40635 Manage online challenges that may impact on the mental health, hauora and digital safety of taiohi

Kaupae	Level	4
Whiwhinga	Credit	5
Whāinga	Purpose	This skill standard is for people who want to practise youth work under managerial supervision and guidance in range of youth work settings.
		People credited with this standard can manage online challenges that may impact on mental health, hauora and digital safety of taiohi.
		This standard aligns with the New Zealand Certificate in Youth Work (Level 4) [Ref: 2449].

Hua o te ako me Paearu aromatawai | Learning outcomes and assessment criteria

Hua o te ako	Learning outcomes	**Paearu aromatawai**	Assessment criteria
1. Identify online challenges that impact on the mental health and hauora of taiohi.	a. Review common online challenges faced by taiohi.
	b. Describe how online challenges may have a negative impact on the mental health and hauora of taiohi.
2. Select and apply evidence-based strategies used to manage online challenges experienced by taiohi.	a. Review a range of international evidence-based strategies used to manage online challenges faced by taiohi.
	b. Select appropriate evidence-based strategies to manage online challenges relevant to a specific group of taiohi.
	c. Apply appropriate evidence-based strategies to manage online challenges faced by taiohi.
	d. Demonstrate appropriate cultural considerations when implementing evidence-based strategies with taiohi from diverse cultures.
3. Reflect on practical implementation of evidence-based strategies.	a. Summarise the outcomes, challenges faced, lessons learned, and insights gained, during the implementation of evidence-based strategies.

Pārongo aromatawai me te taumata paearu | Assessment information and grade criteria

For assessment purposes:

• Assessments should reflect the cultural context of Aotearoa New Zealand and Te Tiriti o Waitangi articles, contemporary overarching acts, positive youth development frameworks, including Mana Taiohi and Code of Ethics for Youth Work in Aotearoa New Zealand.

• This skill standard may require the disclosure of personal information. This information must be treated according to relevant statutes, regulations, codes of practice, and workplace policies and procedures.

• Taiohi must be supported to manage online challenges for a minimum of six weeks.

• Evidence for the practical components of this skill standard must be generated in a youth development setting, under guidance. It must reflect best practice in youth work including legal, cultural and ethical considerations. Practice must follow organisational policies and procedures.

Definitions:

• *Digital safety* refers to preventing or minimising risks in online spaces, and can include awareness of threats such as behavioural risks (e.g. cyberbullying), identity theft, illegal content, and phishing scams.

• *Evidence-based strategies for managing online challenges* may include but are not limited to - developing awareness, boundary setting, disengaging, advocacy, and developing emotional safety skills.

• *Hauora* is a Māori philosophy of health unique to Aotearoa New Zealand.

• *Online challenges* may include but are not limited to – cyberbullying, online relationships, grooming, and gaming, sexting, extremist content, unsolicited communications.

• *Taiohi* refers to young people between 12 and 24 years of age.

• *Youth work practice* is a mana centric relationship between a youth worker and taiohi, where taiohi actively participate, discover their power, and choose to engage for as long as agreed; and that supports their holistic, positive development as taiohi that contribute to themselves, their whānau, community and world.

Ngā momo whiwhinga | Grades available

Achieved.

Ihirangi waitohu | Indicative content

• Digital hauora.

• Evidence-based strategies.

• Potential risks of digital use.

• Responding to digital challenges.

• Digital safety – social and emotional.

Rauemi | Resources

- *Advice For Children & Young People | Online Safety | Netsafe.* (2025). Netsafe. Available at https://netsafe.org.nz/children-and-young-people.

- Ara Taiohi. (2020). *Code of Ethics for Youth Work in Aotearoa New Zealand* (3rd ed.). Available at https://arataiohi.org.nz/career/code-of-ethics/.

- Ara Taiohi. (2021). *Mana Taiohi Principles*. Available at https://arataiohi.org.nz//mana-taiohi/.

- Department of Internal Affairs. (2025). *Digital Safety*. Available at https://www.dia.govt.nz/digital-safety.

- Educators: Keep It Real Online. (2020). *Govt.nz*. Available at https://www.keepitrealonline.govt.nz/info-for-educators.

- Pacheco, E., & Melhuish, N. (2018). *New Zealand Teens and Digital Harm: Statistical Insights into Experiences, Impact and Response*. Available at https://doi.org/10.2139/ssrn.3188608.

- Wayne Francis Charitable Trust (2021). *Positive Youth Development Aotearoa: Weaving Connections*. Available at https://static1.squarespace.com/static/5f31c6553f71df0f909845ce/t/61789ee225addd66196f5f72/1635294967672/26.10.2021+'Weaving+connections+%28web%29.pdf.

Pārongo Whakaū Kounga | Quality assurance information

Ngā rōpū whakatau-paerewa | Standard Setting Body	Toitū te Waiora Community, Health, Education, and Social Services Workforce Development Council
Whakaritenga Rārangi Paetae Aromatawai | DASS classification	Community and Social Services > Social Services > Youth Development
Ko te tohutoro ki ngā Whakaritenga i te Whakamanatanga me te Whakaōritenga | CMR	0024

Hātepe | Process	**Putanga** | Version	**Rā whakaputa** | Review Date	**Rā whakamutunga mō te aromatawai** | Last date for assessment
Rēhitatanga | Registration	1	26 June 2025	N/A
Kōrero whakakapinga | Replacement information	N/A		
Rā arotake | Planned review date	31 December 2029		

Please contact Toitū te Waiora Community, Health, Education, and Social Services Workforce Development Council at qualifications@toitutewaiora.nz to suggest changes to the content of this skill standard.