

Title	Explain the principles and concepts of hauora based on a Māori world view		
Level	3	Credits	4

Purpose	People credited with this unit standard are able to explain the principles and concepts of hauora based on a Māori world view.
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Classification	Te Ara Hou ki te Ora > Hauora
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Available grade	Achieved
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Guidance Information

- 1 Definitions of Māori words will be those relevant and in common usage in a hauora context. However, the local iwi and/or hapū must verify the local dialect.
- 2 Definitions
Hauora means the appropriate practices associated with the holistic wellbeing of an individual as a member of a whānau, hapū, and iwi. For the purpose of this unit standard, these practices are determined by service providers or entities that operate within a hauora context.
Hauora context refers to hauora service provision for Māori.
- 3 Relevant literature may include but is not limited to:
 Durie, M. (1998) *Whaiora: Māori Health Development*. Auckland, NZ: Oxford University Press;
 Pere, R. R. (1997) *Te Wheke: A Celebration of Infinite Wisdom*. Gisborne, NZ: Ao Ako Global Learning New Zealand.

Outcomes and performance criteria

Outcome 1

Explain the principles and concepts of hauora based on a Māori world view.

Performance criteria

- 1.1 Explain the principles of hauora.
 Range whānau, whenua, tinana, wairua, hinengaro.
- 1.2 Explain the key concepts of hauora.
 Range whakapapa, kaitiakitanga, whanaungatanga, manaakitanga.

Planned review date	31 December 2022
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Status information and last date for assessment for superseded versions

Process	Version	Date	Last Date for Assessment
Registration	1	23 October 1998	31 December 2012
Review	2	18 December 2002	31 December 2012
Review	3	20 August 2010	31 December 2017
Review	4	10 December 2015	N/A
Revision	5	28 September 2017	N/A
Rollover	6	23 April 2020	N/A

Consent and Moderation Requirements (CMR) reference	0226
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This CMR can be accessed at <http://www.nzqa.govt.nz/framework/search/index.do>.

Comments on this unit standard

Please contact the NZQA Māori Qualifications Services mqs@nzqa.govt.nz if you wish to suggest changes to the content of this unit standard.