

Field: Other Health

Change report for the review of Group Exercise New Zealand Qualifications

Reviewed qualifications

[Ref]	Version	Qualification title	Level	Credits
3565	1	New Zealand Certificate in Freestyle Group Exercise (Level 4)	4	60
3566	1	New Zealand Certificate in Pre-designed Exercise Instruction (Level 3)	3	50
3582	1	New Zealand Certificate in Pre-choreographed Group Exercise (Level 3)	3	40

Review information

Qualification Developer	Toi Mai Workforce Development Council
Reason for the review	Five yearly review
Review date	February 2023
Outcome date	April 2023
Next review date	April 2028

Summary of review and consultation process

Key qualification review, development and consultation phases:

Input and feedback from key stakeholders were invited and incorporated into the review. Key phases in the process included:

- Pre-review survey on Toi Mai’s website.
- Exercise Industry Wānanga held in Wellington in September 2022 attended by industry and provider representatives to discuss the current state of the industry, future trends, opportunities and training needs; and identify changes required to existing qualifications.
- Formation of advisory groups followed by advisory group meetings to discuss and receive their feedback and work through the review of the qualifications.
- Open public consultation – via the Toi Mai website and through advisory group networks.
- Stakeholder endorsement of review outcomes – via email and online meetings.

Main changes resulting from the review

New Zealand Certificate in Freestyle Group Exercise (Level 4)

- Minor change to the strategic purpose statement.
- Minor change to graduate profile outcome wording to better reflect content in a group exercise setting.
- Evidence requirements for assuring consistency statement updated.
- General conditions expanded to include diversity and inclusion statement.

New Zealand Certificate in Pre-designed Exercise Instruction (Level 3)

This qualification is to be expired following stakeholder feedback and evidence of low usage.

New Zealand Certificate in Pre-choreographed Group Exercise (Level 3)

Change report for review of New Zealand qualifications

- Minor change to the strategic purpose statement.
- Graduate profile outcomes wording amended to recognise the differences between delivering group exercise programmes and facilitating group exercise classes, and to better reflect the content around programme specific movements.
- Education pathway updated to remove references to the expiring Pre-designed Exercise Instruction (Level 3) qualification.
- Evidence requirements for assuring consistency statement updated.
- General conditions expanded to include diversity and inclusion statement.

Review outcome

Reference	Version	Reviewed qualification	Outcome category	New qualification details/version (if applicable)
3565	1	New Zealand Certificate in Freestyle Group Exercise (Level 4)	<i>B-New version of qualification</i>	3565-2
3566	1	New Zealand Certificate in Pre-designed Exercise Instruction (Level 3)	<i>D-Qualification will expire with no replacement</i>	3566-2
3582	1	New Zealand Certificate in Pre-choreographed Group Exercise (Level 3)	<i>B-New version of qualification</i>	3582-2

Qualification review outcome categories

Outcome	Result	Category
No changes are identified to the qualification	Qualification version number and NZQF ID remain the same. New review date is required.	A
Minor changes are identified to the qualification	New version of qualification is required (NZQF ID remains the same). New review date is required.	B
Significant changes are required to the qualification	New replacement qualification is required with a new NZQF ID. The existing qualification will expire.	C
The qualification is no longer required by industry	The qualification will expire with no replacement.	D

Transition information

Reference	Version	Qualification title	Last date of entry*	Last date of assessment
3565	1	New Zealand Certificate in Freestyle Group Exercise (Level 4)	n/a	31/12/2024
3566	1	New Zealand Certificate in Pre-designed Exercise Instruction (Level 3)	31/12/2024	31/12/2025
3582	1	New Zealand Certificate in Pre-choreographed Group Exercise (Level 3)	n/a	31/12/2024

*only required for outcome category C or D

Any additional information

It is anticipated that no existing candidates will be disadvantaged by these transition arrangements. However, anyone who feels that they have been disadvantaged may appeal to Toi Mai Workforce Development Council at the address below. Appeals will be considered on a case-by-case basis.

Toi Mai Workforce Development Council
PO Box 445
Wellington 6140

Email: qualifications@toimai.nz

Web: www.toimai.nz