SUPERVISOR'S USE ONLY

Tirohia te uhi o muri e kitea ai te whakapākehātanga o tēnei uhi

2

91235M

912355

Tuhia he (☒) ki te pouaka mēnā kāore koe i tuhi kōrero ki tēnei puka

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NZQA

Mana Tohu Mātauranga o Aotearoa
New Zealand Qualifications Authority

Te Hauora, Kaupae 2, 2024

91235M Te tātari i tētahi take hauora e pā ana ki te taiohi

Ngā whiwhinga: E rima

Paetae	Kaiaka	Kairangi
Te tātari i tētahi take hauora e pā ana ki te taiohi.	Te tātari i tētahi take hauora e pā ana ki te taiohi, kia hōhonu.	Te tātari i tētahi take hauora e pā ana ki te taiohi, kia tōtōpū.

Tirohia kia kitea ai e rite ana te Tau Ākonga ā-Motu (NSN) kei runga i tō puka whakauru ki te tau kei runga i tēnei whārangi.

Me whakamātau koe i ngā wāhanga KATOA o te tūmahi kei roto i tēnei pukapuka.

Tangohia Te Pukapuka Rauemi 91235MR mai i te puku o tēnei pukapuka.

Ki te hiahia wāhi atu anō koe mō ō tuhinga, whakamahia ngā whārangi wātea kei muri o tēnei pukapuka.

Tirohia kia kitea ai e tika ana te raupapatanga o ngā whārangi 2–15 kei roto i tēnei pukapuka, ka mutu, kāore tētahi o aua whārangi i te takoto kau.

Kaua e tuhi i ngā paenga (). Ka poroa taua wāhanga ka mākahia ana te pukapuka.

HOATU TE PUKAPUKA NEI KI TE KAIWHAKAHAERE HEI TE MUTUNGA O TE WHAKAMĀTAUTAU.

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Kāore e whakaaetia ana kia tāruahia tētahi paku wāhanga o tēnei pukapuka ki te kore te Mana Tohu Mātauranga e mātua whakaae.

NGĀ TOHUTOHU

I tēnei aromatawai, me tātari rawa koe i te take o te **kohuki me te āwangawanga.**

E taunakitia ai tō tātari i te wā e whakaoti ana koe i ngā wāhanga katoa o te tūmahi, kōrerotia ngā rauemi ka kitea i te **Pukapuka Rauemi 91235R**, me ōu anō mōhiotanga ki ngā āhuatanga whaiaro, ki ngā āhuatanga whakahoahoa, ki ngā āhuatanga pāpori hoki e hāngai ana ki te kohuki me te āwangawanga o te taiohi i Aotearoa.

He wāhi wātea kei raro iho nei hei wāhi whakamahere.

TE WHAKAMAHERE

INSTRUCTIONS

In this assessment you are required to analyse the issue of **stress and anxiety**.

To support your analysis when answering all parts of the question, refer to the resource material found in **Resource Booklet 91235R**, and your own knowledge about the personal, interpersonal, and societal factors surrounding the stress and anxiety of teenagers in New Zealand.

Space for planning your answers is provided below.

PLANNING

TE TŪMAHI

Kōrerotia te tūāhua kei te whārangi 2 o te pukapuka rauemi, **Ngā Rauemi A ki te D**, me ōu anō mōhiotanga i a koe e whakaoti ana i ngā wāhanga katoa o te tūmahi.

(a) Whakamāramatia tētahi whakaawenga whaiaro, tētahi whakaawenga whakahoahoa, me tētahi whakaawenga pāpori e whai wāhi ana pea ki te kohuki me te āwangawanga o Ari.

(i) Te whaiaro (ko Ari):

(ii) Te whakahoahoa (ko ētahi atu):

(iii) Te pāpori (te hapori o te kura, te hapori whānui rānei o Aotearoa):

QUESTION

Refer to the scenario on page 2 of the resource booklet, **Resources A to D**, and your own knowledge when completing all parts of the question.

(a) Explain a personal, interpersonal, and societal influence that may be contributing to Ari's stress and anxiety.

(i) Personal (Ari):

(ii) Interpersonal (others):

(iii) Societal (school or New Zealand community):

(b) Whakamāramatia mai te pānga ka puta pea ki te oranga o Ari i te kohuki me te āwangawanga. I tō tuhinga, whakaarohia ngā hua taupoto me ngā hua tauroa.

(i) Ngā hua taupoto:

(ii) Ngā hua tauroa:

(b) Explain the impact that stress and anxiety may have on Ari's well-being. In your answer, consider both the possible short-term and long-term consequences.

(i) Short-term consequences:

(ii) Long-term consequences:

(c) Whakamāramatia te āhua o te pānga ka puta pea ki te hapori whānui o Aotearoa i ngā rara o te kohuki me te āwangawanga.

Tēnā, hurihia te whārangi ➤

(c) Explain how the consequences of stress and anxiety could impact the wider New Zealand community.

Please turn over ➤

(d) Tūtohua tētahi rautaki whaiaro, tētahi rautaki whakahoahoa me tētahi rautaki pāpori hei whakapiki i te hauora, hei whai pea, e heke ai te kohuki me te āwangawanga o Ari, o ētahi atu o taua tūāhua, me te hapori o te kura, o te hapori whānui rānei o Aotearoa.

Whakamāramatia te āhua o te arohia o ngā whakaawenga; o te whakapainga ake hoki o ngā rara hei whakapiki i te oranga, i tēnā, i tēnā o ngā rautaki e toru kua kōwhiria e koe.

(i) Te rautaki whaiaro (ko Ari):

(ii) Te rautaki whakahoahoa (ko ētahi atu tāngata):

(d) Recommend a personal, an interpersonal, and a societal health-enhancing strategy that could be put in place to reduce stress and anxiety for Ari, others in the scenario, and the school or New Zealand community.

Explain how each of your three chosen strategies will address the influences and enhance the consequences to improve well-being.

(i) Personal strategy (Ari):

(ii) Interpersonal strategy (others):

(iii) Te rautaki pāpori (te hapori o te kura, te hapori whānui rānei o Aotearoa):

(iii) Societal strategy (school or New Zealand community):

He whārangi tāpiri tēnei hei whakaoti i ō whakautu mēnā e hiahiatia ana. Āta tuhia te tau o te pātai.

TAU PĀTAI

He whārangi tāpiri tēnei hei whakaoti i ō whakautu mēnā e hiahiatia ana. Āta tuhia te tau o te pātai.

TAU PĀTAI

English translation of the wording on the front cover

Level 2 Health 2024

91235M Analyse an adolescent health issue

Credits: Five

91235M

Achievement	Achievement with Merit	Achievement with Excellence
Analyse an adolescent health issue.	Analyse in depth, an adolescent health issue.	Analyse comprehensively, an adolescent health issue.

Check that the National Student Number (NSN) on your admission slip is the same as the number at the top of this page.

You should attempt ALL parts of the question in this booklet.

Pull out Resource Booklet 91235MR from the centre of this booklet.

If you need more room for any answer, use the extra space provided at the back of this booklet.

Check that this booklet has pages 2–15 in the correct order and that none of these pages is blank.

Do not write in the margins (). This area will be cut off when the booklet is marked.

YOU MUST HAND THIS BOOKLET TO THE SUPERVISOR AT THE END OF THE EXAMINATION.

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