? We can help!’ In Spring Delight Trust’s food bank, people can choose their food items from those on offer (within a quota).

The trust tries to provide a range of staple foods and basic household supplies, but this largely depends on the product donations that it has received. The food bank is an emergency support service that only provides roughly enough food for a day.

There are some conditions for using the food bank; one is that people who use it must live in the local area. The food bank is a key service in the trust’s community because it provides last-resort emergency food relief to more than 1,500 individuals and families / whānau a year.

Free Bread: Spring Delight Trust receives loaves of bread that are near or at their ‘use by date’. People struggling to provide breakfasts and school lunches are welcome to free bread. The rule is one loaf for each person, and two for each family.

Emergency Food Support Sponsors: We thank the Wool Ladies Trust, New World and Pak’nSave supermarkets, Simply Vege and Kidd’s Bakery, among others, for their generous regular donations of food and bread.



Volunteers preparing emergency food packages.

Acknowledgements

Material from the following sources has been adapted to create the fictional organisation used in this examination:

Page 2

(Text) <http://www.deltatrust.org.nz>

(Image top) <https://webcomicms.net/clipart-9515483-seagull-silhouette-cliparts/>

(Image bottom) <https://www.jcprd.com/863/Day-Trips-and-Social-Outings>

Page 3

(Text) <http://www.deltatrust.org.nz/community-services/community-gardening/>

(Image top) https://www.sustainweb.org/jelliedeel/articles/a_growing_movement/

(Image bottom) <https://wallazee.global.ssl.fastly.net/images/dynamic/items/507-1024.png>

Page 4

(Text) <http://www.deltatrust.org.nz/community-services/community-meal-cafe/>

(Image top) <https://www.fringetheatre.ca/get-involved/volunteer/volunteer-teams/>

(Image bottom) <https://nypost.com/2020/02/06/ninety-year-old-chef-of-the-poor-cooks-for-romes-homeless/>

Page 5

(Text) <http://www.deltatrust.org.nz/community-services/emergency-food-support/>

(Image top) <https://www.getsurrey.co.uk/news/what-you-should-never-give-17641069>

(Image bottom) <https://www.theolympian.com/news/local/article241346946.html>

