



Te Kaupae 1 Te Hauora 2023

92058 Te tautohu i ngā āhuatanga matua o te kaitiakitanga me te hononga ki te oranga

Ngā Whiwhinga: E 5

Kairangi	Kaiaka	Paetae
Ka whakamārama i ngā āhuatanga matua o te kaitiakitanga me te hononga ki te oranga.	Ka whakaahua i ngā āhuatanga matua o te kaitiakitanga me te hononga ki te oranga.	Ka tautohu i ngā āhuatanga matua o te kaitiakitanga me te hononga ki te oranga.

HE TAUAROMAHĪ

An expected learner response is an example of an acceptable learner response for this standard. An annotated exemplar for this standard will be developed as NZQA receive ākonga evidence.

Tā te ākonga mahi (Kaiaka/Merit)

Hauora 1.3 Kete Manarua

TE WHANGANUI A OROTU

KUPU WHAKATAKI

Aio ki te rangi
Aio ki te rangi
Aio ki ngā tangata katoa
huri noa tau mai te mauri
Haumi e, Hui e, Taike

He tino taonga te kōhira o ngā oranga katoa pērā i te
pātiki.

Me ako au ki te tiaki mā te tiaki i tona wāhi noho.

Me tuku mihi ki te puna āwhina arā ko





NGĀ KŌRERO TUKU IHO ONEKAWA

Tamatea Ure Haea

Ka moe tahi a Rongokako rāua ko Muriwhenua ka heke ko te rangatira rongonui o Te Whanganui a Orotu a Tamatea Ure Haea, Tamatea pōkai whenua, pōkai moana. Ka tae mai ia mā runga i te waka o Takitimu mai Hawaiki nui Hawaiki roa, Haiwaiki pāmamao kia tau ia ki a Ahuriri. Manomano ōna pakiwaitara ēngari ki tēnei horopaki ka whakamōhio i tona waiata rongonui arā ko te Pepeha o Tamatea Pōkaiwhenua a Te Karoro.

Te Karoro

Ki tēnei mōteatea ka whakatauiria ia i ngā kai o Te Whanganui ā Ōrotu i tino hiahia ia ki te kai pērā i te pāua pātoto, te kiope peke nui me te pātiki tahanui. I ōna wā he wahapū katoa te wāhi o Te Whanganui a Orotu i konei te kapata kai mo ngā marae o Wharerangi, Mōteao me Ahuriri whānui

Te Rū Whenua

Kia matua mōhio i te tau 1931 i rū te whenua katoa o Te Matau o Maui, ā, i tino aweawe ki te hāpori i noho ki Ahuriri i taua wā. Atu i te maha o ngā matenga, me te mōtī o ngā whare i tino pāngia tēnei aituā ki te whenua. I hunuku katoa mai te whenua i noho papatahi i raro i te Te Whanganui ā Ōrotū inaiane i ko te roto o Onekawa e toe ana.



Haerenga ki Onekawa

I tae mātou ngā tau 11 ki Onekawa hei ringa hāpaiō ma matua [redacted] ki te hī ika me te ako i te hītori o te wāhi. Ko tāna mahi he whakamatauria i te wai me te maha o ngā ika, hei whakamatau hoki te taumata o te parakino i roto i a rātou. Tuatahi i hīkoi matou ki te hīnaki, āhua 1.4 kiromita te tawhiti mai te tūnga waka. I runga i te hīkoi i a te 200 mita i ākona mātou e pā ana ki te ngā momo tohuwhenua o te wāhi pērā i te paruhuhu, ngā momo kaimoana & kararehe e noho ki te wāhi, ngā take i tahawahawangia ai te roto hoki. Ka whakatauiratia i tetahi raru matua i puta mai i te tau 2016 i te wā i tāhawahawangia e te waikawa pūhaumaōta i te wai. I pāngia tēnei ki ngā kaimoana mā te whakamate i o rātou kai, kaore hoki ngā hihi o Tamanui te rā i taea te whāngai i te karepō nā reira i heke iho te maha o ngā ika i roto i a Onekawa. Heoi anō, i te wā i tae atu mātou ki te wāhi hopu ika āhua 40 mita te roa o te hīnaki, tokorima ngā ika i hī e rua ngā pātiki, e rua ngā parore me tetahi kahawai.

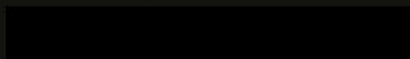
NGĀ HONONGA KI TE KAITIAKITANGA

Te Kaitiakitanga

He aha tēnei mea te kaitiakitanga? Ko taku whakatau ko te kaitiakitanga he manaaki, he tiaki, he taute i te wāhi, te mea, te tangata rānei kei te tiaki. Hei tauira mena ko Onekawa te wahi kei te tiaki ka tiaki mā te whakapai ā waho kōhi i ngā rāpihi, te whakahoki i ngā waka ki ngā wāhi tika me te whakapai i te wā ka wehe. E taea ana te tiaki i te wairua me te mauri o tetahi wāhi mā te karakia, te waiata me te mihi ki ngā atua, ngā tipuna o tērā wāhi. Ki au nei ko tetahi āhuatanga matua o te kaitiakitanga ko te pupuri i ngā kōrero tuku iho o te wāhi arā ko te hītori, ngā waiata, te whakapapa, ngā taonga nō te mea mā te ako i te hītori ka whakawhānui i tō matauranga me ou whakaaro mo te wahi.

