

Field Community and Social Services

Review of *Recreation and Sport* unit standards

Subfield	Domain	ID
Recreation and Sport	Recreation and Sport - Coaching and Instruction	5366, 5367, 5370, 5373, 16789, 18040, 20811-20814, 21651, 22768, 25806-25810, 25813-25821, 25824-25828
	Recreation and Sport - Core Skills	8567, 21639, 21649, 22769
	Recreation and Sport - Management	4885, 13381
	Recreation and Sport - Programmes and Events	27297
	Sport Officiating	27269

Skills Active Aotearoa has completed the review of the unit standards listed above.

Date new versions published

December 2021

Planned review date

December 2026

Summary

These unit standards were reviewed as part of a scheduled review for the *Recreation and Sport* subfield to ensure that all unit standards are fit for purpose and reflect current industry needs and expectations. Many of the standards were beyond their scheduled review date.

Skills Active undertook analysis of these standards and identified that many are no longer being used and have not been awarded in three years or longer. Following an open consultation process the decision was made to expire these unit standards as they no longer align with industry need. Five of the standards have been updated and reviewed, and were consulted on in August 2021 with support to continue their listing.

Main changes

- 34 unit standards were designated expiring due to low or no usage.
- Titles, guidance information, outcomes and performance criteria of the Category B unit standards were amended to ensure they are fit for purpose and aligned with current industry practice and terminology.
- The level and credit of unit standard 22768 was amended to more accurately reflect the time taken to learn and demonstrate these outcomes and differentiate it from another unit standard 31677 (not covered in this application).
- Credit of unit standard 27629 was amended to more accurately reflect the time taken to learn and demonstrate the outcomes.
- Unit standards were updated to meet current template requirements.

Category D unit standards will expire at the end of December 2023.

The last date for assessment of superseded versions of Category B unit standards is December 2023.

Detailed list of unit standards – classification, title, level, and credits

All changes are in **bold**.

Key to review category	
A	Dates changed, but no other changes are made - the new version of the standard carries the same ID and a new version number
B	Changes made, but the overall outcome remains the same - the new version of the standard carries the same ID and a new version number
C	Major changes that necessitate the registration of a replacement standard with a new ID
D	Standard will expire and not be replaced

Community and Social Services > Recreation and Sport> Recreation and Sport - Coaching and Instruction

ID	Title	Level	Credit	Review Category
5366	Apply the basic principles of applied sport psychology	4	6	D
5367	Apply advanced principles of applied sport psychology	5	6	D
5370	Apply biomechanical principles to improve skill performance	5	6	D
5373	Explain the management of extreme environments and travel in a coaching situation	4	4	D
16789	Plan, implement, and evaluate competitive strategies for a season	4	5	D
18040	Design a periodised training programme for a year	6	5	D
20811	Train to develop conditioning for a selected sport at a basic level	4	5	B
20812	Teach to develop an advanced skill of a selected sport	5	4	D
20813	Develop the advanced tactics of a selected sport for a competitive situation	4	4	D
20814	Train to develop conditioning for a selected sport at an intermediate level	5	6	D
21651	Plan, implement, and evaluate an intermediate coaching session	4	6	D
22768	Conduct and review a beginner level coaching session	3 2	6 4	B
25806	Demonstrate and apply knowledge in coaching practice of athlete learning	4	3	D
25807	Demonstrate and apply knowledge of leadership as a sport coach	3	2	D
25808	Demonstrate and apply knowledge of vision, values, and group culture as a sport coach	4	3	D
25809	Design, implement and review a team building activity for a group of athletes	4	2	D
25810	Demonstrate and apply knowledge of own coaching philosophy and principles of learning in sport coaching	4	3	D
25813	Demonstrate and apply knowledge of skill acquisition approaches in sport coaching	4	5	B
25814	Facilitate an inclusive and positive environment in coaching practice	4	4	D
25815	Demonstrate and apply knowledge of ethics and the protection of athletes, coach, and others, in sport coaching	3	2	D
25816	Demonstrate and apply knowledge of self-management for sport coaching	3	2	D
25817	Demonstrate and apply basic knowledge of sport science as a coach	3	6	D
25818	Select and use information and technology for development as a sport coach	3	2	D

ID	Title	Level	Credit	Review Category
25819	Plan, implement and evaluate a training session as a coach	3	4	D
25820	Plan for a sport competition, implement the plan, and evaluate the outcome as a coach	4	2	D
25821	Develop a plan for a sport-related longer term goal, implement the plan, and evaluate the outcome as a coach	4	4	D
25824	Demonstrate and apply basic knowledge as a coach of the use and misuse of medications, drugs, and alcohol by athletes	3	2	D
25825	Demonstrate and apply knowledge of rules and regulations as a coach in a selected sport	3	2	D
25826	Demonstrate and apply knowledge of athletes' technical skills as a coach in a selected sport	4	6	D
25827	Demonstrate and apply knowledge of key tactics and strategies as a coach in a selected sport	4	4	D
25828	Demonstrate and apply knowledge of evaluation techniques for athlete performance, as a coach	4	4	D

Community and Social Services > Recreation and Sport> Recreation and Sport - Core Skills

ID	Title	Level	Credit	Review Category
8567	Access sources of information for use in recreation	2	2	D
21639	Explain stress and stress overload, and manage personal stress, in a sports situation	3	3	D
21649	Apply knowledge of basic anatomy to the performance of sport skills Demonstrate knowledge of basic anatomy to the performance of a complex sport skill	2	3	B
22769	Demonstrate knowledge of basic skills and rules at a beginner level for a sport	2	2	D

Community and Social Services > Recreation and Sport> Recreation and Sport - Management

ID	Title	Level	Credit	Review Category
4885	Prepare sport information for the media	3	3	D
13381	Participate in media interviews for recreation or sport	3	3	D

Community and Social Services > Recreation and Sport> Recreation and Sport - Programmes and Events

ID	Title	Level	Credit	Review Category
27297	Facilitate safety of patrons at a recreation workplace	2	3	D

Community and Social Services > Recreation and Sport> Sport Officiating

ID	Title	Level	Credit	Review Category
27629	Describe pre-competition preparations for umpiring/officiating at a junior or beginning level Demonstrate knowledge of pre-competition preparations for umpiring or officiating at a beginner level	2	3 2	B