

91235



Draw a cross through the box (☒)

if you have NOT written in this booklet

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Mana Tohu Mātauranga o Aotearoa

New Zealand Qualifications Authority

Level 2 Health 2024

91235 Analyse an adolescent health issue

Credits: Five

Achievement	Achievement with Merit	Achievement with Excellence
Analyse an adolescent health issue.	Analyse in depth, an adolescent health issue.	Analyse comprehensively, an adolescent health issue.

Check that the National Student Number (NSN) on your admission slip is the same as the number at the top of this page.

**You should attempt ALL parts of the question in this booklet.**

Pull out Resource Booklet 91235R from the centre of this booklet.

If you need more room for any answer, use the extra space provided at the back of this booklet.

Check that this booklet has pages 2–8 in the correct order and that none of these pages is blank.

Do not write in the margins (/////////). This area will be cut off when the booklet is marked.

**YOU MUST HAND THIS BOOKLET TO THE SUPERVISOR AT THE END OF THE EXAMINATION.**

**INSTRUCTIONS**

In this assessment you are required to analyse the issue of **stress and anxiety**.

To support your analysis when answering all parts of the question, refer to the resource material found in **Resource Booklet 91235R**, and your own knowledge about the personal, interpersonal, and societal factors surrounding the stress and anxiety of teenagers in New Zealand.

Space for planning your answers is provided below.

**PLANNING**

## QUESTION

Refer to the scenario on page 2 of the resource booklet, **Resources A to D**, and your own knowledge when completing all parts of the question.

- (a) Explain a personal, interpersonal, and societal influence that may be contributing to Ari's stress and anxiety.

- (i) Personal (Ari):

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- (ii) Interpersonal (others):

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- (iii) Societal (school or New Zealand community):

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- (c) Explain how the consequences of stress and anxiety could impact the wider New Zealand community.

- (d) Recommend a personal, an interpersonal, and a societal health-enhancing strategy that could be put in place to reduce stress and anxiety for Ari, others in the scenario, and the school or New Zealand community.

Explain how each of your three chosen strategies will address the influences and enhance the consequences to improve well-being.

- (i) Personal strategy (Ari):

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- (ii) Interpersonal strategy (others):

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Extra space if required.  
Write the question number(s) if applicable.

QUESTION  
NUMBER

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