

## National Certificate in Mental Health and Addiction Support (Level 4) with optional strands in Addiction, Family/Whānau, and Kaupapa Māori

<b>Level</b>	<b>4</b>
<b>Credits</b>	<b>104</b>

This qualification has been **reviewed**. The last date to meet the requirements is 31 December 2019.

### Transition Arrangements

This qualification has been reviewed and replaced by New Zealand Certificate in Health and Wellbeing (Social and Community Services) (Level 4) with strands in Community Facilitation, Community Health Work, Mental Health and Addiction Support, and Social Services [Ref: 2992].

The last date for entry into programmes leading to this qualification is 31 December 2017.

The last date for assessment of this qualification is 31 December 2019 when the qualification will be discontinued.

People currently working towards this qualification may either complete the requirements by 31 December 2019 or transfer their results to the replacement qualification.

For detailed information see [Review Summaries](#) on the NZQA website.

Version 1 of this qualification contained an expiring unit standard for which a replacement unit standard has now been registered. For the purposes of this qualification, people who have gained credit for the replacement unit standard are exempt from the requirement to gain credit for the expiring unit standard.

Credit for	Exempt from
23380	28543

### NZQF National Qualification Registration Information

Process	Version	Date	Last Date for Assessment
Registration	1	July 2011	December 2019
Review	2	November 2015	December 2019

## Standard Setting Body

Careerforce (Community Support Services Industry Training Organisation Ltd)  
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Reviewed

## National Certificate in Mental Health and Addiction Support (Level 4) with optional strands in Addiction, Family/Whānau, and Kaupapa Māori

**Level** 4

**Credits** 105

### Purpose

This qualification is designed for learners who wish to enter mental health and addiction support work, or who already work as paid or unpaid mental health and addiction support workers under supervision. People completing this qualification will meet the requirements of the Ministry of Health's (2008) *Let's get real* framework at the essential level of performance.

The compulsory section of this qualification recognises knowledge of factors that contribute to mental health wellbeing and mental health problems; interventions and models used by mental health and addiction support workers with service users; mental health and addiction issues, and the impact of co-existing problems; and the law related to support work in mental health and addiction services.

The compulsory section also recognises the knowledge, skills and attitudes related to applying culturally safe Māori operating principles and values; engaging with mental health and addiction service users and their natural supports; supporting a mental health and addiction service user to manage prescribed medication; the mental health and addiction sector in New Zealand and carrying out delegated tasks in their own role in the sector; contributing to the safety of mental health and addiction service users, support workers, and others; mental health and addiction issues at different life stages and supporting a service user at one life stage; providing information about local services and resources to mental health and addiction service users and their supports; supporting mental health and addiction service users to maintain wellness; and demonstrating and, reflecting on, their own ethical practice.

Elective 1 provides a choice of standards focusing on cultural issues relevant to mental health and addiction support.

Elective 2 provides a choice of standards from six specialist areas within the domain *Mental Health and Addiction Support*: addiction, family/whānau, forensic, infant child and youth, kaupapa Māori, and older persons; together with three named standards from the domains *Older Persons' Health and Wellbeing*, and *Kaupapa Hauora*.

Candidates may select relevant standards from Elective 2, as specified in the optional strands, in order to be awarded the qualification with an optional internal strand in Addiction, Family/Whānau, or Kaupapa Māori.

This qualification is aligned with a pathway commencing with the National Certificate in Health, Disability, and Aged Support (Foundation Skills) (Level 2) [Ref: 1291]; and which may include the National Certificate in Health, Disability, and Aged Support (Core Competencies) (Level 3) [Ref: 1327] for which candidates may select the three named Level 3 standards from the domain *Mental Health and Addiction Support*.

## Replacement Information

This qualification replaced the National Certificate in Mental Health (Mental Health Support Work) (Level 4) [Ref: 0431].

## Credit Range

	Compulsory	Elective 1	Elective 2
Level 3 credits	17	6	-
Level 4 or above credits	57	-	25
Minimum totals	74	6	25

## Requirements for Award of Qualification

### Award of NZQF National Qualifications

Credit gained for a standard may be used only once to meet the requirements of this qualification.

