

**FIELD HEALTH****Review of *Massage* unit standards**

<b>Subfield</b>	<b>Domain</b>	<b>Id</b>
Natural and Traditional Health and Healing	Massage	14753-14759, 14867, 14963-14969, 17346

NZQA National Qualifications Services has completed the review of the unit standards listed above that were registered in February 1999 and March 2000.

**Date new versions published** **June 2005**

**New comments by date** **June 2009**

**Expiry date of new versions of the unit standards** **December 2010**

**Summary of review and consultation process**

The Massage unit standards have been reviewed as part of a longer term review of most standards in the Natural and Traditional Health and Healing subfield.

The Massage Advisory Group discussed possible changes, these were refined by a panel brought together by NZQA which included representation from associated health groups, and the resulting drafts were networked. The review products include two new unit standards on Onsite Massage and Holistic Pulsing, originally proposed by therapists with experience with such processes.

The reviewed standards were also circulated through the Institutes of Technology and Polytechnics in New Zealand networks.

**Main changes resulting from the review**

- Titles changed in unit standards 14754, 14756, 14757, 14758, 14759, 14963, 14965, 14966, 14967, 14968 and 14969.
- Credits increased in unit standards 14965 and 14969.
- Alteration to prerequisites in unit standards 14756, 14759 and 14965.
- Updating of prerequisite unit standard titles.
- Special Notes refined, including the update of specified legislative and regulatory requirements.
- Special Note added to practical standards, explaining the number of clients required for assessment purposes.
- Ranges in several standards prefaced by 'may include but is not limited to..'
- Minor changes to element titles and the wording of performance criteria across the standards.
- Elements 2 and 3 in unit standard 14754 reordered to 'assess and select' in element 2 and 'apply' in element 3.
- Unit standard 14759 restructured and lists of body parts refined.
- Major restructure of unit standard 14965 to make assessment requirements clearer.

- The term 'Ortho-Bionomy' in unit standard 14966, a trademark name, replaced by 'Positional Release'.
- Unit standard 14867 replaced by unit standard 21934. The new unit standard requires identification of muscles, but not massage, which is assessed by using 14965.
- Elements reordered and refined in unit standards 14968 and 14969.
- New unit standard in Holistic Pulsing.
- New unit standard in onsite massage practice.

**Unit standards categorised as category C expire at the end of December 2008.**

### Impact on existing provider accreditations

Current Accreditation for			Accreditation extended to		
Nature of accreditation	Classification or Id	Level	Nature of accreditation	Classification or Id	Level
Standard	14867	4	Standard	21934	4

### Impact on existing qualifications

The National Certificate in Massage (Relaxation Massage) (Level 4) [Ref: 0752] and the National Diploma in Massage (Therapeutic Massage) (Level 6) [Ref: 0904] are affected by the outcome of this review and will be reviewed by National Qualifications Services in July 2005.

### Summary of main changes to standards' Ids, classification, titles, levels, and credits

The following summary shows the changes made to the standards as a result of the review. All changes are in **bold**.

#### Key to review category

- A** Dates changed, but no other changes are made - the new version of the standard carries the same Id and a new version number
- B** Changes made, but the overall outcome remains the same - the new version of the standard carries the same Id and a new version number
- C** Major changes that necessitate the registration of a replacement standard with a new Id
- D** Standard will expire and not be replaced

Subfield      Natural and Traditional Health and Healing  
Domain        Massage

Id	Title	Level	Credit	Review Category
14753	Apply clinical neuromuscular therapy in a massage practice setting	7	20	B
14754	Describe stress management and relaxation techniques in a clinical massage practice setting <b>Select and apply stress management and relaxation techniques in massage clinical practice</b>	6	6	B
14755	Apply massage techniques to infants up to two years of age	4	2	B

Id	Title	Level	Credit	Review Category
14756	Demonstrate knowledge of the use of massage in sport, perform pre and post event massage techniques <b>Demonstrate knowledge of the use of massage in sport, and apply massage in sporting situations</b>	4	6	B
14757	Assess clients, treat sports related injuries, and apply sports massage techniques <b>Apply massage techniques to sport and exercise</b>	6	8	B
14758	Demonstrate selected neuromuscular techniques in a massage practice setting <b>Demonstrate selected neuromuscular techniques in massage clinical practice</b>	6	12	B
14759	Describe bones, muscles, and tissues, and apply massage and stretching in a clinical massage setting <b>Demonstrate knowledge of bones, muscles, tissues, and stretching for massage</b>	6	16	B
14867 21934	Massage selected muscles and tissues in a relaxation massage setting <b>Identify selected muscles of the human body in massage practice</b>	4 4	5 5	C
14963	Demonstrate knowledge of, and prepare for massage practice <b>Demonstrate knowledge of, and prepare for, massage practice</b>	4	6	B
14964	Select and use massage equipment and materials in clinical practice	4	2	B
14965	Perform massage in a clinical practice setting <b>Perform massage in clinical practice</b>	6	31 32	B
14966	Perform Ortho-Bionomy in a massage clinical practice setting <b>Perform Positional Release in massage clinical practice</b>	6	6	B
14967	Use energy balancing techniques in a massage clinical practice setting <b>Use energy balancing techniques in massage clinical practice</b>	6	10	B
14968	Use palpation in a massage clinical practice setting <b>Use palpation in massage clinical practice</b>	6	7	B
14969	Demonstrate massage techniques in a clinical practice setting <b>Demonstrate massage techniques in a massage practice setting</b>	5	5 6	B

<b>Id</b>	<b>Title</b>	<b>Level</b>	<b>Credit</b>	<b>Review Category</b>
17346	Apply Zone Therapy to the feet in a relaxation massage setting	4	6	B
<b>21767</b>	<b>Apply Holistic Pulsing in body therapy</b>	<b>4</b>	<b>6</b>	<b>New</b>
<b>21768</b>	<b>Prepare for and apply massage techniques in onsite massage practice</b>	<b>6</b>	<b>12</b>	<b>New</b>