

## 41011 Determine responsibilities of own role in a health and wellbeing setting

<b>Kaupae   Level</b>	2
<b>Whiwhinga   Credit</b>	10
<b>Whāinga   Purpose</b>	<p>People credited with this skill standard are able to determine the responsibilities of own role, determine relationships and role boundaries, identify own wellbeing needs, and use technology responsibly in a health and wellbeing setting.</p> <p>This standard aligns with the New Zealand Certificate in Health and Wellbeing (Level 2) [Ref: 2469].</p>

### Hua o te ako me Paearu aromatawai | Learning outcomes and assessment criteria

<b>Hua o te ako   Learning outcomes</b>	<b>Paearu aromatawai   Assessment criteria</b>
1. Determine responsibilities of own role in a health and wellbeing setting.	a. Identify the philosophy, aims and values of own workplace.
	b. Identify personal beliefs, values, and attitudes and how these impact on own role.
	c. Summarise own responsibilities under the Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations 1996.
2. Determine relationships and role boundaries in a health and wellbeing setting.	a. Describe the differences between personal and professional relationships.
	b. Explain how own role interacts within a wider team.
	c. Identify professional boundaries in own role.
3. Identify own wellbeing needs.	a. Describe own holistic wellbeing needs.
	b. Recognise factors that challenge own wellbeing.
	c. Identify ways to support own wellbeing.
4. Use technology responsibly in a health and wellbeing setting.	a. Describe technology use in own role.
	b. Explain benefits and risks associated with technology use in own role.

## **Pārongo aromatawai me te taumata paearu | Assessment information and grade criteria**

### *Assessment specifications:*

Evidence provided for assessment against this skill standard must be collected:

- in a health or wellbeing setting.
- in accordance with workplace or organisational policies and procedures.
- within the boundaries of the learners' role.

Health and Wellbeing settings include but are not limited to - aged care, hospital, home and community, residential care, disability services, social services, mental health and addictions, rehabilitation, hospice and youth development services.

Professional relationships include the person requiring support, their family, whānau, and natural supports, work colleagues, and other health professionals.

### Definitions:

- *Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations 1996*, otherwise referred to as the 'Code of Rights', or simply as 'The Code', establishes the rights of people using health and disability services, and the obligations and duties of providers to comply with it.
- *Holistic wellbeing* refers not just to the absence of disease or illness; it involves a complex combination of a person's physical, mental, spiritual, emotional, environmental and social health factors that support quality of life.
- *Professional boundaries* refer to the clear limits that define a respectful and appropriate relationship between a worker and the people they support, their family, whānau and natural supports.

### **Ngā momo whiwhinga | Grades available**

Achieved.

### **Ihirangi waitohu | Indicative content**

Role responsibilities and workplace values

- Purpose and scope of role.
- Workplace code of conduct, standards: policies and procedures, philosophy, aims, and values
- Code of Rights.
- Privacy Act 2020.
- Terms - informed consent, informed choice, active participation, supported decision making, duty of care, empowerment, stigma, best practice.
- Values, attitudes and beliefs that impact on work.
- Working in partnership (own team, whānau and those significant to the individual).
- Responsibilities to the person being supported.
- Building therapeutic rapport (trust, empathy, respect, authenticity, collaboration).
- Culture and values, workplace and personal.

### Relationships and boundaries

- Differences between personal and professional relationships.
- Role boundaries: what you can/cannot do within your role.
- Interpersonal and communication skills.
- Direction and delegation as applicable to health and wellbeing roles.

### Personal wellbeing

- Holistic wellbeing (physical, mental, emotional, spiritual, social, cultural, relationships, environmental).
- Common stressors in health and wellbeing roles.
- Basic strategies for managing stress (e.g., time management, support networks).
- Workplace resources available to support wellbeing.

### Technology use

- Types of technology in workplace (e.g., electronic health records, mobile devices).
- Benefits of technology (accuracy, efficiency).
- Basic risks (privacy breaches, data security).
- Responsibilities for confidentiality when using technology.

### Rauemi | Resources

- Health and Disability Commissioner. (2022). *About the Act and Code*. Available at <https://www.hdc.org.nz/your-rights/about-the-code/>.
- New Zealand Legislation. (1996). *Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights)*. Available at <https://www.legislation.govt.nz/regulation/public/1996/0078/latest/DLM209080.html>.
- New Zealand Legislation. (2020). *Privacy Act 2020*. Available at <https://www.legislation.govt.nz/act/public/2020/0031/latest/LMS23223.html>.
- Standards New Zealand. (2021). *NZS 8134:2021 Ngā Paerewa Health and Disability Services Standard*. Available at <https://www.standards.govt.nz/shop/nzs-81342021>.

### Pārongo Whakaū Kounga | Quality assurance information

<b>Ngā rōpū whakatau-paerewa  </b> Standard Setting Body	Toitū te Waiora Community, Health, Education, and Social Services Workforce Development Council
<b>Whakaritenga Rārangi Paetae Aromatawai  </b> DASS classification	Community and Social Services > Health, Disability and Aged Support > Health and Disability Principles in Practice
<b>Ko te tohutoro ki ngā Whakaritenga i te Whakamanatanga me te Whakaōritenga  </b> CMR	0024

<b>Hātepe   Process</b>	<b>Putanga   Version</b>	<b>Rā whakaputa   Review Date</b>	<b>Rā whakamutunga mō te aromatawai   Last date for assessment</b>
<b>Rēhitatanga   Registration</b>	1	18 December 2025	N/A
<b>Kōrero whakakapinga   Replacement information</b>	N/A		
<b>Rā arotake   Planned review date</b>	31 December 2030		

Please contact Toitū te Waiora Community, Health, Education, and Social Services Workforce Development Council at [qualifications@toitutewaiora.nz](mailto:qualifications@toitutewaiora.nz) to suggest changes to the content of this skill standard.