

41053 Administer basic life support

Kaupae Level	2
Whiwhinga Credit	1
Whāinga Purpose	<p>People credited with this skill standard are able to administer basic life support.</p> <p>This skill standard may be used in programmes leading to New Zealand qualifications and Manage Life Support and First Aid in Emergency Situations (Micro-credential) (ID: 129752) and Foundation First Aid (Micro-credential) (ID: 129580).</p>

Hua o te ako me Paearu aromatawai | Learning outcomes and assessment criteria

Hua o te ako Learning outcomes	Paearu aromatawai Assessment criteria
1. Administer basic life support.	a. Manage a collapsed person who is unresponsive and not breathing normally.
	b. Manage a foreign body airway obstruction.
	c. Manage severe and life-threatening bleeding.
	d. Manage a person in shock.

Pārongo aromatawai me te taumata paearu | Assessment information and grade criteria

Assessment specifications:

- Assessment must comply with the current version of *First Aid as a Life Skill*, available from Toitū Te Waiora at <https://toitutewaiora.nz/first-aid-as-a-life-skill/>.
- Competence must be demonstrated in a simulated emergency situation. Environmental conditions must be identified and considered for the situation where assessment takes place.
- Assessment against criterion 1a must include evidence of managing a collapsed adult or child, and an infant.
- Assessment against criterion 1a must include the *Dangers, Response, Send for help, Airway, Breathing, CPR, Defibrillation* (DRSABCD) mnemonic, including checking for scene safety, assessing responsiveness, sending for help, opening and checking the airway, checking for breathing, performing Cardiopulmonary Resuscitation (CPR), and demonstrating use of an Automated External Defibrillator (AED).
- Assessment against criterion 1b must include evidence of the management of a foreign body airway obstruction for either an adult or child, and an infant.
- Assessment against criterion 1c must include use of a tourniquet.
- Assessment against criterion 1d must include demonstration of placing a collapsed person who is unresponsive and breathing normally in the stable-side/recovery position.

Definitions

- *Adult* is defined as aged eight years or over.
- *Child* is defined as aged between one and eight years of age.
- *Infant* is defined as younger than one year old.
- *Basic life support* is that phase of emergency care that either:
 - a. prevents respiratory or circulatory arrest or insufficiency through prompt recognition or intervention; or,
 - b. supports the person to relieve an airway obstruction; or,
 - c. supports the breathing and circulation of a person with chest compressions and ventilations (CPR) and supports the person through accessing an AED where available.

Ngā momo whiwhinga | Grades available

Achieved.

Ihirangi waitohu | Indicative content

- DRSABCD mnemonic.
- CPR through chest compressions and ventilations.
- Use of an AED.
- Foreign body airway obstructions affecting an adult or child, and infant.
- Severe bleeding in a life-threatening situation and use of a tourniquet.
- Shock.
- Stable-side/recovery position.

Rauemi | Resources

Toitū te Waiora. (2022). *First Aid as a Life Skill: Training Requirements for Quality Provision of Unit Standard-based and Revalidation First Aid Training and Assessment*. Available at: <https://toitutewaiora.nz/first-aid-as-a-life-skill/>.

Pārongo Whakaū Kounga | Quality assurance information

Ngā rōpū whakatau-paerewa Standard Setting Body	Toitū te Waiora Community, Health, Education, and Social Services Workforce Development Council
Whakaritenga Rārangi Paetae Aromatawai DASS classification	Health > Health Studies > First Aid
Ko te tohutoro ki ngā Whakaritenga i te Whakamanatanga me te Whakaōritenga CMR	0024

Hātepe Process	Putanga Version	Rā whakaputa Review Date	Rā whakamutunga mō te aromatawai Last date for assessment
Rēhitatanga Registration	1	27 November 2025	N/A
Kōrero whakakapinga Replacement information	This skill standard replaced unit standard 6402.		
Rā arotake Planned review date	31 December 2030		

Please contact Toitū te Waiora Community, Health, Education and Social Services Workforce Development Council [info@toitutewaiora.nz] if you wish to suggest changes to the content of this skill standard.