

Field: Other Health

Change report for the review of the Exercise New Zealand Qualifications

Reviewed qualifications

[Ref]	Version	Qualification title	Level	Credits
3563	1	New Zealand Certificate in Exercise	4	60
3564	1	New Zealand Certificate in Exercise	5	60
3791	1	New Zealand Diploma in Exercise	6	120

Review information

Qualification Developer	Toi Mai Workforce Development Council
Reason for the review	Five yearly review
Review date	May 2023
Outcome date	31 July 2023
Next review date	July 2028

Summary of review and consultation process

Key qualification review, development and consultation phases:

Input and feedback from key stakeholders were invited and incorporated into the review. Key phases in the process included:

- Pre-review survey on Toi Mai’s website.
- Exercise Industry Wānanga held in Wellington in September 2022 attended by industry and provider representatives to discuss the current state of the industry, future trends, opportunities and training needs; and identify changes required to existing qualifications.
- Formation of advisory groups followed by advisory group meetings to discuss and receive their feedback and work through the review of the qualifications.
- Open public consultation – via the Toi Mai website and through advisory group networks.
- Stakeholder endorsement of review outcomes – via email and online meetings.

Main changes resulting from the review

New Zealand Certificate in Exercise (Level 4)

- Minor change to the strategic purpose statement.
- Graduate profile wording amended to better reflect content relating to business practices, the general population and group exercise; and five credits from GPO 2 (anatomy and physiology) moved to GPO 1 (delivery) to more accurately reflect the distribution of the qualification content.
- Qualification award, evidence requirement and transition statements updated.

General conditions expanded to include diversity and inclusion statement, and legislation statements updated.

New Zealand Certificate in Exercise (Level 5)

- Minor change to the strategic purpose statement.
- Graduate profile wording amended to better reflect content relating to business and professional skills, and allied health professional networks; and the word advanced removed from the GPOs as this is reflected in the strategic purpose statement.
- Qualification award, evidence requirement and transition statements updated.
- General conditions expanded to include diversity and inclusion statement, and legislation statements updated.

New Zealand Diploma in Exercise (Level 6)

This qualification is to be expired following stakeholder feedback and evidence of no usage.

Review outcome

Reference	Version	Reviewed qualification	Outcome category	New qualification details/version (if applicable)
3563	1	New Zealand Certificate in Exercise (Level 4)	<i>B-New version of qualification</i>	3563-2
3564	1	New Zealand Certificate in Exercise (Level 5)	<i>B-New version of qualification</i>	3564-2
3791	1	New Zealand Diploma in Exercise (Level 6)	<i>D-Qualification will expire with no replacement</i>	3791-2 To expire

Qualification review outcome categories

Outcome	Result	Category
No changes are identified to the qualification	Qualification version number and NZQF ID remain the same. New review date is required.	A
Minor changes are identified to the qualification	New version of qualification is required (NZQF ID remains the same). New review date is required.	B
Significant changes are required to the qualification	New replacement qualification is required with a new NZQF ID. The existing qualification will expire.	C
The qualification is no longer required by industry	The qualification will expire with no replacement.	D

Transition information

Reference	Version	Qualification title	Last date of entry*	Last date of assessment
3563	1	New Zealand Certificate in Exercise (Level 4)	N/A	31/12/2025
3564	1	New Zealand Certificate in Exercise (Level 5)	N/A	31/12/2025
3791	1	New Zealand Diploma in Exercise (Level 6)	30/06/2024	31/12/2025

**only required for outcome category C or D*

Any additional information

It is anticipated that no existing candidates will be disadvantaged by these transition arrangements. However, anyone who feels that they have been disadvantaged may appeal to Toi Mai Workforce Development Council at the address below. Appeals will be considered on a case-by-case basis.

Toi Mai Workforce Development Council

PO Box 445

Wellington 6140

Email: qualifications@toimai.nz

Web: www.toimai.nz

Phone: 04 909 0316