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91238



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Mana Tohu Mātauranga o Aotearoa  
New Zealand Qualifications Authority

## Level 2 Health 2023

### 91238 Analyse an interpersonal issue(s) that places personal safety at risk

Credits: Four

Achievement	Achievement with Merit	Achievement with Excellence
Analyse an interpersonal issue(s) that places personal safety at risk.	Analyse in depth, an interpersonal issue(s) that places personal safety at risk.	Analyse comprehensively, an interpersonal issue(s) that places personal safety at risk.

Check that the National Student Number (NSN) on your admission slip is the same as the number at the top of this page.

**You should attempt ALL parts of the question in this booklet.**

Pull out Resource Booklet 91238R from the centre of this booklet.

If you need more room for any answer, use the extra space provided at the back of this booklet.

Check that this booklet has pages 2–11 in the correct order and that none of these pages is blank.

Do not write in any cross-hatched area (DO NOT WRITE). This area will be cut off when the booklet is marked.

**YOU MUST HAND THIS BOOKLET TO THE SUPERVISOR AT THE END OF THE EXAMINATION.**

Merit

TOTAL 06

**INSTRUCTIONS**

In this assessment, you are required to analyse the issue of **bullying**.

Refer to the information in **Resource Booklet 91238R** as well as your own knowledge about the personal, interpersonal, and societal factors surrounding bullying, to support your analysis as you answer all parts of the question.

Influences

**PLANNING**

Personal - the teammate might like this person or feels jealous about the situation so decided to do this, scared to talk in real life.  
interpersonal - they have been bullied before, so they do this like what  
Societal - happened to them.

## QUESTION

Refer to all resources, as well as your own knowledge of bullying, when answering parts (a) and (b).

**A power imbalance** is when one person uses something they have, like physical strength, access to embarrassing information, or popularity, to control or harm others.

A power imbalance can change over time and in different situations, even if it involves the same people.

- (a) Discuss how the power imbalances in **Resource B** contribute to the bullying in this scenario. Consider a combination of personal, interpersonal, and societal factors.

In this scenario, cyberbullying is the type of bullying which has happened between friends. This is power imbalance because the teammate in the sports team has shared a conversation that is private between two people which has been shared with others ~~in form of~~. Cyberbullying is so common because it is a quick way and ~~don't~~ doing it as a unknown person, whereas in real life bullying they cannot be ~~know~~ unknown. One of the personal factors which influences the Quinn's friend in to sharing this screenshot could be because, the person sharing this screenshot might have feelings for Quinn which could lead in to them having jealousy by seeing the chats between Quinn and Maddi, which they do share the screenshot, hoping the relationship between Quinn and Maddi will end. Since it's unknown of who did it, ~~It a way of~~ bullying the person probably did it without thinking of the further consequences on what the person could face to.

One of the interpersonal factors which influences Quinn's teammate into sharing this screenshot could be because the teammate who shared the screenshot has been cyberbullied

cyberbullied before which influenced them to do ~~do~~ cyberbullying like this by sharing a private conversation between two individuals. Since this teammate might have trauma or bad experienced on the same type of online cyberbullying which made them to be influence to doing it for others without thinking on how the other person involved in the situation might feel. One of the social factors which influenced this teammate into sharing this screenshot could be because social media, as many teenagers are now active on different types of social media platform and they now connect with others like friends through social media which they see scenarios like cyberbullying in different way happening to others in social media and the teammate could have been influenced by social media into sharing this screenshot. The teammate could have done this to get more popularity in their social media accounts. As for something like this, everyone becomes entertained and share it among people and laugh about it. Therefore the teammate could have been influenced by social media of seeing other types of online cyberbullying which happened to others and how everyone started talking about it into becoming popular in the school, which influenced this teammate to be influenced into doing this. There could be many reasons how the bully would have been influenced into doing this which they could have done knowingly or not knowingly of what they are doing is wrong.

(b) How is the well-being of those involved in the scenario in **Resource B** at risk due to the power imbalances? Consider:

- the short- and long-term effects on well-being
- the well-being of those affected both directly and indirectly.

The person getting cyberbullied which in this scenario Maddi could have many effect by being cyberbullied. After Maddi seeing how the screenshots have been shared around

so many people on social media and seeing the negative comments which they have made for Maddi, a personal

short term effect Maddi could have is being embarrassed and anxious <sup>and stressed</sup> on the text messages as her friends and other

people in the school sees it. This could be why Maddi leaves class because she suddenly feel too embarrassed to face her

friends about the situation so she run away from the

problems. long term personal effect Maddi could have

because of this cyberbullying is that she would feel like isolating herself and being alone of what happened as she doesn't want to face anyone after this. This could lead

for <sup>her</sup> her to have depression and have low self esteem.

