



## Kaupae 1 Hauora 2025

### 92059 Te tautohu i ngā āhuatanga matua o te whanaungatanga me te hononga ki te oranga

Whiwhinga: 5

Kairangi	Kaiaka	Paetae
Ka whakamārama i ngā āhuatanga matua o te whanaungatanga me te hononga ki te oranga.	Ka whakaahua i ngā āhuatanga matua o te whanaungatanga me te hononga ki te oranga.	Ka tautohu i ngā āhuatanga matua o te whanaungatanga me te hononga ki te oranga.

## TAUIRA TAUAROMAHI

No part of the candidate's evidence in this exemplar material may be presented in an external assessment for the purpose of gaining an NZQA qualification or award.

## Hei tā Ākongā A

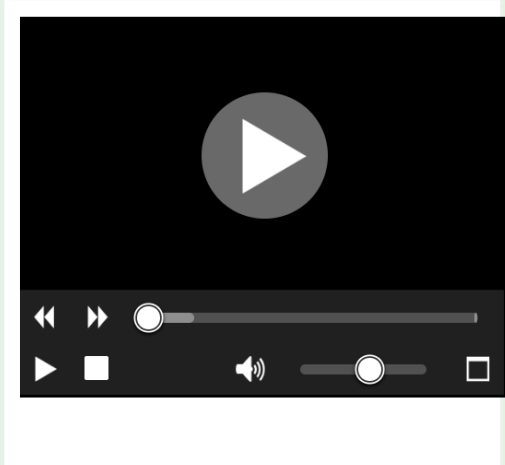
Kairangi - Ka whakamārama i ngā āhuatanga matua o te whanaungatanga me te hononga ki te oranga.

### NGĀ TOHUTOHU

1. Whiriwhiria **TĒTAHI** o ngā kaupapa e rua e whai ake nei hei mahi tuhituhi māu. Kia kaua e iti iho i te 200 ngā kupu te roa.
2. Tēnā, whakamāramahia ngā āhuatanga matua o te whanaungatanga me te hononga ki te oranga. Kia rua, nui ake rānei ngā āhuatanga matua.
3. Kia kaha ki te tuhi i ō wheako, i ō whakaaro hoki ki te kaupapa i whiriwhiria.

### NGĀ KAUPAPA

#### 1) TE TAI AO - HE MĀRA KAI KI PARIHAKA



Mātāpuna: Ko te 'Horopaki Ōpaki: Growing Te Reo Māori from the ground up in Parihaka', Te Karere TVNZ, Tūrei 15 o Aperira 2025.

(<https://www.facebook.com/watch/?v=1000467202200615>)

#### 2) HE KAUPAPA HAUORA, Ā-KURA, Ā-WHĀNAU, Ā-HAPU, Ā-IWI RĀNEI.

He kaupapa motuhake. Māu tētahi kaupapa e ngākau nui ana ki a koe e kōwhiri.

Anei ētahi tauira hei whakaarotanga māu:

- Ngā kaupapa pāpori - te whānautanga, ngā mārenatanga, ngā whakapōtaetanga, ngā kaupapa hākinakina, te Pā Wars.
- Ngā kaupapa kohikohi pūtea hoki i te marae.
- Ngā kaupapa ahurea - ngā wānanga, ngā tangihanga, ngā poukai, te mokopapa.
- Ngā kaupapa tōrangapū, arā, ngā hui taumata, ngā porotēhi hoki.
- Ngā kaupapa hāhi.
- Te whakapapa.
- Ngā hui.
- Ngā pōwhiri.
- Mānawatia a Matariki - Hautapu.
- Kapa Haka.

**Te whānau, te hapū, me te iwi**

- Te whakawhanaungatanga
- Te manaakitanga
- Te kotahitanga
- Te ūkaipōtanga
- Te pūkengatanga

**Ngā hua o te mahi ngātahi**

- Te pānga ki te tuakiri o te tangata
- Te tautoko me te atawhai
- Te mana o te whānau, o te hapū, me te iwi
- Te whakanui i te kaupapa

**Tuhia mai tō tuhinga roa ki konei. Ka Kia 200–300 te nui o te kupu.**

Ka mākahia tēnei wāhanga.

**B I U** ☰ ▾ ☰ ▾ ↶ ↷ ⓘ

Ko te kaupapa kua kōwhiria e au ko He Māra kai ki Parihaka.

