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92010



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Mana Tohu Mātauranga o Aotearoa
New Zealand Qualifications Authority

Level 1 Health Studies 2024

92010 Demonstrate understanding of factors that influence hauora

Credits: Five

Achievement	Achievement with Merit	Achievement with Excellence
Demonstrate understanding of factors that influence hauora.	Explain understanding of factors that influence hauora.	Evaluate understanding of factors that influence hauora.

Check that the National Student Number (NSN) on your admission slip is the same as the number at the top of this page.

You should attempt ALL parts of the task.

Pull out Resource Booklet 92010R from the centre of this booklet.

If you need more room for any answer, use the extra space provided at the back of this booklet.

Check that this booklet includes pages 2–11 in the correct order and that none of these pages is blank.

Do not write in the margins (/////). This area will be cut off when the booklet is marked.

YOU MUST HAND THIS BOOKLET TO THE SUPERVISOR AT THE END OF THE EXAMINATION.

Achievement

TOTAL 03

(b) (i) What factors might positively influence Zach's hauora?

B *I* U

Zach's positive factors that influences his hauora is all impacted with him being able to work at a local school and his hours allow him a better work/life/ family balance this allows zach to have a good job while also maintaining a good relationship with his family at home

(ii) What factors might negatively influence Zach's hauora?

B *I* U

Zach worries about his relationship with Anjali as she is so busy with work that he seems to spend more quality time with their kids but not with his wife Anjali who is always busy working at the city hospital

(iii) Considering the factors you identified in (b)(i) and (b)(ii), how do a range of different factors interrelate to influence Zach's overall hauora?

B *I* U

Zachs overall well being is him having time to spend with his kids but not being able to spend time with his wife which is why he is worried about his relationship with his wife Anjali.

(c) (i) For both Skye and Jai, what factors influence their hauora?

B *I* U

Skye is 14 who is very keen on sports and plays basketball twice a week. She likes to eat but always prefers chips and pizza as it fills her up quickly, often after training Skye and her friends grab takeaways so that they can relax and Socialise with each other. While Jai 17 wants to get the best grades possible because he wants to follow in his mothers footsteps and work in the health sector. Jai is happy about focusing on school and doing well academically.

(ii) How are Skye and Jai affected by a combination of these factors?

B *I* U

Skye is always social with others while Jai is a hardworker at school and wants to follow in his mothers footsteps

(d) Which factors affect the family's hauora the most? Explain **how** and **why**.

B *I* U

Social is a factor the affects the family's wellbeing the most because of Anjali whos working five days a week at the city hospital and always frusturated about the time she could be using with her family instead of work
Zach who always has time to have a good and stable relationship with their kids and not being able to spend time with his wife
Skye good at sports and plays alot of basketball always likes to eat and socialise with her friends after training
Jai a hardworker who wants the best grades to follow his mothers footsteps but his mother worried about Jai, thinks that he should be socialising more and playing sports.

(e) How might the family be affected by your identified factors in the long term?

B *I* U

in the long term i think that the mother Anjali should be trying to change her work schedule to try and have some quality time with her family and Zach trying to find ways to spend some time with his wife who is always busy at the hospital, and also Jai who is always focused on getting good grades which is really good for someone his age but should always have some time off and try and socialise with others and to be playing more sports.

Achievement

Subject: Health Studies

Standard: 92010

Total score: 03

Grade score	Marker commentary
A3	<p>The response has identified several factors influencing the family in the scenario and explained their influence on hauora, with examples.</p> <p>Elevating this response to merit requires an explanation of how these factors interrelate with one another by making clear connections between the different factors, and showing how they work together to influence the family's hauora. This should be demonstrated consistently throughout the paper.</p>