

2015 NCEA Assessment Report

Health Level 1 90972, 90975

Part A: Commentary

Comment on the overall response of candidates to 2015 examinations for all achievement standards covered by this report.

Candidates' conceptual knowledge of well-being was generally good, with understanding of the four dimensions of this underlying concept. More attention needs to be given to correctly understanding all three of personal, interpersonal and societal. Awareness and understanding of the depth required in a response from the candidate is needed to ensure specific examples are included when explaining. Candidates are reminded to use resource material to support their own understandings and ideas, rather than simply copy portions of the text provided. Candidates need to make health enhancing recommendations based on their knowledge and the information provided in the scenarios.

Part B: Report on standards

1. Assessment Report for 90972: Demonstrate understanding of influences on adolescent eating patterns to make health-enhancing recommendations

Achieved	<p>Candidates who were assessed as Achieved commonly:</p> <ul style="list-style-type: none"> showed an understanding of personal, interpersonal and societal influences described several short and long term consequences on overall wellbeing showed an understanding of key words (e.g. "connections" or "short and long term," or "overall wellbeing") in the question described how changes to eating patterns can improve overall wellbeing recommended a personal strategy and described how this strategy could enhance overall wellbeing recommended an interpersonal strategy and described how this strategy could enhance overall wellbeing recommended a societal strategy and described how this strategy could enhance overall wellbeing.
Not Achieved	<p>Candidates who were assessed as Not Achieved commonly:</p> <ul style="list-style-type: none"> misunderstood the meaning of key words (e.g. "connections" or "short and long term" or "overall wellbeing") in the question did not show an understanding of personal, interpersonal and societal influences showed a lack of understanding of all four dimensions of wellbeing did not show an understanding of a personal strategy did not show an understanding of an interpersonal strategy did not show an understanding of a societal strategy made careless errors failed to answer all questions.
Achieved with Merit	<p>Candidates who were assessed as Achieved with Merit commonly:</p> <ul style="list-style-type: none"> showed in-depth understanding of personal, interpersonal and societal influences explained several short and long term consequences on overall wellbeing recommended a personal strategy and explained how this strategy could enhance overall well-being recommended an interpersonal strategy and explained how this strategy could enhance overall well-being recommended a societal strategy and explained how this strategy could enhance overall well-being maintained the focus of each question in their response to the question.

Achieved with Excellence	<p>Candidates who were assessed as Achieved with Excellence commonly:</p> <ul style="list-style-type: none"> • made clear connections between how and why a strategy enhances overall well-being and can overcome influences • accurately used the details in the scenario to enhance their response • supported their responses using relevant nutritional information.
Standard specific comments	<p>Few candidates made good use of the resource material to help them in answering their questions. Quite a few students provided multiple strategies in (c), (d) or (e) yet failed to focus on how one strategy enhances overall wellbeing.</p> <p>Candidates that did well read the questions carefully in order to apply their knowledge appropriately linking and explaining how elements of well-being in questions (c), (d) and/or (e) were enhanced as a result of one strategy.</p>

2. Assessment Report for 90975: Demonstrate understanding of issues to make health-enhancing decisions in drug-related situations

Achieved	<p>Candidates who were assessed as Achieved commonly:</p> <ul style="list-style-type: none"> • demonstrated understanding of personal and interpersonal influences, however, candidates often struggled with correctly identifying community influences • described harmful effects of drug use on aspects of personal well-being, often applying generic answers • struggled to identify harmful effects on the well-being of society • selected suitable strategies and health-enhancing actions • often completed the barriers and enablers of the personal action plan as though it was a decision-making model • were able to infer information from the scenarios and/or selected relevant material from the resource booklet • struggled to answer the societal parts of the exam, often confusing societal aspects with interpersonal examples.
Not Achieved	<p>Candidates who were assessed as Not Achieved commonly:</p> <ul style="list-style-type: none"> • provided sparse information or did not complete all parts of the exam • responses were brief and lacked detail; often only identifying rather than describing • provided information that was factually incorrect, e.g. drug categories/types, effects, laws • did not have the relevant knowledge to answer the societal parts of the exam • could not correctly select appropriate influences for personal, interpersonal and societal • only identified or listed examples of effects to well-being or did not include a range of examples to cover multiple aspects of well-being • barriers and enablers of the health-enhancing action were incorrect or only identified.
Achieved with Merit	<p>Candidates who were assessed as Achieved with Merit commonly:</p> <ul style="list-style-type: none"> • demonstrated in-depth understanding of health concepts • understood the socio-ecological perspective by selecting and explaining appropriate personal, interpersonal and societal influences • explained effects to multiple aspects of well-being, providing examples from the resource booklet, their own knowledge or the scenarios • explained suitable health-enhancing strategies or actions • understood societal aspects and explained where required • justified answers, by giving reasons and examples to back up points made.
Achieved with Excellence	<p>Candidates who were assessed as Achieved with Excellence commonly:</p> <ul style="list-style-type: none"> • demonstrated a comprehensive understanding of the health related concepts • explained the most pertinent personal, interpersonal and societal influences • explained consequences in-depth by including several specific examples for each of the aspects of well-being, making inter-connections where appropriate • selected and explained the most appropriate strategies or actions, including clear understanding of how it would be health enhancing • justified responses by providing detail and specific examples that were the more obvious from the resource booklet, or scenarios, or related appropriate ideas from their own knowledge

	<ul style="list-style-type: none"> • applied appropriate knowledge to the societal parts of the exam • understood health language and so knew how to answer questions, e.g. if the question was asking for 'Health Enhancing' the candidate knew to add aspects of well-being to the explanation.
<p>Standard specific comments</p>	<p>Overall, good conceptual knowledge of well-being was shown with the understanding of all four dimensions of hauora. However, further attention needs to be given to the societal aspect of the socio ecological perspective, so that it is correctly interpreted and explained. Also, questions that refer to 'health-enhancing' should be interpreted as requiring to provide examples to make health better in relation to multiple aspects of well-being.</p> <p>Continued awareness and understanding of the depth required by the descriptor for each part of the exam is needed to ensure the level of response required is met with appropriate explanation.</p>