

Assessment Specifications

Level 1 Health Studies 2024

Published in March 2024

General information

Domain: Health Education

Standards: 92010, 92011

[Health Studies subject page](#)

[National secondary examinations timetable](#)

Information relating to all achievement standards

Candidates are encouraged to write no more than 800 words.

Resources or information supplied

Scenario(s) and supporting resources will be supplied.

Specific information for individual achievement standards

Standard: 92010

Domain: Health Education

Title: Demonstrate understanding of factors that influence hauora

Version: 3

Number of credits: 5

Assessment timing: Point-in-time end of year

Assessment method: Examination

Assessment medium: Online, paper by exception

Candidates will be required to demonstrate their understanding of factors that influence hauora by analysing the scenario(s) and / or supporting resources provided by NZQA.

Candidates are required to use the scenario(s) and resources provided to support their response.

Candidates will be required to respond to a task with multiple parts.

Candidate responses should provide evidence of their own thinking.

Scenario(s) will be accessible to any of the Key Areas of Learning: Food and Nutrition, Mental Health, and Relationships and Sexuality.

Further information about digital external assessment can be found on the NZQA website.

[Digital external assessment](#)

Standard:	92011
Domain:	Health Education
Title:	Demonstrate understanding of strategies that enhance hauora
Version:	3
Number of credits:	5
Assessment event scheduling:	School scheduled within NZQA defined period
Assessment timing:	Point-in-time during the year
Assessment method:	Point-in-time assessment task
Assessment format:	Report
Assessment medium:	Digital submission
Date for pre-release of material:	Term 3, Week 1
Final date of submission:	30 October 2024

Candidates will be required to demonstrate their understanding of strategies which enhance hauora by analysing the scenario(s) and supporting resources provided by NZQA.

Candidates are required to use the scenario(s) and / or resources provided to support their response.

Candidates will be required to respond to a task with multiple parts.

Candidate responses should provide evidence of their own thinking.

Scenario(s) will be accessible to any of the Key Areas of Learning: Food and Nutrition, Mental Health, and Relationships and Sexuality.

Conditions of assessment

Candidates must complete their report in class during a period of assessment selected by the school and should not work on it outside of class time. The recommended period of assessment is four hours. During this time candidates are not to receive guidance, scaffolding, additional instruction, or any form of additional assistance.

Candidates are not permitted to view the assessment task until they begin the assessment. Candidates are not permitted to remove or access any of the assessment material outside of the designated assessment session(s). Candidates may not bring any additional materials or access any other online or offline resources during the assessment period. Schools, teachers, and candidates are not permitted to share the assessment or their assessment response with any other schools, teachers, or candidates. The report must be the candidates' own, independent work. Candidates must not receive teacher, peer, or external feedback on their report for this assessment. Teachers are responsible for keeping assessment materials and candidates' work secure.

Internet access is not permitted.

The use of chatbots, generative AI, paraphrasing tools, or other tools that can automatically generate content is not permitted and material generated by these tools should not be submitted as part of the candidate's work.

Authenticity

Teachers must closely supervise the process of evidence collection to ensure that candidates:

- do not copy from another person or source without appropriate acknowledgement
- do not receive guidance, scaffolding, instruction, assistance, or assessment conditions beyond what is specified as permissible in these Assessment Specifications.

Where a teacher cannot verify that the assessment submitted is the authentic work of the candidate, they must notify NZQA of a possible Candidate Breach of External Assessment.

Special Assessment Conditions

Refer to the NZQA website for further information.

[Aromatawai Special Assessment Conditions](#)

Submission requirements

Evidence may be submitted as:

- Document File (pdf)

Candidates should refer to [Further Guidance for Submission Responses](#) for further information.

Refer also to other resources on the subject page of NZQA website.

Further submission instructions and authenticity requirements will be provided for schools in Term 3, Week 1.