

**41040****Identify and examine the principles and practice of the Enabling Good Lives approach**

<b>Kaupae   Level</b>	3
<b>Whiwhinga   Credit</b>	5
<b>Whāinga   Purpose</b>	<p>This skill standard is intended for learners working or entering a disability support setting.</p> <p>Learners will be able to identify and examine the principles and practice of the Enabling Good Lives (EGL) approach.</p> <p>This standard aligns with the New Zealand Certificate in Disability Support (Level 3) [Ref: 5561].</p>

**Hua o te ako me Paearu aromatawai | Learning outcomes and assessment criteria**

<b>Hua o te ako   Learning outcomes</b>	<b>Paearu aromatawai   Assessment criteria</b>
1. Identify the vision, principles, key characteristics, objectives, and implementation of Enabling Good Lives in Aotearoa New Zealand.	a. Describe the vision of Enabling Good Lives.
	b. Outline the principles of Enabling Good Lives.
	c. Identify the five key characteristics of the Enabling Good Lives approach.
	d. Explain the objectives of Enabling Good Lives.
	e. Outline the development of Enabling Good Lives.
	f. Describe how Enabling Good Lives was introduced at local and national levels.
	g. Examine how the introduction of Enabling Good Lives has changed disability support practice.
2. Examine the Enabling Good Lives approach in disability support practice.	a. Recognise how Enabling Good Lives informs person-centred support.
	b. Describe barriers that may affect upholding the Enabling Good Lives approach.
	c. Summarise strategies that uphold the Enabling Good Lives approach in disability support practice.

## **Pārongo aromatawai me te taumata paearu | Assessment information and grade criteria**

### *Assessment specifications:*

For assessment purpose evidence provided for the assessment of this skill standard must be gathered:

- in a disability support setting
- in accordance with workplace or organisational policies and procedures.

### *Definitions:*

*Disability support setting* – any environment where a disabled person receives support to meet their needs and goals. This may include, but is not limited to, residential support, home-based support, day services or centre-based support, community-based services, education support, or through individualised funding models that enable the person to direct their own support.

*Support* – should aim to maximise a person’s independence by utilising existing strengths and appropriate resources; but may include providing assistance to enable a person’s health and wellbeing needs to be met.

## **Ngā momo whiwhinga | Grades available**

Achieved

## **Ihirangi waitohu | Indicative content**

Enabling Good Lives (EGL) vision and principles

- The EGL vision: disabled people and whānau having greater choice and control over their lives.
- The eight principles of EGL: self-determination, beginning early, person-directed, ordinary life outcomes, mainstream first, mana-enhancing, easy to use, relationship building.
- How EGL principles align with the New Zealand Disability Strategy, the social model of disability, Te Tiriti o Waitangi, and the United Nations Convention on the Rights of Persons with Disabilities (UNCRPD).
- How EGL principles support a disabled person’s choice, control, inclusion, mana, and participation.

EGL features and objectives:

- Overview of the five key characteristics of the EGL approach:
  - self-directed planning and facilitation
  - individualised and portable funding
  - recognising the person in their wider social context
  - strengthening family and whānau connections
  - building natural supports through community engagement.
- EGL’s objective to transform the disability support system into one that is person-directed, flexible, and community-connected.

Implementation of EGL in Aotearoa New Zealand:

- Development of EGL: the 2011 report and the response to traditional disability service models.
- Key sites of implementation: Waikato, Christchurch, Mid-Central (Mana Whaikaha).
- Localised and national approaches to trialling, adapting, and embedding EGL principles.

- Examples of how EGL has changed disability support practice (for example, more flexible funding, greater involvement of whānau, more responsive planning processes).

#### Upholding EGL in practice:

- What person-centred support looks like in practice (for example, enabling, informed decision-making, respecting preferences, supporting aspirations).
- Common barriers to upholding EGL (for example, lack of understanding, rigid funding systems, organisational policies, attitudes).
- Strategies that support implementation:
  - promoting disabled leadership
  - strengthening communication and planning
  - collaborating with whānau and community
  - advocating for systemic change where needed.
- Supporting a disabled person to live an ordinary life in a way that reflects their goals, identity, and community.

