

See back cover for an English
translation of this cover

91235M



NEW ZEALAND QUALIFICATIONS AUTHORITY
MANA TOHU MĀTAURANGA O AOTEAROA

QUALIFY FOR THE FUTURE WORLD
KIA NOHO TAKATŪ KI TŌ ĀMUA AO!

SUPERVISOR'S USE ONLY

Tohua tēnei pouaka mēnā
KĀORE koe i tuhi kōrero ki
tēnei pukapuka



Hauora, Kaupae 2, 2022

91235M Te tātari i tētahi take hauora e pā ana ki te taiohi

Ngā whiwhinga: E rima

Paetae	Kaiaka	Kairangi
Te tātari i tētahi take hauora e pā ana ki te taiohi.	Te tātari i tētahi take hauora e pā ana ki te taiohi, kia hōhonu.	Te tātari i tētahi take hauora e pā ana ki te taiohi, kia tōtōpū.

Tirohia kia kitea ai e rite ana te Tau Ākonga ā-Motu (NSN) kei runga i tō puka whakauru ki te tau kei runga i tēnei whārangī.

Me whakamātau koe i ngā wāhanga KATOA o te tūmahi kei roto i tēnei pukapuka

Tangohia Te Pukapuka Rauemi 91235MR mai i te puku o tēnei pukapuka.

Mēnā ka hiahia wāhi atu anō mō ō tuhinga, whakamahia ngā whārangī wātea kei muri o tēnei pukapuka.

Tirohia kia kitea ai e tika ana te raupapatanga o ngā whārangī 2–15 kei roto i tēnei pukapuka, ka mutu, kāore tētahi o aua whārangī i te takoto kau.

Kaua e tuhi i ngā wāhi e kitea ai te kauruku whakahāngai (✓). Ka poroa pea taua wāhanga ka mākahia ana te pukapuka.

HOATU TE PUKAPUKA NEI KI TE KAIWHAKAHAERE HEI TE MUTUNGA O TE WHAKAMĀTAUTAU.

NGĀ TOHUTOHU

I tēnei aromatawai, me tātari rawa koe i tētahi take hauora e hāngai ana ki te kai.

Pānuitia **Te Pukapuka Rauemi 91235MR** i mua i tō whakaoti i te tūmahi kei tēnei pukapuka. Kōrerotia te tūāhua me ētahi atu rauemi, tae atu hoki ki ōu anō mōhiotanga, hei tautoko i ūtātaritanga, i a koe e whakaoti ana i ngā wāhanga katoa o te tūmahi.

He wāhi e wātea ana mō te whakamahere kei raro iho nei.

TE WHAKAMAHERE

INSTRUCTIONS

In this assessment, you are required to analyse a **food-related** health issue.

Read **Resource Booklet 91235MR** before answering the question in this booklet. Refer to the scenario and other resource material, as well as your own knowledge, to support your analysis when answering all parts of the question.

Space for planning your answers is provided below.

PLANNING

TE TŪMAHI

Pānuitia Te Rauemi A: Te tūāhua mō Tio kei te whārangi 2 o te pukapuka rauemi.

- (a) (i) Whakamāramatia te āhua e whakaawe ai pea ngā tāngata i tō Tio ao i ana ritenga kai.

- (ii) Whakamāramatia te āhua e whakaawe ai pea te ao pāpāho i ana ritenga kai.

QUESTION

Read **Resource A: Joe's scenario** on page 3 of the resource booklet.

- (a) (i) Explain how the people in Joe's life might influence his eating habits.

- (ii) Explain how the media might influence his eating habits.

- (b) (i) Whakamāramatia te āhua e pā ai pea ngā ritenga kai a Tio ki tana oranga ināianei, hei te anamata hoki, ka pakeke ana ia.

- (ii) Whakamāramatia te āhua o ngā pānga o ngā ritenga kai kimimate a te hunga taiohi ki te pāpori whānui o Aotearoa, ināianei, hei ngā tau e tū mai nei anō hoki.

- (b) (i) Explain how Joe's eating habits could impact his well-being now, and in the future as an adult.

- (ii) Explain how the wider New Zealand community is affected, now and in the future, by poor eating habits of teenagers.

- (c) Kōwhiria TĒTAHI o ngā rautaki e rima mō te kai me te taioranga mai i Te Rauemi E.

Whakahāngaitia tēnei rautaki ki tō Tio āhua noho, ka parahau ai i te āhua e whakapikihia ai pea te hauora o Tio, o taiohi kē atu anō i taua rautaki, me te āhua o te whai painga pea o te hapori i te rautaki rā.

Te rautaki i kōwhiria ai: _____

- (c) Choose ONE of the five food and nutrition strategies from Resource E.
Apply this strategy to Joe's lifestyle and justify how it could be health-enhancing for Joe, other teenagers, and how the community could benefit from the strategy.

Chosen strategy: _____

He whārangi anō ki te hiahiatia.
Tuhia te tau tūmahi mēnā e hāngai ana.

TE TAU
TŪMAHI

**Extra space if required.
Write the question number(s) if applicable.**

QUESTION
NUMBER

**He whārangi anō ki te hiahiatia.
Tuhia te tau tūmahi mēnā e hāngai ana.**

TE TAU
TŪMAHI

**Extra space if required.
Write the question number(s) if applicable.**

QUESTION
NUMBER

English translation of the wording on the front cover

Level 2 Health 2022

91235M Analyse an adolescent health issue

Credits: Five

Achievement	Achievement with Merit	Achievement with Excellence
Analyse an adolescent health issue.	Analyse in depth, an adolescent health issue.	Analyse comprehensively, an adolescent health issue.

Check that the National Student Number (NSN) on your admission slip is the same as the number at the top of this page.

You should attempt ALL parts of the question in this booklet.

Pull out Resource Booklet 91235MR from the centre of this booklet.

If you need more room for any answer, use the extra space provided at the back of this booklet.

Check that this booklet has pages 2–15 in the correct order and that none of these pages is blank.

Do not write in any cross-hatched area (☒). This area may be cut off when the booklet is marked.

YOU MUST HAND THIS BOOKLET TO THE SUPERVISOR AT THE END OF THE EXAMINATION.