

90961R



NEW ZEALAND QUALIFICATIONS AUTHORITY
MANA TOHU MĀTAURANGA O AOTEAROA

QUALIFY FOR THE FUTURE WORLD
KIA NOHO TAKATŪ KI TŌ ĀMUA AO!

Level 1 Home Economics 2020

90961 Demonstrate understanding of how packaging information influences an individual's food choices and well-being

2.00 p.m. Tuesday 1 December 2020
Credits: Four

RESOURCE BOOKLET

Refer to this booklet to answer the questions for 90961.

Check that this booklet has pages 2–5 in the correct order and that none of these pages is blank.

YOU MAY KEEP THIS BOOKLET AT THE END OF THE EXAMINATION.

RESOURCE A

Old El Paso Stand 'N Stuff Tortillas



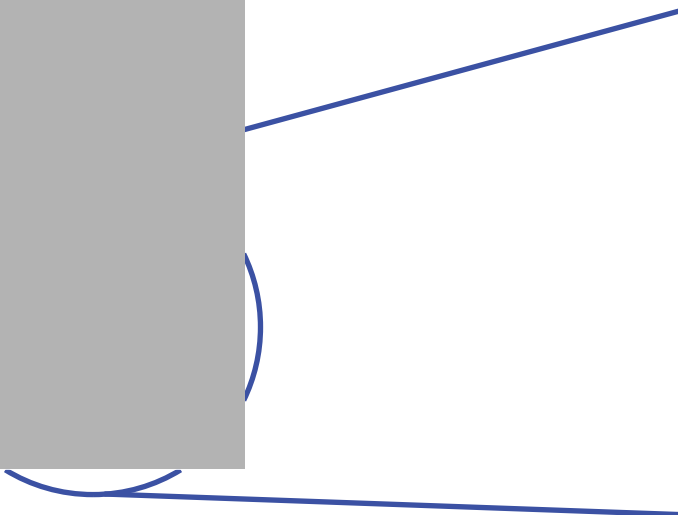
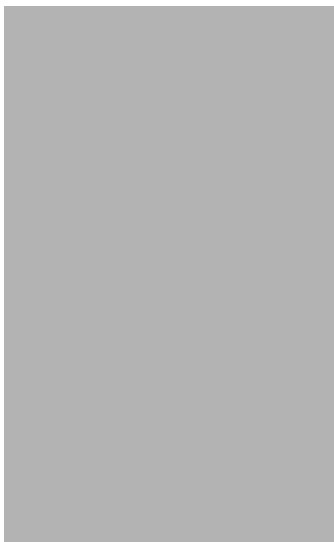
Preservative Free



Daily Intake (DI) Panel

Ingredients: Wheat flour, stabiliser (glycerol), vegetable oil, raising agents (500, 450, 341), water, emulsifier (mono- and di-glycerides of fatty acids), dextrose and salt.

Contains wheat ingredients.



RESOURCE A continued

12 Taco Shells

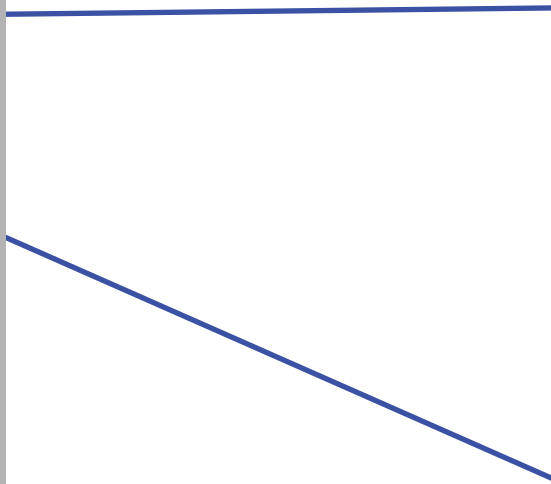
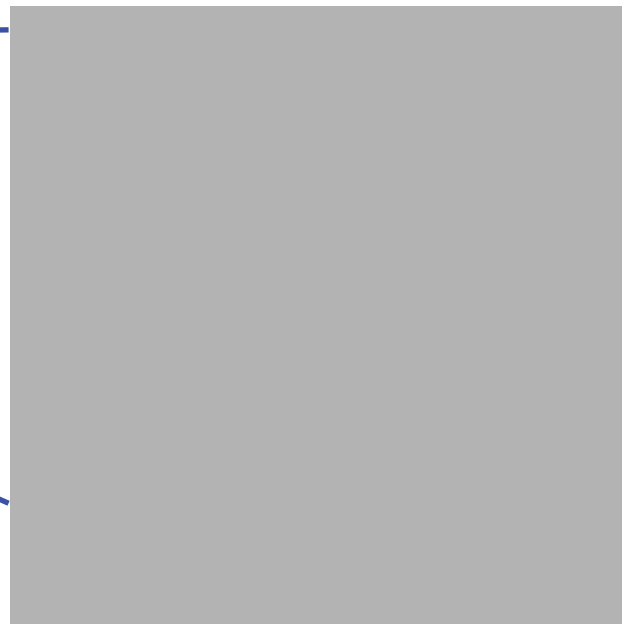
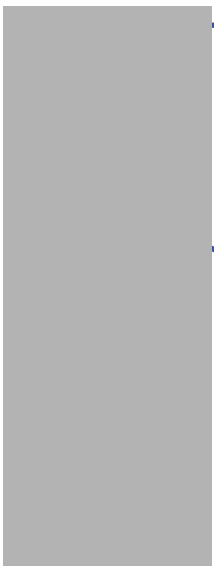