#### Rauemi | Resources

##### Recommended resources:

- Enabling Good Lives. (2011). *How Enabling Good Lives started – the August 2011 report*. <https://www.enablinggoodlives.co.nz/about-eql/eql-background/1-how-enabling-good-lives-started-the-august-2011-report/>. Retrieved July 25, 2025.
- Enabling Good Lives. *Enabling Good Lives*. <https://www.enablinggoodlives.co.nz/>
- Health and Disability Commissioner (Code of Health and Disability Services Consumers' Rights) Regulations 1996. (1996). *New Zealand Legislation*. <https://www.legislation.govt.nz/regulation/public/1996/0078/latest/whole.html> Retrieved July 25, 2025.
- Ministry of Health. (2016). *New Zealand Disability Strategy 2026–2030*. <https://www.whaikaha.govt.nz/about-us/our-work/new-zealand-disability-strategy-2026-2030/>. Retrieved November 5, 2025.
- Ministry of Social Development. *Enabling Good Lives Christchurch*. Retrieved July 10, 2025, from <https://www.enablinggoodlives.co.nz/enabling-good-lives-leadership-sites/enabling-good-lives-christchurch/>. Retrieved July 25, 2025.
- Ministry of Social Development. *Enabling Good Lives Waikato*. Retrieved July 10, 2025, from <https://www.enablinggoodlives.co.nz/enabling-good-lives-leadership-sites/enabling-good-lives-waikato/>. Retrieved July 25, 2025.
- New Zealand Government. (1990). *New Zealand Bill of Rights Act 1990*. <https://www.legislation.govt.nz/act/public/1990/0109/latest/whole.html>. Retrieved July 25, 2025.
- New Zealand Government. (1993). *Human Rights Act 1993*. <https://www.legislation.govt.nz/act/public/1993/0082/latest/whole.html>. Retrieved July 25, 2025.
- New Zealand Government. (2001). *Health and Disability Services (Safety) Act 2001*. <https://www.legislation.govt.nz/act/public/2001/0093/latest/DLM119975.html>. Retrieved July 25, 2025.
- New Zealand Ministry of Justice. *Convention on The Rights of Persons with Disabilities (CRPD)*. <https://www.justice.govt.nz/justice-sector-policy/constitutional-issues-and-human-rights/human-rights/international-human-rights/crpd/>. Retrieved July 25, 2025.
- Standards New Zealand. (2021). *Ngā Paerewa Health and Disability Services Standard (NZS*

8134:2021). <https://www.standards.govt.nz/shop/nzs-81342021>

- Waitangi Tribunal. *Māori and English versions of the Treaty*. <https://www.waitangitribunal.govt.nz/en/about/the-treaty/maori-and-english-versions>. Retrieved July 25, 2025.
- Whaikaha – Ministry of Disabled People. *Learn about Enabling Good Lives*. <https://www.disabilitysupport.govt.nz/disabled-people/learn-about-enabling-good-lives>. Retrieved July 25, 2025.

### Pārongo Whakaū Kounga | Quality assurance information

<b>Ngā rōpū whakatau-paerewa  </b> Standard Setting Body	Toitū te Waiora Community, Health, Education, and Social Services Workforce Development Council
<b>Whakaritenga Rārangi Paetae Aromatawai  </b> DASS classification	Community and Social Services > Health, Disability, and Aged Support > Supporting People with Disabilities
<b>Ko te tohutoro ki ngā Whakaritenga i te Whakamanatanga me te Whakaōritenga  </b> CMR	0024

<b>Hātepe  </b> Process	<b>Putanga  </b> Version	<b>Rā whakaputa  </b> Review Date	<b>Rā whakamutunga mō te aromatawai  </b> Last date for assessment
<b>Rēhitatanga  </b> Registration	1	18 December 2025	N/A
<b>Kōrero whakakapinga  </b> Replacement information	N/A		
<b>Rā arotake  </b> Planned review date	31 December 2030		

Please contact Toitū te Waiora Community, Health, Education, and Social Services Workforce Development Council at [qualifications@toitutewaiora.nz](mailto:qualifications@toitutewaiora.nz) to suggest changes to the content of this skill standard.