

National Certificate of Educational Achievement

2013 Assessment Report

Health Level 1

- 90972 Demonstrate understanding of influences on adolescent eating patterns to make health-enhancing recommendations**
- 90975 Demonstrate understanding of issues to make health enhancing decisions in drug-related situations**

STANDARD REPORTS

90972 Demonstrate understanding of influences on adolescent eating patterns to make health-enhancing recommendations

ACHIEVEMENT

Candidates who were awarded Achievement for this standard demonstrated the required skills and knowledge. They commonly:

- showed an understanding of how a societal influence, such as a nutritionist, can influence an adolescent's food choices
- described a possible barrier, enabler and outcome of an action, in relation to an overall goal
- showed an understanding of key words (e.g. "national" or "action" or "overall well-being") in the question
- described how changes to eating patterns can improve well-being
- recommended an interpersonal strategy and described how this strategy could enhance well-being
- recommended a personal strategy and described how this strategy could enhance overall well-being
- provided a national strategy and described how this strategy could enhance overall well-being.

NOT ACHIEVED

Candidates who were assessed as Not Achieved for this standard lacked some or all of the skills and knowledge required for the award of Achievement. They commonly:

- misunderstood key words (e.g. "national" or "action" or "overall well-being") in the question
- did not show an understanding of how a societal influence, such as a nutritionist, can influence an adolescent's food choices
- did not describe a possible barrier, enabler and outcome of an action, in relation to an overall goal
- showed a lack of understanding of all four dimensions of well-being
- did not show an understanding of an personal, interpersonal or national strategy
- made careless errors
- failed to answer all question parts.

ACHIEVEMENT WITH MERIT

In addition to the skills and knowledge required for the award of Achievement, candidates who were awarded Achievement with Merit commonly:

- showed in-depth understanding of how a societal influence, such as a nutritionist, can influence an adolescent's food choices
- explained how an action can contribute to meeting an overall goal
- explained how changes to eating patterns can improve well-being
- recommended a personal, interpersonal and national strategy respectively, and explained how each of these strategy could enhance overall well-being

- recommended a personal strategy and explained how this strategy could
- maintained the focus of each question in their response to the question.

ACHIEVEMENT WITH EXCELLENCE

In addition to the skills and knowledge required for the award of Achievement with Merit, candidates who were awarded Achievement with Excellence commonly:

- made clear connections between how and why a strategy enhances well-being and overall well-being
- accurately used the details in the scenario to enhance their response
- supported their responses using relevant nutritional information.

OTHER COMMENTS

The format of the 2013 examination paper meant that candidates were required to read the scenarios and questions carefully in order to apply their knowledge appropriately. Many candidates mistakenly wrote about how healthy eating makes you fit. Other failed to provide health-enhancing strategies. Candidates who were successful in 2013 made health-enhancing recommendations based on the information provided in the scenario. Some candidates failed to demonstrate knowledge of well-being.

90975 Demonstrate understanding of issues to make health-enhancing decisions in drug-related situations.

ACHIEVEMENT

Candidates who were awarded Achievement for this standard demonstrated the required skills and knowledge. They commonly:

- provided responses
- described personal or interpersonal influences on an individual in relation to decisions around drug use
- identified choices in relation to drug use, but generally only focused on the individual
- described consequences to individual (both short and long-term) and group hauora, although frequently this was limited to the social dimension of well-being and responses typically only briefly explained one or two examples
- identified and described the most health-enhancing decision (around drug/solvent/alcohol use) for an individual or group.

NOT ACHIEVED

Candidates who were assessed as Not Achieved for this standard lacked some or all of the skills and knowledge required for the award of Achievement. They commonly:

- provided minimal or no responses.

ACHIEVEMENT WITH MERIT

In addition to the skills and knowledge required for the award of Achievement, candidates who were awarded Achievement with Merit typically:

- demonstrated detailed explanation of drug related issues by writing responses in a clear and reasoned way, including a range of specific examples to support their answers
- demonstrated in-depth understanding of influences and consequences to a range of dimensions of hauora for an individual and group
- identified a range of relevant choices with a variety of specific consequences to support those choices
- explained short and long-term consequences that incorporated relevant links
- selected the most health-enhancing option and justified this with specific consequences that covered a range of the dimensions of well-being (physical, mental and emotional, spiritual).

ACHIEVEMENT WITH EXCELLENCE

In addition to the skills and knowledge required for the award of Achievement with Merit, candidates who were awarded Achievement with Excellence typically:

- demonstrated critical explanation of ideas with deeper thought, comparisons and reasoned considerations
- demonstrated in-depth explanations of a range of consequences (short and long-term or positive and negative) that were linked and covered all dimensions of hauora for both individuals and the group
- demonstrated insight and a deeper knowledge of the issues by including relevant facts to support their answer
- provided insightful justification of the most health-enhancing decisions for well-being, by taking into consideration all aspects of well-being and weighing up all possibilities.

OTHER COMMENTS

Candidates sitting these two externally assessed standards need to be familiar with what is stated in the achievement standard to ensure that they are familiar with all aspects required for Achievement. For example, in 90975, many candidates struggled to distinguish between short and long-term consequences, and appeared unable to distinguish between the two, thereby missing out on one of the requirements for Achievement.