

To be completed by candidate

NSN

School Code

SUPERVISOR'S USE ONLY

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This assessment is based on a now-expired version of the achievement standard and may not accurately reflect the content and practice of external assessments developed for 2024 onwards.

Draw a cross through the box (☒) if you have NOT written in this booklet

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92010



Mana Tohu Mātauranga o Aotearoa
New Zealand Qualifications Authority

Level 1 Health Studies RAS 2023

92010 Demonstrate understanding of personal, interpersonal, and societal factors that influence hauora

Credits: Five

PILOT ASSESSMENT

Achievement	Achievement with Merit	Achievement with Excellence
Demonstrate understanding of personal, interpersonal, and societal factors that influence hauora	Explain personal, interpersonal, and societal factors that influence hauora	Evaluate personal, interpersonal, and societal factors that influence hauora

Check that the National Student Number (NSN) on your admission slip is the same as the number at the top of this page.

There are questions on two topics in this booklet. Choose ONE question to answer.

Make sure you have Resource Booklet 92010R.

If you need more room for any answer, use the extra space provided at the back of this booklet.

Check that this booklet has pages 2–15 in the correct order and that none of these pages is blank.

Do not write in any cross-hatched area (). This area may be cut off when the booklet is marked.

YOU MUST HAND THIS BOOKLET TO THE SUPERVISOR AT THE END OF THE EXAMINATION.

INSTRUCTIONS

The questions relate to two topics. Choose ONE question to answer.

- Question One: Mental health (page 4) *OR*
- Question Two: Food and nutrition (page 9)

The Resource Booklet includes resources relating to each question. Read the resources before you begin.

You can use the planning page on page 3.

PLANNING

Personal factors

Interpersonal factors

Societal factors

EITHER: QUESTION ONE: Mental Health

Use Resources A to E to answer this question.

- (a) (i) Identify from the scenario in Resource C, ONE **personal factor** that could be affecting April's views about her future.

- (ii) Explain how TWO dimensions of hauora could be influenced by the personal factor you have identified above.

Dimension of hauora (1): _____

Dimension of hauora (2): _____

- (b) (i) Identify from the scenario, **ONE interpersonal factor** that could be affecting April’s views about her future.

- (ii) Explain how **TWO** dimensions of hauora could be influenced by the interpersonal factor you have identified above.

Dimension of hauora (1): _____

Dimension of hauora (2): _____

(c) (i) Identify from the scenario, ONE **societal factor** that could be affecting April's views about her future.

(ii) Explain how TWO dimensions of hauora could be influenced by the societal factor you have identified above.

Dimension of hauora (1): _____

Dimension of hauora (2): _____

OR: QUESTION TWO: Food and nutrition

Use Resources A, B, F, G and H to answer this question.

- (a) (i) Identify from the scenario in Resource F, ONE **personal factor** that could be affecting April's food choices?

- (ii) Use your nutritional knowledge to identify TWO food groups that April will need to support her hauora. Give an example for each food group.

Food group (1):

Food group (2):

(iii) Explain how TWO dimensions of hauora could be influenced by the food groups you have identified in (a)(ii).

Dimension of hauora (1): _____

Dimension of hauora (2): _____

- (b) (i) Identify from the scenario, ONE interpersonal factor that could be affecting April’s food choices.

- (ii) Explain how TWO dimensions of hauora could be influenced by the interpersonal factor you have identified above.

Dimension of hauora (1): _____

Dimension of hauora (2): _____

- (c) (i) Identify from the scenario, ONE **societal factor** that could be affecting April's food choices.

- (ii) Explain how TWO dimensions of hauora could be influenced by the societal factor you have identified above.

Dimension of hauora (1): _____

Dimension of hauora (2): _____

- (d) (i) Explain how a combination of two or more factors interact, or work together, to influence April’s hauora. Give two examples.

First example where factors interact: _____

Second example where factors interact: _____
