

See back cover for an English  
translation of this cover

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91304M



NEW ZEALAND QUALIFICATIONS AUTHORITY  
MANA TOHU MĀTAURANGA O AOTEAROA

QUALIFY FOR THE FUTURE WORLD  
KIA NOHO TAKATŪ KI TŌ ĀMUA AO!

SUPERVISOR'S USE ONLY

Tick this box if you  
have NOT written  
in this booklet

## Ohaoha Kāinga, Kaupae 2, 2021

### 91304M Te arotake i ngā rautaki whakatairanga hauora i whakaritea rā kia ea ai tētahi hapa ā-taioranga

Ngā whiwhinga: E whā

Paetae	Kaiaka	Kairangi
Te arotake i ngā rautaki whakatairanga hauora i whakaritea rā kia ea ai tētahi hapa ā-taioranga.	Te hōhonu o te arotake i ngā rautaki whakatairanga hauora i whakaritea rā kia ea ai tētahi hapa ā-taioranga.	Te arohaehae i ngā rautaki whakatairanga hauora i whakaritea rā kia ea ai tētahi hapa ā-taioranga.

Tirohia kia kitea ai e rite ana te Tau Ākonga ā-Motu (NSN) kei runga i tō puka whakauru ki te tau kei runga i tēnei whārangi.

**Me whakamātau koe i ngā wāhanga KATOA o te tūmahi kei roto i tēnei pukapuka.**

Tangohia Te Pukapuka Rauemi 91304MR mai i te puku o tēnei pukapuka.

Mēnā ka hiahia whārangi atu anō mō ō tuhinga, whakamahia ngā whārangi wātea kei muri o tēnei pukapuka.

Tirohia kia kitea ai e tika ana te raupapatanga o ngā whārangi 2–15 kei roto i tēnei pukapuka, ka mutu, kāore tētahi o aua whārangi i te takoto kau.

Kaua e tuhi i ngā wāhanga e kitea ai te kauruku whakahāngai (☒). Ka tapahia pea taua wāhanga i te wā e mākahia ana te pukapuka.

**HOATU TE PUKAPUKA NEI KI TE KAIWHAKAHAERE HEI TE MUTUNGA O TE WHAKAMĀTAUTAU.**

## NGĀ TOHUTOHU

Pānuitia Te Pukapuka Rauemi 91304R, ā, whakamahia ngā pārongo mai i ngā **rautaki whakatairanga hauora e rua** hei whakataurite i te whai hua o aua rautaki, ka whakaotி ana koe i te tūmahi kei tēnei pukapuka.

Whakaurua atu ētahi tauira e hāngai ana nō te pukapuka rauemi, i a koe e whakaotி ana i ngā wāhanga katoa o te tūmahi.

## TE TŪMAHI

- (a) (i) Whakamāramatia **ngā painga me ngā herenga** o ia āhuatanga ka whai wāhi ki Te Rautaki A (ngā ākonga nēhi) e whai ake nei:

### Ā-Pāpori

Ngā painga: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Ngā herenga: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

### Ā-Ōhangā

Ngā painga: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Ngā herenga: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Ā-Taiao (te whai wāhi ā-tinana)**

Ngā painga: \_\_\_\_\_

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Ngā herenga: \_\_\_\_\_

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- (ii) I tōna whānuitanga, he pēhea te whai hua o Te Rautaki A hei whakanui ake i te kainga o ngā kai he nui te kaka-tipu kei roto, i te hapori?

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## INSTRUCTIONS

Read **Resource Booklet 91304R** and use the information from the **two health-promoting strategies**, to compare their effectiveness, when answering the question in this booklet.

Include relevant examples from the resource booklet when answering all parts of the question.

## QUESTION

- (a) (i) Explain what the **benefits** and **limitations** are for each of the following factors involved in Strategy A (nursing students):

### Social

Benefits: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Limitations: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### Economic

Benefits: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Limitations: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Environmental (physical access)**

Benefits: \_\_\_\_\_

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Limitations: \_\_\_\_\_

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- (ii) Overall, how effective is Strategy A at increasing the consumption of fibre-rich foods in the community?

