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91235



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Mana Tohu Mātauranga o Aotearoa  
New Zealand Qualifications Authority

## Level 2 Health 2023

### 91235 Analyse an adolescent health issue

Credits: Five

Achievement	Achievement with Merit	Achievement with Excellence
Analyse an adolescent health issue.	Analyse in depth, an adolescent health issue.	Analyse comprehensively, an adolescent health issue.

Check that the National Student Number (NSN) on your admission slip is the same as the number at the top of this page.

**You should attempt ALL parts of the question in this booklet.**

Pull out Resource Booklet 91235R from the centre of this booklet.

If you need more room for any answer, use the extra space provided at the back of this booklet.

Check that this booklet has pages 2–8 in the correct order and that none of these pages is blank.

Do not write in any cross-hatched area (⊘). This area will be cut off when the booklet is marked.

**YOU MUST HAND THIS BOOKLET TO THE SUPERVISOR AT THE END OF THE EXAMINATION.**

Merit

TOTAL 05

### INSTRUCTIONS

In this assessment, you are required to analyse a health issue involving **drug use**.

Refer to the information in **Resource Booklet 91235R** as well as your own knowledge to support your analysis as you answer all parts of the question.

### PLANNING

## QUESTION

Refer to Resources A, B, and C.

(a) Explain how adolescents' vaping habits can be influenced by the following factors.

(i) Societal pressures

Societal pressures such as shops providing near school, stated in Resource A. This influences adolescents as they would like to go there and are attracted to new flavours with attractive packaging wanting them to purchase a vape and give it a try. Resource B shows online marketing advertisements with different colourful, flavours, and discounts, promoting vapes again influencing adolescents to want to try it.

(ii) Their peers

In Resource A it's said "They keep telling me it's harmless but I'm not sure". From here we can see that her friends/peers from class peer pressure Sam into trying a vape. This influences an adolescent as they feel the need to try vape in order to fit in with their peers, otherwise they might feel left out, or get bullied by them.

(iii) Their own personal attitudes and values

From Resource A we can see that in this case, Sam, doesn't have much understanding of vapes. She sees peer from her class cough a lot or feel the need to take vape when they're anxious. Resource C states that "Vaping was perceived as being low-risk by teenagers". This shows that teenagers/adolescents think/believe that vaping has lower risks than smoking, so it is good for them.



## Refer to Resources C and D.

- (b) (i) In what ways can an adolescent's short-term well-being be affected by their vaping habits?

A personal short-term consequence that can affect an adolescent by their vaping habits is how nicotine impacts learning and memory seen in Resource C. This affects their well-being as during school times, they won't be able to focus and will forget everything when it comes to final papers which causes them extra stress, and mentally worried, physically exposure to vape (nicotine) alters with the brain development, and getting bad grades may lower their self-esteem and self-confidence, wanting to isolate themselves.

- (ii) If an adolescent continues to vape in the long term, how could this affect the well-being of themselves, others, and the wider New Zealand community?

A personal long-term consequence of an adolescent vaping is addiction, which causes/increases risk of heart disease and cancer<sup>lung/</sup>. This impacts the well-being because physically it damages lungs and heart, spiritually they may believe that they are getting weaker which lowers their self-confidence. Mentally and emotionally they may regret using/intaking vapes. Socially, they might feel ashamed to tell others that they are having to deal with these serious matters because they vaped.

An interpersonal long-term consequence of an adolescent vaping is certain friends who are against vaping may back away from you as they might think that you are a bad influence. Mentally and emotionally, this may hurt their feelings and they may start to feel unsafe and pressured around someone who vapes, the need to back off value their own physical being ~~anxious~~, ~~snaking~~ ~~year~~ ~~feel~~ ~~now~~ and ~~have~~ ~~lower~~ ~~self~~ ~~esteem~~ ~~self~~ ~~in~~ ~~yourself~~. Socially, you might not want to talk to ~~anyone~~ the adolescent that vapes as much. Physically, making them less motivated to go to school as they won't have their close friends/peers to hang out with. A <sup>a believe that no one would like them.</sup>

Societal long-term consequence on the wider New Zealand community of adolescents vaping is people generally teenagers within a community may start to believe that vaping is <sup>okay</sup> good for them as it is not smoking and used to stop smoking. <sub>Extra page</sub>



(c) Possible health-enhancing strategies to manage the impact of vaping include:

- raising the legal age to purchase vape products to 21 years
- banning store window advertising and product display by retailers
- preventing the sale of vaping products by retailers within a one kilometre radius of any school.

