

This assessment report is based on assessments for 2023. It may not reflect achievement standards that have been updated.

2023 NCEA Assessment Report

Subject:	Health Studies (RAS)
Level:	Level 1
Achievement standard(s):	92010, 92011

General commentary

92010 contained two options that candidates could choose to write about, either Food and Nutrition or Mental Health. Approximately half the candidates chose Food and Nutrition and half the Mental Health option. 92011 similarly offered two option choices Food and Nutrition and Sexuality and Relationships. In this assessment far more students selected the Food and Nutrition option.

Report on individual achievement standard(s)

Achievement standard 92010: Demonstrate understanding of personal, interpersonal and societal factors to influence hauora.

Commentary

This assessment was provided to candidates as an examination containing two sets of resources which each contained a scenario. Candidates were required to select the scenario and answer questions using information from the scenario and supporting resources. One set of resources was related to Food and Nutrition and the other was related to Mental Health.

A wide range in length of responses were provided by candidates when addressing the achievement criteria.

Few candidates included manaakitanga as part of their writing, which was pleasing to see and evidence of connected thinking across both standards.

Grade awarding

Candidates who were awarded **Achievement** commonly:

- identified a personal, interpersonal and societal influence from the scenario
- identified dimensions of hauora that would be impacted by various influences.

Candidates who were awarded **Achievement with Merit** commonly:

- explained how a combination of influences work together to impact on hauora.

Candidates who were awarded **Achievement with Excellence** commonly:

- evaluated which factors would have more influence than others, relating to the given scenario
- justified their evaluation by insightfully explaining positive and negative impacts on hauora.

Candidates who were awarded **Not Achieved** commonly:

- did not identify influences on hauora from the scenario
 - did not identify correct influences from the scenario.
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Achievement standard 92011: Demonstrate understanding of strategies that enhance hauora.

Commentary

The assessment was provided to candidates for an extended period of time in which they could access scenarios and supporting resources. Candidates could then complete a report which answered the accompanying questions in the assessment. For 2023, candidates were provided options for Food and Nutrition, or Sexuality and Relationships with the majority of candidates (82%) selecting Food and Nutrition.

Frequently, responses showed evidence of similarity between candidates, templating, and suspected rote-learned answers. Similarity of answers indicated the possibility of in-class discussions assisting candidates to achieve. In addition to this, responses with mixed fonts covering similar content suggested copying and pasting from other material had occurred.

Most candidate responses were not reflective of 4 to 6 hours of time invested in their report.

Grade awarding

Candidates who were awarded **Achievement** commonly:

- described strategies but some were weaker than others
- explained some of the steps they would take to implement their strategies
- explained some links to hauora, but often these were written in a very general way.

Candidates who were awarded **Achievement with Merit** commonly:

- explained logical strategies, that linked to the resources and scenario provided and could explain how these impacted on aspects of hauora
- showed links between at least two strategies and explained how they would work together and help each strategy to be successful.

Candidates who were awarded **Achievement with Excellence** commonly:

- showed a clear understanding of the impacts of multiple strategies on individual and community hauora.

Candidates who were awarded **Not Achieved** commonly:

- did not demonstrate understanding of different types of strategies
- presented vagueness in their suggested strategy
- did not complete some parts of the assessment.