

# **National Certificate of Educational Achievement**

## **2012 Assessment Report**

### **Health Level 1**

- 90972 Demonstrate understanding of influences on adolescent eating patterns to make health-enhancing recommendations**
- 90975 Demonstrate understanding of issues to make health-enhancing decisions in drug-related situations**

## **STANDARD REPORTS**

### **90972 Demonstrate understanding of influences on adolescent eating patterns to make health-enhancing recommendations**

#### **ACHIEVEMENT**

**Candidates who were awarded Achievement for this standard demonstrated the required skills and knowledge. They typically:**

- showed an understanding of influences on food choices relating to the scenario provided, at personal, interpersonal and societal levels
- identified a link between an influence and its impact on the choices adolescents make
- described how the identified influences could impact on aspects of well-being
- recommended a health-enhancing strategy to change an influence for the character(s) in the scenario
- provided an effective advocacy strategy.

#### **NOT ACHIEVED**

**Candidates who were assessed as Not Achieved for this standard lacked some or all of the skills and knowledge required for the award of Achievement. They typically:**

- misunderstood key words (eg “value” or “belief”)
- missed links between the influence and its impact on the choices adolescents make
- missed links between the influence and its impact on wellbeing
- did not demonstrate an understanding of the four dimensions of wellbeing
- did not provide an advocacy strategy
- did not answer all questions.

#### **ACHIEVEMENT WITH MERIT**

**In addition to the skills and knowledge required for the award of Achievement, candidates who were awarded Achievement with Merit typically:**

- demonstrated an in-depth understanding of influences on food choices that related specifically to the scenario provided
- explained the link between the influence and its impact on the choices adolescents make
- explained how influences could impact on specific aspects of well-being
- recommended a health-enhancing strategy to change an influence for the character(s) in the scenario
- provided an effective advocacy strategy
- explained how the recommended strategy could enhance the dimensions of well-being
- maintained the question focus.

#### **ACHIEVEMENT WITH EXCELLENCE**

**In addition to the skills and knowledge required for the award of Achievement with Merit, candidates who were awarded Achievement with Excellence typically:**

- made clear connections between influence, impact, and strategy

- made clear links between the strategy and how the dimensions of well-being were impacted and enhanced
- provided a targeted strategy which, when achieved, would be health enhancing for the adolescent, their family and/or the school community
- accurately used the details in the scenario to enhance their response
- supported their responses using relevant nutritional information.

## **OTHER COMMENTS**

Candidates who read each question carefully and applied knowledge in accordance with the requirements of the question attained relevant results. In addition candidates who distinguished key concepts in the standard, made relevant connections between impact and influence and recommended practical action plans attained higher levels of achievement.

## **90975 Demonstrate understanding of issues to make health-enhancing decisions in drug-related situations**

### **ACHIEVEMENT**

**Candidates who were awarded Achievement for this standard demonstrated the required skills and knowledge. They typically:**

- described personal, interpersonal and societal influences on an individual's tobacco use
- identified choices around drug related situations
- described issues in relation to alcohol use in New Zealand
- identified choices an individual could make in an drug-related situation made a health enhancing decisions
- described the effect on well-being in relation to alcohol use by New Zealand adolescents
- described both short-term and long-term and/or positive and negative consequence of options provided in relation to the decision making process.

### **NOT ACHIEVED**

**Candidates who were assessed as Not Achieved for this standard lacked some or all of the skills and knowledge required for the award of Achievement. They typically:**

- did not demonstrate an understanding of well-being and how it is affected by alcohol use
- did not provide relevant evidence of personal and interpersonal aspects
- did not identify a "health enhancing" decision.

### **ACHIEVEMENT WITH MERIT**

**In addition to the skills and knowledge required for the award of Achievement, candidates who were awarded Achievement with Merit typically:**

- showed an understanding of influences at a personal, interpersonal, and societal level
- justified a health-enhancing decision for well-being, taking into consideration the other choices and consequences as well as the influencing factors
- explained legal issues in relation to alcohol use in New Zealand

- explained consequences (both short and long term and positive and negative)
- explained the main message and feelings an adolescent might have in regard to alcohol use by adolescents in New Zealand.

### **ACHIEVEMENT WITH EXCELLENCE**

**In addition to the skills and knowledge required for the award of Achievement with Merit, candidates who were awarded Achievement with Excellence typically:**

- provided an effect for all dimensions of well-being in relation to adolescent alcohol use in New Zealand
- Were able to explain with reasons, effective health-enhancing decisions
- explained legal issues in relation to alcohol use in New Zealand
- explained the factors that influence drug use, on three levels – personal, interpersonal and societal.

### **OTHER COMMENTS**

Candidates who demonstrated a sound understanding of how well-being was influenced by drug use and made clear connections to decision-making processes to reach a health-enhancing decision were successful.

Candidates who demonstrated achievement at merit and excellence consistently incorporated insight and were able to justify choices and consequences consistently.