

Field Community and Social Services

Review of *Mental Health and Addiction Support* unit standard 27081

Subfield	Domain	ID
Health, Disability, and Aged Support	Mental Health and Addiction Support	27081

Toitū te Waiora Community, Health, Education, and Social Services Workforce Development Council has completed the review of the unit standard listed above.

Date new version published

January 2025

Planned review date

December 2029

Summary

Toitū te Waiora Workforce Development Council received a request from a provider to review unit standard 27081.

The goal of this review was to make minor edits for currency purposes and widen from a mental health and addiction context to cover health and wellbeing contexts. De-escalation approaches are relevant across a broad range of health and wellbeing environments. Further, the changes will align the unit standard to better reflect context within de-escalation micro credentials.

The unit standard was thought to be fit-for-purpose. Areas of improvement were identified to align the unit standard with the reviewed micro-credential while also replacing the environment of mental health and addiction services with the broader context of a health and wellbeing setting. This is to allow for assessment of this standard across a broader range of environments.

The proposed changes to the unit standard were circulated to stakeholders, with an update published on the Toitū te Waiora website. The final draft was supported by all interested parties.

Main changes

- Title has been changed to better align with the broader context of a health and wellbeing setting.
- Domain has changed from *Mental Health and Addiction Support* to *Health and Disability Principles in Practice*.
- Reference to resources have been replaced for currency.
- Wording has been refocused towards help and care rather than issues and problems. Use of the following terms have been amended:
 - *challenging* has replaced *aggressive* and *problematic*
 - *triggers* has replaced *problems*
 - addition of *maintain positive relationships* under *support should aim to*.
- Standard setting body has changed from Community Support Services ITO Limited to Toitū te Waiora Community, Health, Education, and Social Services Workforce Development Council.

The last date for assessment of superseded versions of Category B unit standard is December 2026

Detailed list of unit standards – classification, title, level, and credits

All changes are in **bold**.

Key to review category	
A	Dates changed, but no other changes are made - the new version of the standard carries the same ID and a new version number
B	Changes made, but the overall outcome remains the same - the new version of the standard carries the same ID and a new version number
C	Major changes that necessitate the registration of a replacement standard with a new ID
D	Standard will expire and not be replaced

Community and Social Services > Health, Disability, and Aged Support > Mental Health and Addiction Support

Community and Social Services > Health, Disability, and Aged Support > **Health and Disability Principles in Practice**

ID	Title	Level	Credit	Review Category
27081	Describe communication and correct use of de-escalation approaches in mental health and addiction services Describe communication and correct use of de-escalation approaches in a health or wellbeing setting	4	6	B