Maddi will start to doubt her worth and value which

these will lead her to into having physical effect such as gastrointestinal issues, disordered eating and sleep

disturbance which is caused because of isolation and anxiety as Maddi decides to cut off herself from family, friend and

social media. Because of Maddi being isolated which cause

her to skipping school, this could lead ~~to~~ her to have

academic issues, which will cause her to getting bad grades

which will affect her future self and career in long term

effects. An interpersonal short term effect Maddi could

have is not talking to her friends especially her best friend

or her close friends as she is cutting off connection with

them for the time being after what happened cause she is embarrassed about it and doesn't want to talk about it with anyone. As in a long term effect of this Maddi could end up losing all her close friendships she had in school and outside of school which she will be left with none. because of isolation, Maddi could lose her close relationship with her family as she chooses to isolate herself and cut off talking with others.

A societal short term effect could be that seeing their cyberbullying, other students in the school feel worried and the students might get uncomfortable coming to the school as they might be worried if they will also get cyberbullied since it is already happening in their school. In long term effect of this, the student who feel worried might not come to school or change schools to another school as they also don't want to get cyberbullied like Maddi. this will become a problem towards school as the students can't do well at school when they feel unsafe like this cause if these scenarios happen at school plus the student's parents would be also worried in sending the child to the school cause of this as they don't want their child to get affected from it. Therefore these short term and long term effects could have a huge impact on Maddi's life and ~~her~~ her future self and this could affect other around Maddi, not only her.

- (c) Explain how two of the actions from **Resource E** could promote the well-being of people who experience bullying and others involved.

Consider the scenario in **Resource B** and all aspects of well-being.

Action (1)

One of the Actions in Resource E on How to be an upstander. one of the Actions is , support the person experiencing bullying. This is an important action to be taken by a upstander. In this ~~case~~ scenario, because of ~~the~~ cyberbullying, Maddi could be in isolation and have mental effects such as depression, as she is having ~~low~~ low self-esteem. An upstander in this scenario could be Maddi's ~~best~~ best friend Riley, who stayed silent when the cyberbullying was happening because she didn't want to get affected from it in her sports team by ~~not~~ helping Maddi. If Riley was being a upstander, she could have personally talked to Maddi and let her know that she is always with her no matter what even if Maddi is already getting bullied. this will ~~help~~ help Maddi to feel better and talk about her feeling with Riley so Maddi doesn't isolate herself. by Riley being a upstander and being there for Maddi will help Maddi to be strong and face the situation with confidence with being embarrassed and stressed which caused her to have low self esteem, ~~she~~ this could help Maddi to be strong, ~~and~~ which she can then try to ~~to~~ stop her being bullied since she knows she has Riley no matter what. this could be done by Maddi family also ~~but~~ since the bullying person as they ~~could~~ could support Maddi and talk it out with her so she doesn't feel alone when she is at home so she will be more stronger and have confidence to face the ~~challenges~~ challenges.

## Action (2)

~~Another Action from Resource A which support~~  
~~the person experiencing bu.~~ Another Action from Resource E  
 which could promote the wellbeing of Pepolo who experiencing  
 bullying is to get some other help. Another thing  
 the Upstander could do is to get other help from  
 some other Pepolo which would be more helpful. The  
 main help for Maddi would be getting help from a  
 trained helpline ~~and~~ counsellor. By Maddi talking her  
 feeling with the counsellor, she would feel more relaxed as  
 the counsellor would give her advice on how to be  
 assertive and not be stressed about the situation which  
 will help Maddi to have confidence. Another person  
 the upstander could get help it from the school community  
 by letting them know the scenario that has happened.  
 Then they could be involved in the issue and talk with  
 the bullier on how they should stop and let them know  
 the consequences of cyberbullying they could have which  
 will help Maddi for the cyberbullying to be stopped and  
 she wouldn't feel embarrassed to go to school. The  
 upstander could also get help from the sports team leader  
 or the captain by letting them know that this has been  
 done by one of the teammates in their team, so the team  
 captain could talk with them into stopping this ~~and~~  
 and letting them know that what they are doing is  
 not okay and what could be the possible consequences  
 of cyberbullying. By getting help from other, Maddi  
 wouldn't have effect such as depression or academic issues  
 as she will be going to school and ~~have~~ not cut relationships  
 with others ~~and~~ which will help her to be normal again  
 with her friend and family and this would be a great  
 example for other getting bullied in school to be stopped and act on time



## Merit

**Subject:** Health

**Standard:** 91238

**Total score:** 06

Q	Grade score	Marker commentary
One	M6	<p>The candidate describes in detail personal, interpersonal, and societal influences that underly bullying and the contributing interpersonal power imbalances. Social media was discussed in detail.</p> <p>The candidate described and explained short-term and long-term consequences for people and the school. Factors mentioned in the resources were used and expanded on, including how the bullying impacted the victim, other students attending school, and interrelationships.</p> <p>Positive actions were recommended from the resources, which would enhance the well-being of the people being bullied.</p> <p>To achieve a higher-grade, in-depth explanations of the factors, consequences and strategies need to be provided to show how this could combat the influences, provide support, and empower well-being.</p>