Ngā mea e tiaki ana

Ko ngā mea e tiaki ana mātou atu i te wāhi ko ngā kainoho o taua wahi arā, ko ngā kaimoana, ngā kararehe hoki. Engari kei te tiaki ratou mai te aha? Ko te parakino i roto i te wai me te kaha hī i ngā kaimoana. I ēnei rangi ko te whakatau o te hāpori tē taea te kai i ngā kaimoana mai te roto nā te parakino engari ka kite tonu i ētahi e ruku kaimoana ana. Ki tā Matua [redacted] e taea tonu tatou te kai i ngā kaimoana mai Onekawa nō te mea ko te ate o te ika ka tātari i te paru mai i ngā kai ka kaingia ia nō reira ka kore te paru e pāngia ki tona reka. Heoi anō, ki tā Matua [redacted] whakaaro me whakatō mātou i ngā otaota karepō kia tātari i te parakino mai te wai maori kia mā katoa te wai kia maha ake ngā kaimoana me te kore huaketo kia whai kaimoana ngā uri whakaheke.



NGĀ HUA I PUTA:

Kua nui ngā akoranga i tēnei mahi rangahau;

- Ngā āhuatanga o te kaitiakitanga
- Me pēhea te hī ika
- Ngā pānga o te rū whenua ki Te Whananganui Ā Ōrotu
- Ngā momo parakino i roto i a Onekawa
- Ngā pānga o aua parakino ki ngā kaimoana.
- Ngā rautaki kia tiaki i te taiao.



Ko tetahi raru ka puta mai mo ngā rangatahi katoa o te motu ahakoa nō hea koe, ko wai koe ko te kōwhiri i te mahi ā muri i te kura. Ki au nei he mea uaua tēnei nō te mea tērā pea ko te taumaha o tēnei kōwhiringia nō te mea ko aua kōwhiringa ka whakatakoto te ara mo te wa ka heke mai, kua kōwhiri kē ō matua i to tūnga mahi rānei. Ahakoa te take he raru kaore e tino rongorongo ana. Koia nei te take matua o tā mātou haerenga i tērā wāhanga ki Tamaki Makaurau.

I tae atu mātou ngā kura kaupapa o Ngāti Kahungunu i raro i te kaitiakitanga o te kaupapa Nona Te Ao. Ko Nona Te Ao tetahi kamupene ka āwhina i ngā tangata ki te kite pū i te maha o ngā momo āheinga o te ao e hāngai ana ki ō hiahia, ō wawata mo te wāheke. Heoi anō, ko ngā hua māku i puta mai mai tēnei haerenga whakahirahira ko te tūtaki i ētahi hoa hou, ko te whakamatauria i ngā momo mahi hou me te, otirā ko te whakakotahitanga me te whakawhanaungatanga i whakawhanke i waenganui i a mātou ngā mātapuputu o ngā kura katoa.

Ki au nei ko te wāhanga matua o tēnei haerenga i tino whakaatu i te whanaungatanga ko ngā wā i runga pahi mātou. I ēnei wā iti, roa hoki, i rere te reo (ahakoa ētahi wā ko te reo o te taonga pūoro e tino kaha rongorongo ana) , waiata tahi tātou katoa, i kite au i ētahi e takaro kēmu ana i tino hūro te ngākau ki te kite i ēnei āhuatanga.

Ko tetahi atu taurira ko ngā mahi ā rōpu. Mo te nuinga o ngā ngohe i roto mātou i ēnei rōpu ko toku rōpu ko papokapi i tino whaihua te mahi ngātahi nō te mea i whakawhanake i ōku pūkenga whakawhiti kōrero, pūkenga tauwhiro hāpori i pai hoki te whakawhiti whakaaro mo tetahi kaupapa kia whakawhānui i toku hinengaro. Me te mea hoki i pāngia tēnei ki taku ngākau, ki taku kiritau, i āwhina kia maia ake au, i poho kereru au kia tū hei Māori. Otirā i wheako au i tetahi wāhanga o toku koiora e taea ana te whaiwhakaaro hei hokinga mahara.

he kitenga kanohi, he hokinga mahara.

te hononga ki te oranga

Ngā aupiki

- Choose what I wanted to do
- Created memories with others
- Meet new people
- Tried new things
- Felt more proud to be maori
- Learnt new skills
- Whakakotahitanga, whakawhanaungatanga,
- New experiences
- Got to see all of auckland
- Had fun
- pārekareka hoki o ngā mahi!

