

**FIELD            Community and Social Services****Review of *Fitness* qualifications**

**National Certificate in Fitness (Foundation Skills) (Level 2) [Ref: 1239]**  
**National Certificate in Fitness (Exercise Consultant) (Level 3) [Ref: 1318]**  
**National Certificate in Fitness (Group Fitness Instruction) (Level 3) [Ref: 1319]**  
**National Certificate in Fitness (Personal Training Business Skills) (Level 4)**  
**[Ref: 1320]**  
**New Zealand Certificate in Fitness (Group Fitness) (Level 3) [Ref: 1857]**  
**National Diploma in Fitness (Applied) (Level 5) [Ref: 1240]**

Skills Active has completed the mandatory review of the qualifications listed above.

**Replacement qualifications**

New Zealand Certificate in Exercise (Level 4) [Ref: 3563]  
 New Zealand Certificate in Exercise (Level 5) [Ref: 3564]  
 New Zealand Certificate in Freestyle Group Exercise (Level 4) [Ref: 3565]  
 New Zealand Certificate in Pre-designed Exercise Instruction (Level 3) [Ref: 3566]  
 New Zealand Certificate in Pre-choreographed Group Exercise (Level 3) [Ref: 3582]

**Date new versions published****February 2017**

The next qualification review is planned to take place by December 2021.

**Summary of review and consultation process**

Between 2012 and 2016, a mandatory sector review of qualifications in the Recreation, Sport and Fitness sector occurred. The review encompassed broad consultation with industry and training provider stakeholders to ensure that the new qualifications meet current and future needs.

The review resulted in the recommendation that the reviewed qualifications listed above should be replaced by a new suite of New Zealand qualifications. The replacement New Zealand qualifications have now been listed, and the reviewed qualifications will therefore be phased out.

**Main changes resulting from the review**

National Certificate in Fitness (Foundation Skills) (Level 2) [Ref: 1239]

Review category	<b>D</b>	See <a href="#">Error! Reference source not found.</a> at the end of report
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National Certificate in Fitness (Exercise Consultant) (Level 3) [Ref: 1318]

*replaced by*

**New Zealand Certificate in Pre-designed Exercise Instruction (Level 3) [Ref: 3566]**

Review category	<b>C</b>	See <a href="#">Error! Reference source not found.</a> at the end of report
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National Certificate in Fitness (Group Fitness Instruction) (Level 3) [Ref: 1319]  
*replaced by*

**New Zealand Certificate in Freestyle Group Exercise (Level 4) [Ref: 3565]**

Review category	<b>C</b>	See <a href="#">Error! Reference source not found.</a> at the end of report
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### Transition

Ref: 1319 contains standards that will expire in December 2018. People wishing to complete Ref: 1319 will need to gain credit for the expiring standards before they expire or use the transition arrangements below.

People can complete the qualification using either expiring standards or replacement standards.

For the purposes of this qualification, people who have gained credit for the replacement standards are exempt from the requirement to gain credit for the expiring standards – see table below.

Credit for	Exempt from
27709	22773
27710	22778, 22779
27711	22774
27712	22775
27713	22776
27714	22777

New Zealand Certificate in Fitness (Group Fitness) (Level 3) with strands in Pre-choreographed, and Freestyle [Ref: 1857]

**New Zealand Certificate in Pre-choreographed Group Exercise (Level 3) [Ref: 3582]**

**New Zealand Certificate in Freestyle Group Exercise (Level 4) [Ref: 3565]**

Review category	<b>C</b>	See <a href="#">Error! Reference source not found.</a> at the end of report
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National Certificate in Fitness (Personal Training Business Skills) (Level 4) [Ref: 1320]  
*replaced by*

**New Zealand Certificate in Exercise (Level 4) [Ref: 3563]**

Review category	<b>C</b>	See <a href="#">Error! Reference source not found.</a> at the end of report
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National Diploma in Fitness (Applied) (Level 5) [Ref: 1240]

*replaced by*

**New Zealand Certificate in Exercise (Level 5) [Ref: 3564]**

Review category	<b>C</b>	See <a href="#">Error! Reference source not found.</a> at the end of report
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## Transition

The last date for entry into training programmes leading to replaced qualifications is 31 December 2018. The last date for assessments to take place for the replaced qualifications is 31 December 2020.

People currently working towards any of the replaced qualifications must complete its requirements by 31 December 2020 or may transfer to a programme of study or training leading to a replacement qualification.

It is anticipated that no existing candidates will be disadvantaged by these transition arrangements. However, anyone who feels that they have been disadvantaged may appeal to Skills Active Aotearoa at the address below:

Skills Active Aotearoa  
 PO Box 2183  
 Wellington 6140  
 Phone 04 385 9047  
 Fax 04 385 7024  
[info@skillsactive.org.nz](mailto:info@skillsactive.org.nz)  
[www.skillsactive.org.nz](http://www.skillsactive.org.nz)

## Key to Qualification Review Categories

<b>Category A</b> The qualification is published as a new version with the same NZQF ID	Changes are made to SSB name, contact details or purpose statement
	No change is made to title, rules or components of the qualification
	No transition arrangements are required
<b>Category B</b> The qualification is published as a new version with the same NZQF ID	Changes are made to title, rules or components
	The new version of the qualification recognises a similar skill set to that recognised by the previous version
	The SSB is confident that people awarded the new or previous version are comparable in terms of competence
<b>Category C</b> A new (replacement) qualification is published with new NZQF ID	Transition arrangements are required if candidates must gain additional/different credits for the new version
	Significant changes are made to the qualification in terms of components, structure, type or level
	The SSB views people with the replacement qualification as being significantly different in terms of competence from those with the replaced qualification
	Transition arrangements are required
<b>Category D</b> Qualification will expire. There is no replacement qualification	Transition may be limited to phase-out dates
	Qualification is no longer required by industry
	The qualification is designated as expiring and a last date for meeting the qualification requirements is set