

National Certificate of Educational Achievement

2014 Assessment Report

Health Level 1

- 90972 Demonstrate understanding of influences on adolescent eating patterns to make health-enhancing recommendations**
- 90975 Demonstrate understanding of issues to make health enhancing decisions in drug-related situations**

COMMENTARY

Candidates conceptual knowledge of well-being was generally good, with understanding of the four dimensions of this underlying concept. More attention needs to be given to correctly understand all three of personal, interpersonal and societal.

It was evident that some of the descriptors used were not correctly interpreted by candidates. Awareness and understanding of the depth required in a response from the candidate is needed to ensure specific examples are included when explaining.

Candidates are reminded to use resource material to support their own understandings and ideas, rather than simply copy portions of the text provided. Candidates need to make health enhancing recommendations based on their knowledge and the information provided in the scenarios.

STANDARD REPORTS

90972 Demonstrate understanding of influences on adolescent eating patterns to make health-enhancing recommendations

ACHIEVEMENT

Candidates who were awarded Achievement for this standard demonstrated the required skills and knowledge. They commonly:

- showed an understanding of personal and interpersonal influences
- described a possible barrier, enabler and outcome of an action, in relation to an overall goal
- showed an understanding of key words (e.g. “societal” or “action” or “overall wellbeing”) in the question
- described how changes to eating patterns can improve overall well-being
- recommended an interpersonal strategy and described how this strategy could enhance overall well-being
- recommended a personal strategy and described how this strategy could enhance overall well-being
- provided a societal strategy and described how this strategy could enhance overall well-being.

NOT ACHIEVED

Candidates who were assessed as Not Achieved for this standard lacked some or all of the skills and knowledge required for the award of Achievement. They commonly:

- misunderstood the meaning of key words (e.g. “societal” or “action” or “overall wellbeing”) in the question
- did not show an understanding of personal and interpersonal influences
- did not describe a possible barrier, enabler and outcome of an action, in relation to an overall goal
- showed a lack of understanding of all four dimensions of wellbeing
- did not show an understanding of an interpersonal strategy

- did not show an understanding of an personal strategy
- did not show an understanding of a national strategy
- made careless errors
- failed to answer all questions.

ACHIEVEMENT WITH MERIT

In addition to the skills and knowledge required for the award of Achievement, candidates who were awarded Achievement with Merit commonly:

- showed in-depth understanding of personal and interpersonal influences
- explained how an action can contribute to meeting an overall goal
- explained how changes to eating patterns can improve well-being
- recommended an interpersonal strategy and explained how this strategy could enhance overall well-being
- recommended a personal strategy and explained how this strategy could enhance overall well-being
- provided an national strategy and explained how this strategy could enhance overall well-being
- maintained the focus of each question in their response to the question.

ACHIEVEMENT WITH EXCELLENCE

In addition to the skills and knowledge required for the award of Achievement with Merit, candidates who were awarded Achievement with Excellence commonly:

- made clear connections between how and why a strategy enhances overall well-being and can overcome influences
- accurately used the details in the scenario to enhance their response
- supported their responses using relevant nutritional information.

OTHER COMMENTS

Many candidates made good use of the resource material to help them in answering their questions

Candidates that did well read the questions carefully in order to apply their knowledge appropriately linking and explaining how elements of well-being in questions (d), (e) and/or (f) were enhanced as a result of their strategy.

90975 Demonstrate understanding of issues to make health-enhancing decisions in drug-related situations.

ACHIEVEMENT

Candidates who were awarded Achievement for this standard demonstrated the required skills and knowledge. They commonly:

- included examples in responses, rather than general statements
- copied relevant information from the resource booklet
- showed understanding of personal, interpersonal and societal influences on decision making

- provided examples to demonstrate the effect of alcohol and cannabis use on several aspects of well-being
- described effects of cannabis use on either interpersonal relationships or society
- gave broad description of how selected decisions and actions would be health enhancing
- incorporated two aspects of well-being when describing the impact of health-enhancing choices
- linked a health-enhancing societal strategy to personal consequences only.

NOT ACHIEVED

Candidates who were assessed as Not Achieved for this standard lacked some or all of the skills and knowledge required for the award of Achievement. They commonly:

- misinterpreted questions, confusing societal and social or referring to effects instead of influences
- listed ideas or gave very generalised statements
- copied irrelevant information from the resource material, and did not include any of their own understanding
- selected a decision, action or strategy that was not health-enhancing or appropriate
- identified multiple interpersonal influences, and did not include personal and societal influences
- completed only sections of the exam, often not answering (c) and (f)
- described only a single dimension of well-being effected by alcohol and cannabis use
- could not identify the effect of cannabis use on either interpersonal relationships or society
- provided a personal or interpersonal strategy, rather than a societal strategy
- linked a health-enhancing strategy to the consequences of drug use, rather than to the effects of the strategy.

ACHIEVEMENT WITH MERIT

In addition to the skills and knowledge required for the award of Achievement, candidates who were awarded Achievement with Merit typically:

- gave specific examples and used the resource material appropriately to support their own knowledge
- provided explanation as to why selected decision, actions and strategy were health-enhancing
- explained and linked personal, interpersonal and societal influences to an individual's decision to drink or not
- selected a health-enhancing decision in relation to alcohol use and linked to all areas of well-being
- linked how the three selected actions could improve the well-being of an individual and the people around them
- included at least three dimensions of well-being when explaining the effects of cannabis use
- explained only an interpersonal or societal effect of cannabis with detail, rather than both

- described in detail a societal strategy with links to personal and interpersonal or societal effects of the strategy.

ACHIEVEMENT WITH EXCELLENCE

In addition to the skills and knowledge required for the award of Achievement with Merit, candidates who were awarded Achievement with Excellence typically:

- made clear links, supporting ideas with specific examples and reasons
- linked the resource book material with their own knowledge, often referencing when it was used
- justified why personal, interpersonal and societal influences impacted decision making
- specifically identified all four parts of well-being throughout responses and how each aspect could be impacted by drug use
- used specific examples and connected all aspects of well-being when justifying how a health-enhancing decision and actions around alcohol would successfully reduce potentially harmful effects to an individual and others
- linked personal effects of cannabis use to the impacts caused to both interpersonal relationships and society
- explained a societal strategy in detail with links to the health-enhancing personal, interpersonal and societal effects.

OTHER COMMENTS

Candidates should look to explain how health-enhancing decisions, actions, strategies seek to make health better in relation to well-being, and so therefore reducing the negative effects.

Candidates should not restrict their responses to the space provided if they have not adequately answered the question to include all the concepts required. However, links between questions should be made rather than repeating what has already been written in a previous response.