Kaiaka

Te Wāhanga Ako: Te Hauora
Te Paerewa: 92058
Te Maaka: 05/06

Te Tūmahi	He Pitopito Kōrero
Tuatahi	I whakaahua i ngā āhuatanga matua o te kaitiakitanga me te hononga ki te oranga. I whakaahua i te hononga o te kaupapa motuhake. I taunakitia ngā kōrero ki ngā whakaahua.

Tā te ākonga mahi (Patae/Achieved)

Hononga kia Ranginui rāua ko Papatūānuku

He aha te hononga o ngā āhuatanga matua o te kaitiakitanga kia Ranginui rāua ko Papatūānuku?

Tuatahi ake koia nei ko ētahi o ngā āhuatanga matua o te kaitiakitanga: te whakapapa, te mana tūpuna, te mana whakaheke, anei te whakapapa: i te timatanga ko te pū, te more, te weu, te aka, te rea, ko te wao nui, te kune, te whē, te kore, te pō, ki ngā tangata Māori, nā Rangī rāua ko Papa, Ko tēnei te timatanga o te ao. Whai muri ia Rangī rāua ko Papa ko a rāua ko a rāua tamariki, ko ngā tūpuna ka mutu kia tātou ngā tangata. I roto i tēna whakapapa ka puta ko ngā tikanga, ko ngā tāonga tuku iho, te mauri, te tapu, ngā kaitiaki, ngā tūmomo āhuatanga o te kaitiakitanga. No reira ko te hononga o ngā āhuatanga matua o te kaitiakitanga kia Rangī rāua ko Papa nā rāua anō ngā āhuatanga o te kaitiakitanga i tō mai i roto i tēnei ao.

He aha te take e hono ana ko ngā āhuatanga matua o te kaitiakitanga ki a Ranginui rāua ko Papatūānuku?

Ki au nei me timata ngā mea katoa ki a Ranginui rāua ko Papatūānuku i te mea i heke mai ngā tikanga, pūrākau, ngā āhuatanga Māori, ngā tāonga tuku iho ia rāua, ā rāua tamariki ka mutu ki ngā tūpuna. No reira mōku ake i waihongia ngā atua Māori me ngā tūpuna i ēnei āhuatanga o te kaitiakitanga e pai ai tā mātou whai i ngā tikanga, i te tauira i waihongia e rātou ma ma tātou. Kia hoki atu tātou ki ngā kōrero “kia mōhio whānuitia tātou ki ngā tini amorangi i whakapeto ngoi ki te pupuri i ngā tikanga, tāonga tuku iho i waihongia e rātou ma ma tātou, mai reira akoako ai i ngā meka e hāngai ana kia rātou mā.

He aha te oranga ngā āhuatanga o te ngā āhuatanga matua o te kaitiakitanga e hono ai kia Ranginui rāua ko Papatūānuku?

Me pēnei pea te kōrero mei kore ake ko Ranginui rāua ko Papatūānuku me a rāua tamariki e kore rawa tātou e ora. No reira ko te oranga o ngā āhuatanga matua o te kaitiakitanga e hono ai kia Ranginui rāua ko Papatūānuku ko ngā āhuatanga katoa i heke mai ia rāua, ka mutu ko a rāua tamariki. Hei tauira: Maru = ko Maru te atua o te wai, ma tōna wai anō tātou e whakaora, Tāwhirimātea rāua ko Tānemāhuta he mahi tahi tā rāua mahi ma te hau a Tāwhiri, ma ngā rākau a Tāne anō e āwhina ia tātou ki te hā ka mutu kia Haumietiketike = ko ia te atua o te maara kai, ma ōnā kai anō tātou e whakaora kia kaua tātou e mate ki te kai.

He aha te hononga o Ranginui rāua ko Papatūānuku ki te kaitiakitanga?

Anei, ko tā te mahi a Ranginui rāua ko Papatūānuku he tiaki ia rāua tamariki ka mutu ia tātou ngā tangata. Kia hoki atu ki aku kōrero “mei kore ake ko Ranginui rāua ko Papatūānuku me a rāua tamariki e kore rawa tātou e ora” ko te take e pēnei ana ōku kōrero i te mea nā Rangī me Papa koina ko te timatanga o te ao.

He aha te hononga o ngā āhuatanga matua o te kaitiakitanga ki te oranga?

Ko te hononga o ngā āhuatanga matua o te kaitiakitanga ki te oranga ko ngā āhuatanga, mā te whai i ngā tūmomo āhuatanga i waihongia e ā tātou tūpuna, atua Māori, kia tupu ora ai ko tātou ora.

Paetae**Te Wāhanga Ako:** Te Hauora**Te Paerewa:** 92058**Te Maaka:** 04/04

Te Tūmahi	He Pitopito Kōrero
Tuatahi	I whakaahua i ngā āhuatanga matua o te kaitiakitanga, i tōwaitia ngā kōrero mō Ranginui rāua ko Papatūānuku me te hononga o te kaupapa ki te oranga o tōna iwi.