Ko te pūtake o ta te kaupapa nei. Kia whakamāori i te mahi māra, e tāea e te tangata ki te hoki ki tōna māra kia rāhui i taua wāhi ki te reo Māori.

Ka pēhea te māra kai e hono ki te whanaungatanga?

Ko te māra kai tētahi wāhi ki te whakatipu i ngā kai engari ka pēhea te māra kai e hono ki te whanaungatanga, ka pēnei ngā kōrero.

Ehara i te mea ko te māra kai mo te tangata kōtahi, engari mo te hāpori whānui. Inā he ngākaunui koe ki tēnei mahi, ka āhei te whāngai i tō mātauranga ki ngā tangata e hiahia ki te ako. Kei te pupuri koe i te mātauranga o te māra kai, nō reira he tika kia whāngai atu ki ngā tangata, kia mōhio rātou me pēhea te whakatipu i ngā kai.

Ka pēhea tēnei kaupapa e hono ki te oranga?

Ko te hononga o tēnei kaupapa ki te oranga ko te reo Māori. Ko te tauāki o tēnei kaupapa, " Mārinihia te wai, ka tipu he māra reo." He kaha te rangona i te reo Māori ki ngā māra kai engari ka pēhea tēnei e hono ki te oranga. Ko te reo Māori te orangatonutanga o te iwi Māori, he hua te whakamahi i te reo, he pūkenga ano hoki.

Koinei ngā āhuatanga matua o te whanaungatanga me te hononga ki te oranga.

**245 WORDS**

## Kairangi

**Te Wāhanga Ako:** Hauora

**Te Paerewa:** 92059

**Te Maaka:** KR8

Te Pātai	Ngā kōrero pitopito
<b>Tuatahi</b>	<p>I whakamārama, i whakaatu i ngā taunakitanga. I wetewete i ngā kōrero i rangona hei whakapuaki i ōna whakaaro me te take i pērā ai. I tūhono ōna whakaaro ki te oranga a te tangata, ki te orange hoki o tōna iwi. Kei runga noa hoki te kounga o te tuhinga.</p>

## Hei tā Ākongā E

Kaiaka - Ka whakahua i ngā āhuatanga matua o te whanaungatanga me te hononga ki te oranga.

Te whānau, te hapū, me te iwi	Ngā hua o te mahi ngātahi
<ul style="list-style-type: none"> <li>• Te whakawhanaungatanga</li> <li>• Te manaakitanga</li> <li>• Te kotahitanga</li> <li>• Te ūkaipōtanga</li> <li>• Te pūkengatanga</li> </ul>	<ul style="list-style-type: none"> <li>• Te pānga ki te tuakiri o te tangata</li> <li>• Te tautoko me te atawhai</li> <li>• Te mana o te whānau, o te hapū, me te iwi</li> <li>• Te whakanui i te kaupapa</li> </ul>

Tuhia mai tō tuhinga roa ki konei. Ka Kia 200–300 te nui o te kupu.

Ka mākahia tēnei wāhanga.

**B I U**     

Ko te kaupapa kua whiri a e au ko te **kapa haka**.

Ko te **whakawhanaungatanga** ki ngā matatini, ngā ahurei, ngā kaupapa katoa kapa haka. ko te mahi i te kapa haka mē o hōa me tō whanau, ka whakawhanaungatanga ki ngā noho marae ia wiki ko te mea nui ko te mahi kapa haka me tō roopu whanau, tō iwi anoo hoki. Ko te wairua i ia wiki mo te whaka haratau kapa haka he wairua hākoako he wairua hikaka anō hoki, koi nā hoki te whakawhanaungatanga ko te korero ki o hoa ki ngā kai whaka haere e ngāri ko te mea nui ko te **tautokotanga** o te roopu ki ngā mahi kuā tutuki ia a koe e te roopu, kia pai te haere kia piki te matauranga o te roopu i ia whakaharatau kapa haka.

I ia wiki ka tae te roopu kapa haka ki ngā marae ka **manaakitia** e ngā ringawera, ngā kai mahi, kia whangāea e te roopu ki ngā kai. me tuku mihi ki te hāu kainga nā ratau i whakaaē ki a noho te kapa ki tō rātau whenua me teā ratau whare tupuna kia manaakitia ngā tangata te kapa ki tā rātau whare moe ko te mana o te **whānau te hapū me te iwi** kei te roopu kapa haka te marengā nui kia noho ai ratau ki tō kautau whenua ukaipo.

