

Community and Social Services

Review of *Fitness, Outdoor Recreation* and *Snowsport* unit standards

Subfield	Domain	ID
Fitness	Exercise Prescription	22264
	Fitness Assessment and Individual Fitness Instruction	13382, 22880
	Fitness Industry Education	7038, 7042
Outdoor Recreation	Orienteering	5477, 5483
	Windsurfing	462, 464, 5473, 5474
Snowsport	Avalanche	4562-4565, 18139
	Snowsport Area Operations	4586, 5625, 18101, 18102, 18428-18430, 21751

Skills Active Aotearoa has completed the review of the unit standards listed above.

Date new versions published

December 2021

Summary

Skills Active Aotearoa undertook analysis of the above currently listed unit standards and identified that they are no longer being used and many have not been awarded in three years or longer. Following an open consultation process the decision was made to expire these unit standards as they no longer align with industry need.

Main changes

- All standards set to expiring.

Category D unit standards will expire at the end of December 2023, except for Avalanche standards which expire December 2022

Detailed list of unit standards – classification, title, level, and credits

Key to review category	
A	Dates changed, but no other changes are made - the new version of the standard carries the same ID and a new version number
B	Changes made, but the overall outcome remains the same - the new version of the standard carries the same ID and a new version number
C	Major changes that necessitate the registration of a replacement standard with a new ID
D	Standard will expire and not be replaced

Community and Social Services > Fitness > Exercise Prescription

ID	Title	Level	Credit	Review Category
22264	Instruct and monitor resistance training	3	4	D

Community and Social Services > Fitness > Fitness Assessment and Individual Fitness Instruction

ID	Title	Level	Credit	Review Category
13382	Develop and teach a simple movement skill in a specified workplace	3	2	D
22880	Tour a potential member through a fitness enterprise and gain commitment to act	3	4	D

Community and Social Services > Fitness> Fitness Industry Education

ID	Title	Level	Credit	Review Category
7038	Explain the purpose and structure of a fitness enterprise	3	4	D
7042	Advise individual clients on health, fitness, exercise and lifestyle	3	5	D

Community and Social Services > Outdoor Recreation> Orienteering

ID	Title	Level	Credit	Review Category
5477	Set white and yellow grade orienteering courses	3	2	D
5483	Complete orange grade orienteering courses	3	1	D

Community and Social Services > Outdoor Recreation> Windsurfing

ID	Title	Level	Credit	Review Category
462	Demonstrate shortboard sailing techniques	3	5	D
464	Demonstrate wave-sailing techniques on a shortboard	4	10	D
5473	Make advanced windsurf repairs	4	16	D
5474	Make basic windsurf repairs	3	16	D

Community and Social Services > Snowsport> Avalanche

ID	Title	Level	Credit	Review Category
4562	Assist with avalanche control work using handcharges	4	2	D
4563	Control avalanches using handcharges	5	4	D
4564	Control avalanches using avalaunchers	5	6	D
4565	Control avalanches using helicopter bombing	5	6	D
18139	Lead a first party response team for an avalanche search and rescue	5	10	D

Community and Social Services > Snowsport> Snowsport Area Operation

ID	Title	Level	Credit	Review Category
4586	Operate a snowmobile	3	3	D
5625	Manage a snowgrooming operation at a snowsport area	5	20	D
18101	Groom snow for an event	4	15	D
18102	Work on a tower at a snowsport area	3	4	D
18428	Process sales of snowsport area tickets, products and services	3	5	D
18429	Process complex transactions involving multiple guests with different needs at a snowsport area	3	5	D
18430	Redeem point of sale documentation for products at a snowsport area	3	5	D
21751	Assist with the evacuation of a chairlift	2	1	D