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91304



913040



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Level 2 Home Economics, 2017

91304 Evaluate health promoting strategies designed to address a nutritional need

9.30 a.m. Wednesday 22 November 2017
Credits: Four

Achievement	Achievement with Merit	Achievement with Excellence
Evaluate health promoting strategies designed to address a nutritional need.	Evaluate, in depth, health promoting strategies designed to address a nutritional need.	Critically evaluate health promoting strategies designed to address a nutritional need.

Check that the National Student Number (NSN) on your admission slip is the same as the number at the top of this page.

You should attempt ALL parts of the question in this booklet.

Pull out Resource Booklet 91304R from the centre of this booklet.

If you need more room for any answer, use the extra space provided at the back of this booklet.

Check that this booklet has pages 2–8 in the correct order and that none of these pages is blank.

YOU MUST HAND THIS BOOKLET TO THE SUPERVISOR AT THE END OF THE EXAMINATION.

**Low
Achievement**

TOTAL

3

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INSTRUCTIONS

Read **Resource Booklet 91304R**, and choose **TWO** of the three **health-promoting strategies** to compare their effectiveness, when answering the question in this booklet.

Identify your **TWO** chosen strategies below.

First strategy: *Strategy A "Health Awareness Week"*

Second strategy: *Strategy B #OurCommunityCan Campaign*

Use page 3 to plan, then begin your written response on page 4.

QUESTION

Justify which of your chosen strategies would be **more effective** in encouraging communities to choose healthy snacks and drinks to maintain good health.

In your answer, consider:

- the effectiveness of **BOTH** of your chosen strategies, in relation to three determinants of health: **social, economic, and environmental** (physical access) **factors**
- the limitations and benefits of **BOTH** of your chosen strategies
- the attitudes and values of the people involved
- the three **models of health promotion**.

Use examples from the resource booklet to support your answer.

PLANNING (OPTIONAL)	
First strategy: <i>A</i>	Second strategy: <i>B</i>
How the strategy encourages communities to choose healthy snacks and drinks:	
<ul style="list-style-type: none"> - //A nutritionist running workshops - asking face to face - asking question - Videos to demonstrate good oral hygiene and effects of poor oral hygiene. - Giving out healthy food - Receiving knowledge 	<ul style="list-style-type: none"> - Not selling pies, sausage rolls and drinks to students (Teenagers) - Ways of selling snacks and drinks in the communities
Effectiveness of the strategy in relation to social, economic, and environmental factors:	
<ul style="list-style-type: none"> * Social - getting together * Economic - not expensive * Environmental 	<ul style="list-style-type: none"> * Social <ul style="list-style-type: none"> - Time, work * Economic <ul style="list-style-type: none"> - money (not wasting) saving * Environment
Limitations and benefits of the strategy, considering attitudes and values of the people involved, and the models of health promotion:	
<ul style="list-style-type: none"> Limitations - not enough time, far away, not valuing the healthy food and good health Benefits - have good knowledge of healthy eating, make an goal to change life style by eating healthy snacks and drinks and staying fit and have good health 	<ul style="list-style-type: none"> Limitations <ul style="list-style-type: none"> - still buying Benefits <ul style="list-style-type: none"> - not wasting money in snacks and drinks that are unhealthy - Less tooth decay problems in communities - choosing not to eat unhealthy foods

Justify which of your chosen strategies would be **more effective** in encouraging communities to choose healthy snacks and drinks to maintain good health.

In your answer, consider:

the effectiveness of BOTH of your chosen strategies, in relation to three determinants of health: **social, economic, and environmental** (physical access) **factors**

the limitations and benefits of BOTH of your chosen strategies

- the attitudes and values of the people involved
- the three **models of health promotion**.

Use examples from the resource booklet to support your answer.

More effective strategy: Strategy A "Health Awareness Week"

Justification: Strategy A would be more effective in encouraging communities to choose healthy snacks and drinks to maintain good health because it involves collective action within the communities. Because this program happens in the school holidays a lot of teenagers and children are able to go and learn about healthy snacks and drinks and even get to participate in the activities with friends. It is not expensive to enter they just so it is cheap they just have to pay a gold coin for donation to enter and learn a lot. It is easier because it happens at the school that is close and within the community. Strategy B is less effective because the ~~near~~ local dairies ~~has~~ will not sell snacks and drinks at all for teenagers (student). It is good to eat snacks and drinks sometimes because

There are good fatty on them which gives ~~energy~~ us energy which is essential for teenagers and children as they are growing and does exercise often. It is not very expensive and it is ~~easy to~~ ~~accessible~~ easy to get them from supermarket and local ^B dairies within the community.

Strategy A & B^B limitations are that not many people in the community have ~~time~~ enough time to get involve in activities like this and for some people it might be far away from them regarding their ~~transport~~ people may not have cars.

Strategy A & B Benefits are people get to know a lot about healthy eating and have knowledge of what to eat. ~~and what~~ It will help them save money by not wasting in buy snacks and drinks that are unhealthy. There will be less tooth decay issues in the communities. Some people may not value the healthy eating life style that they choose to eat unhealthy food that is bad for their health whereas there ~~is~~ ~~are~~ ~~some~~ are people what wants to change their life eating life style and be fit as possible by avoiding ^{unhealthy} snacks and drinks that causes ~~harm~~ diseases like obesity and high blood pressure & diabetes.

They set personal goals to achieve good health and also get involve in the program like these which means they value and love them being in a good health and will completely change their ~~to~~ eating life style //

Extra space if required.
Write the question part(s) if applicable.

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QUESTION
PART

91304

Lined area for writing answers to the question part.

Annotated Exemplar

Achievement exemplar 2017

Subject:	Home Economics	Standard:	91304	Total score:	03
Q	Annotation				
	<p>The candidate makes a valid judgement based on the effectiveness of both strategies in encouraging communities to choose healthy snacks and drinks to maintain good health.</p> <p>The candidate provides a valid limitation and benefit for one of the strategies. For the first strategy, the candidate identifies economic, social, and environmental factors, but does not explain them.</p> <p>For the second strategy, the candidate does not state or discuss the social factor.</p> <p>The candidate needed to explain the three factors (in relation to both strategies), and a valid limitation and benefit for each of the strategies needed to be discussed to gain an A4 grade.</p>				