

See back cover for an English
translation of this cover

2

91300M



NEW ZEALAND QUALIFICATIONS AUTHORITY
MANA TOHU MĀTAURANGA O AOTEAROA

QUALIFY FOR THE FUTURE WORLD
KIA NOHO TAKATŪ KI TŌ ĀMUA AO!

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Ohaoha Kāinga, Kaupae 2, 2021

91300M Te tātari i te hononga i waenga i te oranga, i ngā kōwhiringa kai me ngā kaiāki hauora

Ngā whiwhinga: E whā

Paetae	Kaiaka	Kairangi
Te tātari i te hononga i waenga i te oranga, i ngā kōwhiringa kai me ngā kaiāki hauora.	Te hōhonu o te tātari i te hononga i waenga i te oranga, i ngā kōwhiringa kai me ngā kaiāki hauora.	Te tōtōpū o te tātari i te hononga i waenga i te oranga, i ngā kōwhiringa kai me ngā kaiāki hauora.

Tirohia kia kitea ai e rite ana te Tau Ākonga ā-Motu (NSN) kei runga i tō puka whakauru ki te tau kei runga i tēnei whārangi.

Me whakamātau koe i ngā wāhanga KATOA o te tūmahi kei roto i tēnei pukapuka.

Tangohia Te Pukapuka Rauemi 91300MR mai i te puku o tēnei pukapuka.

Mēnā ka hiahia whārangi atu anō mō ō tuhinga, whakamahia ngā whārangi wātea kei muri o tēnei pukapuka.

Tirohia kia kitea ai e tika ana te raupapatanga o ngā whārangi 2–13 kei roto i tēnei pukapuka, ka mutu, kāore tētahi o aua whārangi i te takoto kau.

Kaua e tuhi i ngā wāhanga e kitea ai te kauruku whakahāngai (☒). Ka tapahia pea taua wāhanga i te wā e mākahia ana te pukapuka.

HOATU TE PUKAPUKA NEI KI TE KAIWHAKAHARE HEI TE MUTUNGA O TE WHAKAMĀTAUTAU.

NGĀ TOHUTOHU

Pānuitia **Te Pukapuka Rauemi 91300R** ka kōrerohia ai ūna kōrero, tae atu ki ū ake mōhiotanga, ka whakaoti ana koe i te tūmahi kei tēnei pukapuka.

Whakauruhia atu ētahi tauira e hāngai ana nō te tūāhua (Te Rauemi B) , ka whakaoti ana koe i ngā wāhanga katoa o te tūmahī.

TE WHAKAMAHERE

Whakaaroohia te āhua e whakaawe ai ngā kaiāki hauora e rārangī iho nei i ngā kōwhiringa kai me te oranga:

- te wātea mai o ngā kai hauora
- te ahotea
- ētahi atu kaiāki kei te tūāhua.

INSTRUCTIONS

Read **Resource Booklet 91300R** and refer to it, as well as your own knowledge, when answering the question in this booklet.

Include relevant examples from the scenario (Resource B) when answering all parts of the question.

PLANNING

Consider how the following determinants of health affect food choices and well-being:

- access to healthy food
- stress
- other determinants in the scenario.

TE TŪMAHI

- (a) Ka pēhea te whakaawenga o ngā kōwhiringa kai a ngā hoa noho e **te wātea mai o ngā kai hauora**?

- (b) Ka pēhea te whakaawenga o ngā kōwhiringa kai a ngā hoa noho e te ahotea?

QUESTION

- (a) How are the flatmates' food choices influenced by **access to healthy food?**

- (b) How are the flatmates' food choices influenced by **stress**?

- (c) Ka pēhea tā ngā kōwhiringa kai a ngā hoa noho pā atu ki tō rātou oranga, **pai mai, kino mai** anō hoki?
I tō urupare, whakaingoatia, ka kōrerohia ai ngā wāhanga E WHĀ katoa o te oranga nō Te Rauemi A.

- (c) How do each of the flatmates' food choices affect their well-being both **positively** and **negatively**? Name and refer to all FOUR dimensions of well-being from Resource A in your response.

Whakamahia ngā kaiāki hauora e rārangi iho nei hei whakaoti i te wāhanga (d):

Te kaiāki (1): te wātea mai o ngā kai hauora

Te kaiāki (2): te ahotea

(Kōwhiria tētahi kaiāki hauora anō mai i Te Rauemi A, ka tuhia ai ki raro iho nei.)

Te kaiāki (3): _____

- (d) Whakamāramatia te āhua e whakaawengia ai te oranga o ngā hoa noho e ā rātou kōwhiringa kai me ngā kaiāki hauora e toru e rārangi mai ana ki runga nei.

I tō tuhinga, me:

- whai whakaaro ki ngā hononga i waenga i ngā kaiāki hauora e toru
 - kōrero ngā wāhanga e whā katoa o te oranga.

Use the following determinants of health to answer part (d):

Determinant (1): access to healthy food

Determinant (2): stress

(Choose a third determinant of health from Resource A and write it below.)

Determinant (3): _____

- (d) Explain how the flatmates' well-being is affected by their food choices, and the three determinants of health listed above.

In your answer you should:

- consider how the three determinants of health are linked together
 - refer to all four dimensions of well-being.

- (e) Whakamāramatia te āhua e pā ai ngā kōwhiringa kai a te momo pēnei i ngā hoa noho ki te pāpori o Aotearoa.

- (e) Explain how food choices, made by people like the flatmates, can have an impact on New Zealand society.

**He whārangi anō ki te hiahiatia.
Tuhia te tau tūmahi mēnā e hāngai ana.**

**Extra space if required.
Write the question number(s) if applicable.**

QUESTION
NUMBER

English translation of the wording on the front cover

Level 2 Home Economics 2021

91300M Analyse the relationship between well-being, food choices and determinants of health

Credits: Four

91300M

Achievement	Achievement with Merit	Achievement with Excellence
Analyse the relationship between well-being, food choices and the determinants of health.	Analyse, in depth, the relationship between well-being, food choices and the determinants of health.	Comprehensively analyse the relationship between well-being, food choices and the determinants of health.

Check that the National Student Number (NSN) on your admission slip is the same as the number at the top of this page.

You should attempt ALL parts of the question in this booklet.

Pull out Resource Booklet 91300MR from the centre of this booklet.

If you need more room for any answer, use the extra space provided at the back of this booklet.

Check that this booklet has pages 2–13 in the correct order and that none of these pages is blank.

Do not write in any cross-hatched area (☒). This area may be cut off when the booklet is marked.

YOU MUST HAND THIS BOOKLET TO THE SUPERVISOR AT THE END OF THE EXAMINATION.