Gluten Free



Health Star Rating

Ingredients: Ground corn flour, vegetable oil (canola oil) and water.



RESOURCE A continued

Mission Tortillas



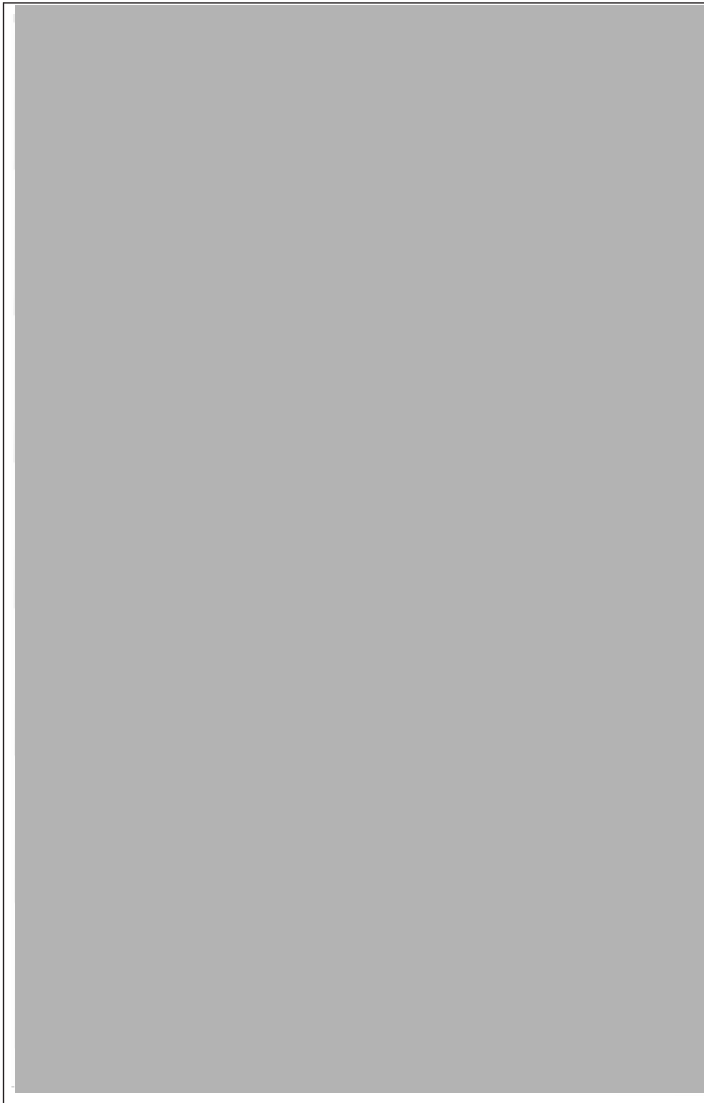
Gluten Free



Glycemic Index (GI) Certified

Ingredients: Corn flour, acidity regulator (297), vegetable gum (466), preservatives (202, 282) and water.



RESOURCE B**Craig's Mexican-style Chilli Beans****Nutrition:**

- 99% fat free
- Rich in protein
- Source of dietary fibre
- Source of iron



Mexican-style chilli beans and minced beef can be prepared together as a meal.

Acknowledgements

Material from the following sources has been adapted (last accessed 12 March 2020) for use in this examination:

Page 2

(Image and Text) General Mills New Zealand Ltd, Millennium Centre, 600 Great South Road, Ellerslie, Auckland

Page 3

(Packaging and Text) Woolworths, 80 Favona Road, Mangere, Auckland

Page 4

(Image) <https://www.missionfoods.com.au/en/products/mexican/tortillas/mission-tortillas-white-corn.aspx>

(Packaging) Gruma Oceania Pty Ltd, 49 Gateway Blv, Epping, VIC 3076, Australia

Page 5

(Image left) <https://shop.countdown.co.nz/shop/productdetails?stockcode=265901&name=craigs-mexican-spicy-beans>

(Image right) <https://noypimeat.com/product/extra-lean-ground-beef/>

(Packaging) Heinz Watties Ltd, PO Box 439, Hastings

