

91238R



Level 2 Health 2023

91238 Analyse an interpersonal issue(s) that places personal safety at risk

Credits: Four

RESOURCE BOOKLET

Refer to this booklet to answer the question for Health 91238.

Check that this booklet has pages 2–6 in the correct order and that none of these pages is blank.

YOU MAY KEEP THIS BOOKLET AT THE END OF THE EXAMINATION.

RESOURCE A: Cyberbullying and teens



RESOURCE B: Scenario

7:09
Hey can i tell you something You need to keep it secret tho Madi Yeah what is it Quinn I like you
Message

RESOURCE C: Effects of cyberbullying on the individual

Emotional effects

Mental effects

Physical effects

RESOURCE D: Effects of cyberbullying on the school community



RESOURCE E: "How to be an Upstander"

3. Call it!

• If you feel safe, step in and call the person out on their bullying behaviour

RESOURCE F: Legal consequences for cyberbullying



Acknowledgements

Material from the following sources has been adapted for use in this assessment:

Resource A

Madden-Smith, Zoe. Cyberbullying is illegal in NZ yet nearly one third of teens experience it. https://www.renews.co.nz/ cyberbullying-and-teens

Resource C

Gordon, Sherri. (2002). The real-life effects of cyberbullying on children. https://www.verywellfamily.com/what-are-the-effects-of-cyberbullying-460558

Resource D

https://bullyingfree.nz/about-bullying/the-effects-of-bullying/

Resource E

https://mentalhealth.org.nz/resources/resource/how-to-be-an-upstander

Resource F

https://www.newshub.co.nz/home/new-zealand/2018/11/stand-strong-nz-new-series-calls-for-a-tougher-stance-on-school-bullying.html