SUPERVISOR'S USE ONLY

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Draw a cross through the box (☒) if you have NOT written in this booklet

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NZQA | Mana Tohu Mātauranga o Aotearoa
New Zealand Qualifications Authority

Level 1 Health Studies 2026

92010 Demonstrate understanding of factors that influence hauora

Credits: Five

Achievement	Achievement with Merit	Achievement with Excellence
Demonstrate understanding of factors that influence hauora.	Explain factors that influence hauora.	Evaluate factors that influence hauora.

Check that the National Student Number (NSN) on your admission slip is the same as the number at the top of this page.

You should attempt ALL parts of the question in this booklet.

Pull out Resource Booklet 92010R from the centre of this booklet.

If you need more room for any answer, use the extra space provided at the back of this booklet.

Check that this booklet has pages 2–8 in the correct order and that none of these pages is blank.

Do not write in the margins (▨). This area will be cut off when the booklet is marked.

YOU MUST HAND THIS BOOKLET TO THE SUPERVISOR AT THE END OF THE EXAMINATION.

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INSTRUCTIONS

In this assessment, you are required to analyse a scenario about Leo, a Year 11 student who is navigating changes in his peer group.

Read **Resource Booklet 92010R** before answering the question beginning on page 3. Refer to the resource, as well as your own knowledge about factors that influence hauora, to respond to ALL parts of the question.

Planning space is provided below.

DEFINITION: Factor

A circumstance, fact, or influence relevant to a context. Factors can be personal, interpersonal, and societal.

PLANNING

Consider the influencing factors in the scenario.

QUESTION

(a) Describe THREE key factors from the scenario and explain how they influence Leo's hauora.

Factor 1:

Factor 2:

Factor 3:

(b) (i) Explain how any TWO factors could work together (interrelate) to influence Leo's hauora in the **short term** and why the factors are significant. You may use factors identified from part (a) or any new factors.

(ii) Explain how any TWO factors could work together (interrelate) to influence Leo's hauora in the **long term** and why the factors are significant. You may use factors identified from part (a) or any new factors.

(c) Evaluate how the factors in the scenario could impact the following groups:

Peer groups:

School community:

Wider community:

Extra space if required.
Write the question number(s) if applicable.

QUESTION NUMBER

Extra space if required.
Write the question number(s) if applicable.

QUESTION NUMBER

92010