

<b>Title</b>	<b>Prepare and cook basic fish dishes in a commercial kitchen</b>		
<b>Level</b>	<b>3</b>	<b>Credits</b>	<b>4</b>

<b>Purpose</b>	<p>This entry-level unit standard is for people working in a commercial kitchen who have an understanding of preparation practices and basic cooking techniques.</p> <p>People credited with this unit standard are able to: prepare to cook; and cook and present basic fish dishes, in a commercial kitchen.</p>
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<b>Classification</b>	Hospitality > Cookery
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<b>Available grade</b>	Achieved
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<b>Entry information</b>	
<b>Recommended skills and knowledge</b>	Unit 167, <i>Practise food safety methods in a food business under supervision</i> ; or Unit 27955, <i>Apply food safety practices in a food related business</i> ; or demonstrate equivalent knowledge and skills.

### Explanatory notes

- 1 Definitions
 

*Basic* – the use of routine preparation and cooking methods, using fresh ingredients, and standard finishing and presentation techniques.

*Dish requirements* – any recipe or dish type specified by or specific to the establishment and made known to the candidate prior to assessment against this unit standard.

*Establishment requirements* – any policy, procedure, process, or agreed requirement, either written or oral, that is made known to the candidate prior to assessment against this unit standard.
- 2 Range
 

Fish – flat (e.g. sole, flounder), oily (e.g. salmon, tuna), white (e.g. blue cod, snapper);  
evidence is required of one dish from each group.
- 3 Legislation and regulations to be complied with include but are not limited to – Food Act 2014, Health and Safety in Employment Act 1992.

#### 4 References

*Standard industry texts* include but are not limited to –  
Campbell, J., Rippington, N., Paskins, P. and Foskett, D. *Practical Cookery* (London: Hodder Education, 2012);  
Ceserani, V. Kinton, R., Rippington, N., and Foskett, D. *The Theory of Catering* (London: Hodder Education, 2011);  
Christensen-Yule, L., Neill, L., and McCrae, H. *The New Zealand Chef* (Auckland: New Zealand Pearson, 2012).

5 For the purpose of this unit standard, candidates should demonstrate an awareness of the impact of the preparation, cooking processes and storage on the nutritional value of relevant food items.

6 Evidence for the practical components of this unit standard must either be gathered in the workplace or in a realistic environment where the candidate has to produce product or similar for customers who have the same expectations for quality and timeliness as a paying customer.

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## Outcomes and evidence requirements

### Outcome 1

Prepare to cook basic fish dishes in a commercial kitchen.

#### Evidence requirements

1.1 Fish and other ingredients of the required type, quality and quantity are selected in accordance with dish requirements.

Range quality includes but is not limited to – appearance, smell, within expiry date.

1.2 Fish and other ingredients are prepared using procedures that meet selected dish and establishment requirements in accordance with standard industry texts.

1.3 Food safety issues and safe food handling practices for preparation and cooking of fish dishes are identified and explained in accordance with standard industry texts and legislative requirements.

### Outcome 2

Cook and present basic fish dishes in a commercial kitchen.

#### Evidence requirements

2.1 Fish dishes are cooked in accordance with quality, dish and establishment requirements and standard industry texts.

Range quality includes but is not limited to – flavour, smell, degree of cooking, appearance.

- 2.2 Cooking methods and processes are suitable for dish requirements.
- 2.3 Cooked fish are finished and presented to meet dish requirements.
- 2.4 Portion amounts and yields for fish dishes are identified and explained in accordance with dish and establishment requirements.

<b>Planned review date</b>	31 December 2018
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#### Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	8 January 1998	31 December 2013
Review	2	22 October 2003	31 December 2015
Review	3	12 December 2008	31 December 2015
Review	4	20 February 2014	31 December 2015
Review	5	18 September 2014	31 December 2015
Revision	6	19 November 2015	N/A

<b>Consent and Moderation Requirements (CMR) reference</b>	0112
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

#### Please note

Providers must be granted consent to assess against standards (accredited) by NZQA, before they can report credits from assessment against unit standards or deliver courses of study leading to that assessment.

Industry Training Organisations must be granted consent to assess against standards by NZQA before they can register credits from assessment against unit standards.

Providers and Industry Training Organisations, which have been granted consent and which are assessing against unit standards must engage with the moderation system that applies to those standards.

Requirements for consent to assess and an outline of the moderation system that applies to this standard are outlined in the CMR. The CMR also includes useful information about special requirements for organisations wishing to develop education and training programmes, such as minimum qualifications for tutors and assessors, and special resource requirements.

#### Comments on this unit standard

Please contact ServicelQ at [qualifications@ServicelQ.org.nz](mailto:qualifications@ServicelQ.org.nz) if you wish to suggest changes to the content of this unit standard.