Unit standards and achievement standards that are equivalent in outcome are mutually exclusive for the purpose of award. The table of mutually exclusive standards is provided on the New Zealand Qualifications Authority (NZQA) website: <http://www.nzqa.govt.nz/qualifications-standards/standards/standards-exclusion-list/>.

Reviewed standards that continue to recognise the same overall outcome are registered as new versions and retain their identification number (ID). Any version of a standard with the same ID may be used to meet qualification requirements that list the ID and/or that specify the past or current classification of the standard.

## Summary of Requirements

- Compulsory standards
- Elective 1 – A minimum of 1 standard as specified
- Elective 2 – A minimum of 25 credits as specified

The following strands are optional

- Addiction Optional Strand
- Family/Whānau Optional Strand
- Kaupapa Māori Optional Strand

## Detailed Requirements

### Compulsory

The following standards are required

## Community and Social Services &gt; Health, Disability, and Aged Support &gt; Health and Disability Principles in Practice

ID	Title	Level	Credit
28543	Describe culturally safe Māori operating principles and values, and their application in a health or wellbeing setting	3	5

## Community and Social Services &gt; Health, Disability, and Aged Support &gt; Mental Health and Addiction Support

ID	Title	Level	Credit
26971	Describe factors that contribute to mental health wellbeing and mental health problems	3	3
26972	Describe interventions and models used by mental health and addiction support workers when working with service users	3	4
26973	Support mental health and addiction service users and supports to engage with and review local services and resources	3	4
26983	Describe and implement strategies for engaging with mental health and addiction service users and their natural supports	4	6
26984	Describe mental health and addiction issues and the potential impact of co-existing problems	4	5
26985	Support a mental health and addiction service user to manage prescribed medication	4	6
26986	Describe the mental health and addiction sector in New Zealand and carry out delegated tasks of own role in the sector	4	8
26987	Contribute to the safety of mental health and addiction service users, support workers, and others	4	5
26988	Describe mental health and addiction issues at different life stages and support a service user at one life stage	4	8
26989	Support mental health and addiction service users to maintain wellness	4	8
26990	Demonstrate ethical practice and reflect on own ethical practice as a mental health and addiction support worker	4	6
26991	Demonstrate knowledge of law related to support work in mental health and addiction services	4	5

**Elective 1**

A minimum of 1 standard

## Community and Social Services &gt; Health, Disability, and Aged Support &gt; Health and Disability Principles in Practice

ID	Title	Level	Credit
25987	Describe culturally safe principles and Pacific values for a consumer in a health, disability, or community setting	3	6

ID	Title	Level	Credit
27141	Demonstrate knowledge of cultural identities and culture-related issues in an aged care, health, or disability context	3	6

**Elective 2**

A minimum of 25 credits at Level 4 or above

Community and Social Services > Health, Disability, and Aged Support > Older Persons' Health and Wellbeing

ID	Title	Level	Credit
23920	Demonstrate knowledge of dementia, person-centred care, and communication for a person living with dementia	4	6
23922	Demonstrate knowledge of effects of dementia and how to manage them, for those caring for a person living with dementia	4	4

Māori > Hauora > Kaupapa Hauora

ID	Title	Level	Credit
15299	Explain the first principles and key concepts of hauora based on a Māori world view	4	6

Field	Subfield	Domain
Community and Social Services	Health, Disability, and Aged Support	Mental Health and Addiction Support

**Addiction Optional Strand**

The following standards are required

Community and Social Services > Health, Disability, and Aged Support > Mental Health and Addiction Support

ID	Title	Level	Credit
27076	Describe common substance and non-substance addictions in New Zealand, their effects, and types of addictive behaviour	4	8
27077	Describe approaches to, and models of, addiction intervention, and contribute to the application of one model	4	6
27078	Provide support strategies for addiction service users with co-existing problems in mental health and addiction services	5	8
27079	Support addiction service users with self-reporting screening tools and brief interventions	4	5