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- (b) (i) Whakamāramatia **ngā painga** me **ngā herenga** o ia āhuatanga ka whai wāhi ki Te Rautaki B (ngā pia kaitunu) e whai ake nei:

**Ā-Pāpori**

Ngā painga: \_\_\_\_\_

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Ngā herenga: \_\_\_\_\_

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**Ā-Ōhangā**

Ngā painga: \_\_\_\_\_

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Ngā herenga: \_\_\_\_\_

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**Ā-Taiao (te whai wāhi ā-tinana)**

Ngā painga: \_\_\_\_\_

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Ngā herenga: \_\_\_\_\_

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- (ii) I tōna whānuitanga, he pēhea te whai hua o Te Rautaki B hei whakanui ake i te kainga o ngā kai he nui te kaka-tipu kei roto, i te hapori?

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- (b) (i) Explain what the **benefits** and **limitations** are for each of the following factors involved in Strategy B (trainee chefs):

### Social

Benefits: \_\_\_\_\_

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Limitations: \_\_\_\_\_

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### Economic

Benefits: \_\_\_\_\_

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Limitations: \_\_\_\_\_

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**Environmental (physical access)**

Benefits: \_\_\_\_\_

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Limitations: \_\_\_\_\_

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- (ii) Overall, how effective is Strategy B at increasing the consumption of fibre-rich foods in the community?

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- (c) Kōwhiria te rautaki (te A, te B rānei) ki ō whakaaro ka whai hua ake hei whakanui ake i te kainga o ngā kai he nui te kaka-tipu kei roto, i te hapori. Whakamāramatia te take i kōwhiri ai koe i taua rautaki rā.

I tō urupare, me:

- kōrero ngā tauira o te whakatairanga hauora (kei ngā whārangi 6 o te pukapuka rauemi)
  - whai whakaaro ki ngā waiaro me ngā uara o te hunga e whai wāhi ana.

## Tohua TĒTAHI (✓)

- Te Rautaki A (Ngā ākonga nēhi)
  - Te Rautaki B (Ngā pia kaitunu)

- (c) Choose the strategy (A or B) that you think would be the most effective at increasing the consumption of fibre-rich foods in the community. Explain why you chose that strategy.

In your answer, you should:

- refer to the models of health promotion (page 7 of the resource booklet)
  - consider the attitudes and values of the people involved.

**Tick ONE (✓)**

1

## **Strategy A (Nursing students)**

1

### **Strategy B (Trainee chefs)**





**He whārangi anō ki te hiahiatia.  
Tuhia te tau tūmahi mēnā e hāngai ana.**

**Extra space if required.  
Write the question number(s) if applicable.**

QUESTION  
NUMBER

*English translation of the wording on the front cover*

## **Level 2 Home Economics 2021**

### **91304M Evaluate health promoting strategies designed to address a nutritional need**

Credits: Four

**91304M**

<b>Achievement</b>	<b>Achievement with Merit</b>	<b>Achievement with Excellence</b>
Evaluate health promoting strategies designed to address a nutritional need.	Evaluate, in depth, health promoting strategies designed to address a nutritional need.	Critically evaluate health promoting strategies designed to address a nutritional need.

Check that the National Student Number (NSN) on your admission slip is the same as the number at the top of this page.

**You should attempt ALL parts of the question in this booklet.**

Pull out Resource Booklet 91304MR from the centre of this booklet.

If you need more room for any answer, use the extra space provided at the back of this booklet.

Check that this booklet has pages 2–15 in the correct order and that none of these pages is blank.

Do not write in any cross-hatched area (☒). This area may be cut off when the booklet is marked.

**YOU MUST HAND THIS BOOKLET TO THE SUPERVISOR AT THE END OF THE EXAMINATION.**