

**Field Community and Social Services****Extension of expiry date of *Group Fitness Instruction* unit standards**

Subfield	Domain	ID
Fitness	Group Fitness Instruction	22773-22780

Skills Active Aotearoa Limited has extended the expiry date of the unit standards listed above.

**Date new versions published**

**September 2013**

**New expiry date**

**December 2015**

**Summary**

These unit standards were reviewed as category C and D as part of the development of the New Zealand Certificate in Fitness (Group Fitness), which occurred prior to the Targeted Review of Qualifications. It is now necessary to extend the expiry date of these unit standards to prevent the possibility of education providers and students being disadvantaged by the outcome of the mandatory review and any subsequent development of new qualifications to replace the National Certificate in Fitness (Group Fitness Instruction) (Level 3) [Ref: 1319] and National Certificate in Recreation and Sport (Aquatics) (Level 3) with strands in Pool Lifeguard, Swim Education and Pool Operations [Ref: 1697].

**Main changes**

The expiry date for these unit standards is extended from December 2013 to December 2015.

**Summary of main changes**

The following tables show the old and revised expiry dates.

Community and Social Services > Fitness > Group Fitness Instruction

ID	Title	Level	Credit	Previous expiry date	New expiry date
22773	Plan and teach a Step class	3	12	31/12/2013	31/12/2015
22774	Plan and teach a Spin class	3	12	31/12/2013	31/12/2015
22775	Plan and teach a Pump class	3	12	31/12/2013	31/12/2015
22776	Plan and teach a kicking and boxing class	3	12	31/12/2013	31/12/2015
22777	Plan and teach a Circuit class	3	12	31/12/2013	31/12/2015
22778	Plan and teach a chest deep aquafitness class	3	15	31/12/2013	31/12/2015
22779	Plan and teach a deep water aquafitness class	3	15	31/12/2013	31/12/2015
22780	Plan and teach a High and Low class	3	12	31/12/2013	31/12/2015