**Family/Whānau Optional Strand**

A minimum of 3 standards

Community and Social Services > Health, Disability, and Aged Support > Mental Health and Addiction Support

ID	Title	Level	Credit
27084	Describe family/whānau and other natural supports of mental health and addiction service users	4	10
27085	Describe and implement strategies for working with family/whānau of mental health and addiction service users	5	6
27086	Describe assessment, develop and implement support plans with family/whānau of mental health and addiction service users	5	8
27087	Describe and manage challenges posed when supporting family/whānau of mental health and addiction service users	5	8

### Kaupapa Māori Optional Strand

A minimum of 3 standards

Community and Social Services > Health, Disability, and Aged Support > Mental Health and Addiction Support

ID	Title	Level	Credit
27090	Explain and apply Māori values when supporting tangata whai ora and their whānau in mental health and addiction services	5	6
27091	Support tangata whai ora to access services to achieve whānau ora outcomes in a mental health and addiction setting	5	9
27092	Facilitate kaumātua support for tangata whai ora and for non-Māori support services to tangata whai ora	5	10
27093	Contribute to a cultural assessment to support tangata whai ora in mental health and addiction services	4	10

### Māori > Hauora > Kaupapa Hauora

ID	Title	Level	Credit
15299	Explain the first principles and key concepts of hauora based on a Māori world view	4	6

## Transition Arrangements

This qualification replaced the National Certificate in Mental Health (Mental Health Support Work) (Level 4) [Ref: 0431].

Differences between qualifications

- The title and classification have changed.
- New standards 26971-26973 and 26983-26991 relating to both mental health and addiction support have been added to the compulsory section.

- Standards 13424, 13426, 13429, 13431-13433, 13441, and 21920-21928 in the lapsing domain *Support of Mental Health Consumers/Tangata Whai Ora* have been removed from the compulsory section.
- Two elective sections have been added. Elective 1 focuses on cultural issues relevant to mental health and addiction support. Elective 2 contains two standards relating to the care of persons with dementia; one standard introducing *Kaupapa Hauora*; and a choice of standards from the *Mental Health and Addiction Support* domain.
- Three optional internal strands are available through Elective 2 that recognise areas of specialisation within mental health and addiction support.
- The total credit requirement has been reduced from 122 credits to 105 credits.

For detailed information see [Review Summaries](#) on the NZQA website.

Candidates working towards version 4 or version 5 of the replaced qualification can either complete that version or transfer to the new qualification. The last date for assessments to take place for versions 4 or 5 of the replaced qualification is December 2014.

Programmes or courses leading to this qualification can start from the date the qualification is registered.

This qualification contains standards that replace earlier standards. For the purposes of this qualification, people who have gained credit for the expiring standards are exempt from the requirement to gain credit for the replacement standards – see table below.

Credit for	Exempt from
17029	23920
23381	25987
23380	28543

It is not intended that anyone be disadvantaged by this review. However, anyone who feels they have been disadvantaged may appeal to Careerforce at the address below.

## Other standard setting bodies whose standards are included in the qualification

NZQA

## Certification

This certificate will display the logos of NZQA, the Community Support Services ITO Limited and the organisation that has been granted consent to assess against standards that meet the requirements of the qualification (accredited).

## Classification

This qualification is classified according to the classification system listed on the Directory of Assessment Standards (DAS) and the New Zealand Standard Classification of



Education (NZSCED) system as specified below.

DAS Classification		NZSCED	
Code	Description	Code	Description
2210	Community and Social Services > Health, Disability, and Aged Support > Mental Health and Addiction Support	061309	Health > Public Health > Community Health

**Quality Management Systems**

Providers and Industry Training Organisations must be granted consent to assess by a recognised Quality Assurance Body before they can register credits from assessment against standards. Organisation with consent to assess and Industry Training Organisations assessing against standards must engage with the moderation system that applies to those standards. Consent to assess requirements and the moderation system are outlined in the associated Consent and Moderation Requirements (CMR) for each standard.

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