(i) Choose one strategy from the list above, or identify a possible strategy of your own.

Preventing the sale of vaping products by retailers within one kilometre radius of any school.

(ii) Explain how this strategy could enhance the health and well-being of adolescents, their peers, and the wider community.

By preventing access to vaping products within one kilometre of any school helps adolescents by allowing less purchases of vaping products. So when an adolescent goes to school they cannot just go to somewhere near school and purchase a vape. This lowers the chances of addiction as well because if the vaping products finish they are unable to easily access a vape during school times. This enhances an adolescents well being as it lowers the use of vapes and exposure to nicotine. Physically, means less chances of lung/heart disease or cancer. Spiritually, they may start to believe that it is best for them to not take vape or lower the use. Socially, they may feel better and open up to people rather than taking a vape to relieve themselves. Mentally and emotionally they may start to feel proud of themselves. Taking this strategy they may ~~not~~ start to understand the negative impacts caused by vaping. This strategy can ~~also~~ enhance the health and well being of others, as access to vape will lower, lowering the use of vape in schools. This allows family and friends to feel better around you as you ~~are~~ <sup>do</sup> not vape as much like before. The peers can also express how they feel around them, which may allow the adolescents who vape to stop vaping. Mentally and emotionally ~~the~~ peers will ~~not~~ <sup>start to feel</sup> safer around them. Spiritually, they may believe that this strategy is a good way to lower their peers intake of



vapour (vape aerosol). ~~Overall, having a vape shop nearby school has a positive impact on the wider community.~~

Physically, peers will feel motivated to go to school knowing that it is a safer and healthier place than before, where majority of the students vaped. Socially, they won't feel the need to avoid people as much. This strategy can enhance the health and well being of the wider community as it reduces <sup>vape purchased by</sup> adolescents and ~~people~~ young adults going to school. <sup>\*</sup> This allows students to focus in their studies it allows them to sit the exams ~~and~~ <sup>with</sup> the likelihood to pass. This strategy aids to ~~reduce~~ <sup>reduce</sup> the academic failure within the community, reducing vapers and making it a safe and comfortable space to be in. Mentally and Emotionally, they may feel happy that their community is taking action. Physically, making the community a healthier place. Spiritually, they may believe that there is potential within the community to make it a better place and a good academic community. Socially, allowing ~~the~~ the community to become a better place and allowing interactions between one another.

Overall, this strategy comes together and takes action to improve the well beings of adolescents, their peers, and the wider community as it lowers the rate of young adults and adolescents vaping, making it a safer, healthier, better place compared to other communities which have easier access to vape. ~~and~~ ~~therefore~~

<sup>\*</sup> It also addresses the societal pressure influence of having vape shop nearby school.



Extra space if required.

Write the question number(s) if applicable.

QUESTION  
NUMBER

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increasing the rates of adolescents vaping. It is shown in Resource C that daily vaping has increased from 5% to 15%. This values and beliefs of adolescents, young adults, within a community to start vaping, not knowing the consequences, but knowing that it is better than smoking. Slowly, as people within a community start vaping, ~~people~~ adolescents are likely to be stood down or drop out of school, causing academic failure within a community. This impacts ~~the~~ <sup>the</sup> well-being because the community ~~is~~ might start to become a bubble ~~where~~ <sup>where</sup> everyone ~~smokes~~ <sup>vapes</sup>. Getting people to move away as they feel insecure. Socially, they might decide to stay away from people who vape, and stay away from the vapour (vape aerosol) being let out. Spiritually, they may believe that adolescents vaping are unable to achieve something bigger in life as they are told to leave school or drop out, causing academic failure to increase.

## Merit

**Subject:** Health

**Standard:** 91235

**Total score:** 05

Q	Grade score	Marker commentary
One	M5	<p>The candidate has clearly explained the personal, interpersonal, and societal influences on an adolescent regarding vaping. They have explained a range of short-term and long-term consequences for the adolescents.</p> <p>The candidate includes an explanation of how the strategies for promoting well-being are related to the influences. The chosen strategy is health enhancing and the response includes an explanation of how it will improve the adolescent's well-being and that of others and society.</p>