Ka tae atu ngā tini mēte māno tāngata ki te mataki i te hui ahurei o Tuhoē ki reira ai e mataki i ngā kapa haka puta nōa i te mōtu ko te wairua o ngā kai matakitaki e hūro ana, e harikoa ana, e pohokereru ana ki ngā roopu kapa haka e tū ai nga roopu kia whaka kotahi ai ngā iwi o te mōtu ko te tikanga o te hui ahurei o tuhoē kia **whaka kotahi ai** ngā tangata o Tuhoē ki hoki mai kite ukaipo ki te rongō i ngā rēo rōreka a ngāi Tuhoē **ki te whakanui i te kaupapa** anō hoki kia heke te matauranga ki ngā tamariki kia whaka tipu ia ratau ki roto i te ao haka ki te aō o Tanerore me Hinerehia.

355 WORDS

## Kaiaka

**Te Wāhanga Ako:** Hauora

**Te Paerewa:** 92059

**Te Maaka:** K6

Te Pātai	Ngā kōrero pitopito
<b>Tuatahi</b>	<p>I hāngai ngā taunakitanga ki ngā wheako a te ākonga. Kāore i whakawhānui i ō rātou whakaaro me te take i pērā ai.</p> <p>I kaha tēnei ākonga ki te matapaki me te panoni i ōna whēako whaiora e hāngai ana ki te kaupapa.</p>

## Hei tā Ākonga E

Paetae - Ka tautohu i ngā āhuatanga matua o te whanaungatanga me te hononga ki te oranga.

<p><b>Te whānau, te hapū, me te iwi</b></p> <ul style="list-style-type: none"> <li>• Te whakawhanaungatanga</li> <li>• Te manaakitanga</li> <li>• Te kotahitanga</li> <li>• Te ūkaipōtanga</li> <li>• Te pūkengatanga</li> </ul>	<p><b>Ngā hua o te mahi ngātahi</b></p> <ul style="list-style-type: none"> <li>• Te pānga ki te tuakiri o te tangata</li> <li>• Te tautoko me te atawhai</li> <li>• Te mana o te whānau, o te hapū, me te iwi</li> <li>• Te whakanui i te kaupapa</li> </ul>
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**Tuhia mai tō tuhinga roa ki konei. Ka Kia 200–300 te nui o te kupu.**

Ka mākahia tēnei wāhanga.

B I U ☰ ☰ ↶ ↷ ?

I tēnei tau i piri atu au ki tētahi kapa haka a ko Te Aho o Whātonga. E whā ngā kura kaupapa Māori mai i te Upoko o Te Ika kua whakakotahi kia tū hei tira. ko te painga o te kapa nei ko te whakawhanaunga me kura kē, ko te hanga hoa hou me te whakaatu ki te ao o matou pukenga. ko te manaaki me te reo māori ngā tino uaratanga o tō tātau nei kapa, mai i te timatanga tae noa ki te mutunga i rongo i te manaaki o ia tangata a i rongo hoki i te kotahitanga. I te timatanga o te terenga kaore au i hiahia tū mō te kapa nei, engari i kite au i te aroha i whakaatu a ngā tuakana ki ngā teina. Ia te wīkene i hoki mai ki te kainga mai i ngā noho i tino ngenge a i tino mamae te tinana engari i tino harikoa ano hoki kua tātā tae te wā kia tū ki te atamira a kua tino piki ōku pukenga. I te wananga whakamutunga i kite i piki ngā pukenga o ngā kaihaka katoa, i te mutunga o te terenga i rongo i te harikoa, te pouri, te amaemae engari i rongo hoki i te kotahitanga o ngā kaihaka katoa. ahakoa ngā piki me ngā heke o te kapa nei i noho kotahi ki raro i te mangai o te aho matua. heoi ka whakakapi i ōku kōrero i kōnei ko te aho matua te mauri o te kura kaupapa māori.

257 WORDS

### Kaiaka

**Te Wāhanga Ako:** Hauora  
**Te Paerewa:** 92059  
**Te Maaka:** P4

Te Pātai	Ngā kōrero pitopito
Tuatahi	I tuhia ngā kitenga hei taunakitanga heoi kāore i āta kōrero mō te hononga ki te oranga o ō rātou ake iwi

