

91300



Draw a cross through the box (X) if you have NOT written in this booklet

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Mana Tohu Mātauranga o Aotearoa

New Zealand Qualifications Authority

# Level 2 Home Economics 2025

## 91300 Analyse the relationship between well-being, food choices and determinants of health

Credits: Four

Achievement	Achievement with Merit	Achievement with Excellence
Analyse the relationship between well-being, food choices and the determinants of health.	Analyse, in depth, the relationship between well-being, food choices and the determinants of health.	Comprehensively analyse the relationship between well-being, food choices and the determinants of health.

Check that the National Student Number (NSN) on your admission slip is the same as the number at the top of this page.

**You should attempt ALL the questions in this booklet.**

Pull out Resource Booklet 91300R from the centre of this booklet.

If you need more room for any answer, use the extra space provided at the back of this booklet.

Check that this booklet has pages 2–8 in the correct order and that none of these pages is blank.

Do not write in the margins (// // //). This area will be cut off when the booklet is marked.

**YOU MUST HAND THIS BOOKLET TO THE SUPERVISOR AT THE END OF THE EXAMINATION.**

**INSTRUCTIONS**

Read **Resource Booklet 91300R** and refer to it, as well as your own knowledge, when answering ALL parts of the question in this booklet.

Include relevant examples from the scenario (Resource B).

Consider how the following determinants of health affect food choices and well-being:

- access to healthy food
- unemployment
- choose (✓) ONE of the following:

☐

Social gradient

☐

Social support

☐

Access to transport

**PLANNING**

## QUESTION

- (a) Explain how **access to healthy food** influences the Wilson family's food choices.

- (b) Explain how Sam's **unemployment** influences the Wilson family's food choices.

- (c) Explain how food choices affect the four dimensions of well-being (Resource A) of the members of the Wilson family, from BOTH a **positive** and a **negative** perspective.

Social/taha whānau: \_\_\_\_\_

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Physical/taha tinana: \_\_\_\_\_

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Spiritual/taha wairua: \_\_\_\_\_

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Mental and emotional/taha hinengaro: \_\_\_\_\_

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Use the following determinants of health to answer part (d):

- access to healthy food
- unemployment
- your chosen determinant (from page 2): \_\_\_\_\_

(d) Explain how the determinants of health above **interconnect** to enhance **and** restrict the Wilson family's food choices **and** well-being.



Extra space if required.  
Write the question number(s) if applicable.

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QUESTION  
NUMBER

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