

# Assessment Specifications

## Level 1 Health Studies 2025

Published in October 2024

### General information

<b>Domain:</b>	Health Education
<b>Standards:</b>	92010, 92011
<b>Assessment method:</b>	Examination, end of year
<b>Assessment medium:</b>	Online digital examination   Printed paper

[Health studies subject page](#)

[National secondary examinations timetable](#)

### Information relating to all achievement standards

Candidates are provided with a resource booklet containing scenario(s) and / or supporting resources.

Further information about digital external assessment can be found on the NZQA website.

[Digital external assessment](#)

Special assessment conditions

Refer to the NZQA website for further information:

[Aromatawai special assessment conditions](#)

## Specific information for individual achievement standards

<b>Standard:</b>	92010
<b>Title:</b>	Demonstrate understanding of factors that influence hauora
<b>Version:</b>	3
<b>Number of credits:</b>	5

Candidates will be required to demonstrate their understanding of factors that influence hauora by analysing the scenario(s) and / or supporting resources provided by NZQA.

Candidates are required to use the scenario(s) and / or resources provided to support their response.

The assessment will be accessible to any of the Key Areas of Learning: Food and Nutrition, Mental Health, and Relationships and Sexuality.

Candidates are encouraged to write no more than 800 words for each examination.

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<b>Standard:</b>	92011
<b>Title:</b>	Demonstrate understanding of strategies that enhance hauora
<b>Version:</b>	3
<b>Number of credits:</b>	5

Candidates will be required to demonstrate their understanding of strategies which enhance Hauora by analysing the scenario(s) and / or supporting resources provided by NZQA.

Candidates are required to use the scenario(s) and / or resources provided to support their response.

Candidate responses are expected to draw on one or more of the underlying concepts

- Attitudes and Values
- Health Promotion
- Socio-ecological perspectives

The assessment will be accessible to any of the Key Areas of Learning: Food and Nutrition, Mental Health, and Relationships and Sexuality.

Candidates are encouraged to write no more than 800 words for each examination.

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